



# GLUTEN FREE BREAD



AED 21.0

**Eat Better Foods**  
coconut wraps  
original 160g



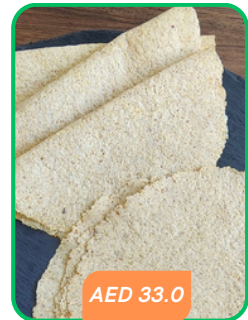
AED 16.0

**Almond Coco-Flax**  
Wrap



AED 16.0

**Cassava-Flax Wrap**



AED 33.0

**Mum Gusto Saj**  
Bread



AED 31.0

**GF VEGAN YEAST-  
FREE Sourdough**  
Oat Boule



AED 48.6

**Seed Loaf**

**DID YOU KNOW** that sourdough bread can be a more digestible option for some gluten-sensitive folks? **BUT not for those with celiac disease.**

For other gluten-free options, look for bread with minimal ingredients, using naturally gluten-free flours like almond, coconut, buckwheat, rice, tapioca, and cassava.

Avoid highly processed varieties with added fats and sugar