

CND™ SHELLAC™ Gel Polish Application & Removal

45 MIN CND™ SHELLAC™ Gel Polish combines the ease of polish with high-performance wear and stunning shine. A true innovation in chip-resistant, long-lasting nail color.



Application on Fingernails:

STEP 1:

P.E.P. - Natural Nail Preparation (No Buffing)

For more detailed information see the CND P.E.P. Technique Step-By-Step.

1. P - Perform a manicure.

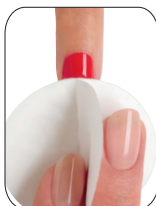
- a. Have the client wash their hands with soap and water and towel dry.



- b. Massage COOLBLUE™ Hand Cleanser into the client's hands to cleanse skin.

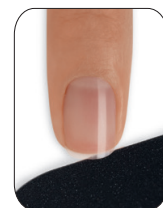


- c. Remove any existing nail color from the natural nail using an acetone-based polish remover (OFFLY FAST™ Moisturizing Remover) and a plastic-backed lint-free pad.



- d. If necessary, trim the length from each nail, using nail clippers.

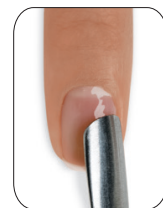
- e. Shape the nail edge (tip of the nail) with a **soft grit Kanga™ File** or **Koala Buffer™**.



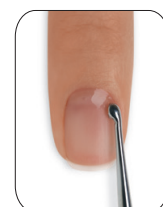
- f. Apply a small amount of **CuticleAway™ Professional Cuticle Remover** evenly around the cuticle of each nail.*



- g. Gently slide a **cuticle pusher** along the nail plate to lift cuticle.



- h. Remove any excess **CuticleAway™** from the nail and use a **curette** to remove cuticle.



- i. Clean with soap and water, rinse and towel dry.*

- j. Use a **manicure nipper** to carefully remove any loose pieces of skin or hangnails. Use a gentle touch and never cut skin as it can lead to infection.



*Dry P.E.P. is an excellent option for clients with great natural nails, who do not build excessive cuticle between services. Eliminating the wet cuticle treatment can shorten the service time and increase adhesion for some clients.

- E - Eliminate** surface contaminants, dust, lint or skin and
P - Purify nail plate layers.

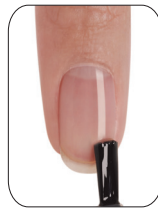
- Cleanse and temporarily dehydrate the nail plate with **SCRUBFRESH™** Nail Surface Cleanser and a lint-free, plastic-backed pad. Pull back the skin and scrub the nail as if removing red nail polish.



STEP 2:
CND™ SHELLAC™
Base Coat Application

Enhance service and speed with the **CND 5 Point Polish Method** - an easy, systematic approach for polish perfection that will bring out the best in **CND™ SHELLAC™** Brand 14+ Day Nail Color. (For more detailed information see the **CND 5 Point Polish Method** Step-by-Step.)

- Shake to blend.
- Apply one thin layer of **CND™ SHELLAC™ Base Coat** to extension edge and nail surface.
- Apply to **five nails** and **cure** each hand for **10 seconds (preset button 1)** in the **CND™ LED Lamp**. Do not remove the top film after removing the nails from the lamp.



STEP 3:
CND™ SHELLAC™
Color Coat Application

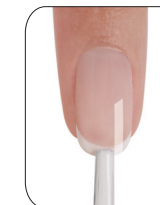
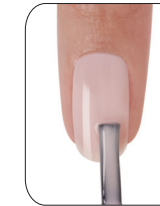
Solid Color:

- Shake vigorously to blend.
- Apply one thin layer of **CND™ SHELLAC™ Color Coat** to extension edge and nail surface (this layer will be slightly semi-sheer if applied correctly).
- Apply to **five nails** and **cure** each hand for **one minute (preset button 2S)** in the **CND™ LED Lamp**.* Do not remove the top film after removing the nails from the lamp.
- Apply a second thin layer of Color Coat to the nail surface. The second layer will provide additional coverage and color, refining and perfecting the tiny free margins with each layer.
- Apply to **five nails** and **cure** each hand for **one minute (preset button 2S)** in the **CND™ LED Lamp**.* Do not remove the top film after removing the nails from the lamp.



French Manicure:

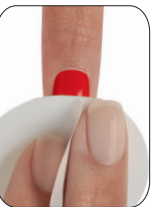
- Shake vigorously to blend.
- Apply one thin layer of your chosen pink to extension edge and nail surface.
- Apply to **five nails** and **cure** each hand for **one minute (preset button 2S)** in the **CND™ LED Lamp**.* Do not remove the top film after removing the nails from the lamp.
- Apply a second thin layer of Color Coat to the nail surface. The second layer will provide additional coverage and color, refining and perfecting the tiny free margins with each layer.
- Apply to **five nails** and **cure** each hand for **one minute (preset button 2S)** in the **CND™ LED Lamp**.* Do not remove the top film after removing the nails from the lamp.
- Apply a thin layer of white **CND™ SHELLAC™ Color Coat** to the tips of the nails and extension edge, in an arched smile line, to flatter the nail shape. Carefully detail with the **CND™ ProSeries Gel Flat Oval Brush** lightly moistened with **99% Isopropyl Alcohol** to perfect the smile line.
- Apply to **five nails** and **cure** each hand for **one minute (preset button 2S)** in the **CND™ LED Lamp**.* Do not remove the top film after removing the nails from the lamp.



Note: Applying the white tip on top of a pink base will assure that the detailing brush doesn't remove the critical Base Coat layer during this refinement step.

STEP 4:
CND™ SHELLAC™
Top Coat Application

- Shake to blend.
- Apply one thin layer of **CND™ SHELLAC™ Top Coat** to each extension edge and nail surface.
- Apply to **five nails** and **cure** each hand for **one minute (preset button 3)** in the **CND™ LED Lamp**.*
- Remove the top film with a plastic-backed, lint-free pad saturated with **99% Isopropyl Alcohol**. Note: This step not necessary for **CND™ SHELLAC™ No-Wipe+ Top Coat**.
- Condition the nails and surrounding soft tissue with **SOLAROIL™** Nail & Cuticle Care and send a bottle home with the client for daily conditioning.



*If using the **CND™ UV Lamp**, cure for two minutes.

*If using the **CND™ UV Lamp**, cure for two minutes.

Removal from Fingernails:

STEP 1:

CND™ SHELLAC™ Brand Removal

1. Have the client wash their hands with soap and water and towel dry.



2. Massage COOLBLUE™ into the client's hands to cleanse skin.

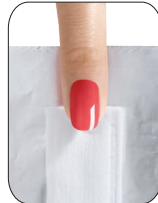


3. Wrap each finger with a CND™ Foil Remover Wrap.

- a. Saturate the cotton pad on the CND™ Foil Remover Wrap with OFFLY FAST™.



- b. Place wrap under the finger with the edge of the cotton pad underneath the extension edge of the nail.



- c. Fold the cotton pad over the top of the nail.



- d. Wrap the CND™ Foil Remover Wrap around the finger, ensuring a snug fit.



- e. Squeeze the top center of the foil together to secure.

4. Leave the CND™ Foil Remover Wrap on the finger for the designated time based on the CND™ SHELLAC™ Top Coat used during application.



CND™ SHELLAC™ TOP COAT	REMOVAL TIMES
XPRESS5™	5 MINUTES
ORIGINAL	8 MINUTES
DURAFORCE™	15 MINUTES
NO WIPE+	8-15 MINUTES
SPECIAL EFFECTS	8-10 MINUTES

5. Press and massage the nail using a twisting motion to pull the wrap off.

6. Clean the nail with a plastic-backed, lint-free pad saturated with OFFLY FAST™ Moisturizing Remover to remove any residue.



Application on Toenails:

STEP 1:

P.E.P. - Natural Nail Preparation (No Buffing)

For more detailed information see the CND P.E.P. Technique Step-By-Step.

1. P - Perform a pedicure.

- a. Wash client's feet with soap and water in a pedicure tub with CND™ PRO SKINCARE MINERAL BATH. Towel dry.

- b. Massage COOLBLUE™ into hands to cleanse skin.



- c. Remove any existing nail color from the natural nail using an acetone-based polish remover (OFFLY FAST™ Moisturizing Remover) and a plastic-backed lint-free pad.



- d. If necessary, trim the length from each nail, using nail clippers.

- e. Shape the nail edge (tip of the nail) with a soft grit Kanga™ File or Koala Buffer™.



- f. Apply a small amount of CuticleAway™ evenly around the cuticle of each nail.



- g. Gently slide a cuticle pusher along the nail plate to lift cuticle.

- h. Remove any excess CuticleAway™ from the nail and use a curette to remove cuticle.

- i. Clean with soap and water, rinse and towel dry.

- j. Use a manicure nipper to carefully remove any loose pieces of skin or hangnails. Use a gentle touch and never cut skin as it can lead to infection.



2. E - Eliminate surface contaminants, dust, lint or skin and P - Purify nail plate layers.

- a. Cleanse and temporarily dehydrate the nail plate with SCRUBFRESH™ and a lint-free, plastic-backed pad. Pull back the skin and scrub the nail as if removing red nail polish.



STEP 2:

CND™ SHELLAC™ Base Coat Application

Enhance service and speed with the CND 5 Point Polish Method – an easy, systematic approach for polish perfection that will bring out the best in CND™ SHELLAC™ Brand 14+ Day Nail Color. (For more detailed information see the CND 5 Point Polish Method Step-by-Step.)

1. Shake to blend.

2. Apply one thin layer of CND™ SHELLAC™ Base Coat to each extension edge and nail surface.



3. Apply to five nails and cure each foot for 10 seconds (preset button 1) in the CND™ LED Lamp. Do not remove the top film after removing the nails from the lamp.

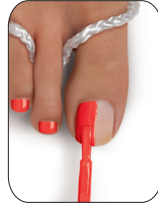


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STEP 3:

CND™ SHELLAC™ Color Coat Application

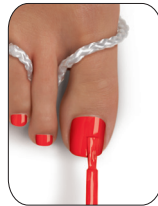
1. Shake vigorously to blend.
2. Apply one thin layer of CND™ SHELLAC™ Color Coat to extension edge and nail surface (this layer will be slightly semi-sheer if applied correctly).



3. Apply to **five nails** and cure each foot for **one minute (preset button 2S)** in the CND™ LED Lamp.* Do not remove the top film after removing the nails from the lamp.



4. Apply a second thin layer of Color Coat to the nail surface. The second layer will provide additional coverage and color, refining and perfecting the tiny free margins with each layer.



5. Apply to **five nails** and cure each foot for **one minute (preset button 2S)** in the CND™ LED Lamp.* Do not remove the top film after removing the nails from the lamp.

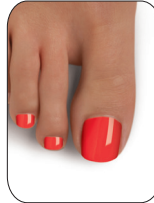


3. Apply to **five nails** and cure each foot for **one minute (preset button 3)** in the CND™ LED Lamp.*



4. Remove the top film with a plastic-backed, lint-free pad saturated with **99% Isopropyl Alcohol**.

5. Condition the nails and surrounding soft tissue with **SOLAROIL™** and send a bottle home with the client for daily conditioning.



Removal from Toenails:

STEP 1:

CND™ SHELLAC™ Brand Removal

1. Wash client's feet with soap and water in a pedicure tub with CND™ PRO SKINCARE MINERAL BATH. Towel dry.

2. Massage **COOLBLUE™** into hands to cleanse skin.



3. Wrap the large toenail with a CND™ Foil Remover Wrap and wrap the smaller toes with cotton and foil.

To use the wrap:

- a. Saturate the cotton pad on the CND™ Foil Remover Wrap with **OFFLY FAST™**.



- b. Place wrap under the toe with the edge of the cotton pad underneath the extension edge of the nail.

- c. Fold cotton pad over the top of the nail and wrap around toe, ensuring a tight, snug fit.

- d. Squeeze the top center of the foil together to secure.

To use cotton and foil:

- a. Saturate cotton with **OFFLY FAST™**.
 - b. Place saturated cotton on each small toenail.
 - c. Cut a piece of foil large enough to wrap all four smaller toes.
 - d. Place foil under toes and wrap toes to secure cotton in place on top of nails.
4. Leave the CND™ Foil Remover Wrap and cotton and foil on the toes for the **designated time** based on the CND™ SHELLAC™ Top Coat used during application.



CND™ SHELLAC™ TOP COAT	REMOVAL TIMES
<i>XPRESS5™</i>	5 MINUTES
ORIGINAL	8 MINUTES
DURAFORCE™	15 MINUTES
NO WIPE+	8-15 MINUTES
SPECIAL EFFECTS	8-10 MINUTES

5. Securely grip each toe and apply slight pressure to the toenail.
6. Using a twisting motion, pull the CND™ Foil Remover Wrap or cotton and foil from the toenail. If a significant amount of CND™ SHELLAC™ Nail Color remains on the nail (due to extended wear or other unique situations), rewrap the nail and allow **OFFLY FAST™** to penetrate a few more minutes.
7. Press and massage the nail using a twisting motion to pull the wrap off.
8. Clean the nail with a plastic-backed, lint-free pad saturated with **OFFLY FAST™** Moisturizing Remover to remove any residue.



PRODUCTS REQUIRED

- COOLBLUE™ Hand Cleanser
- OFFLY FAST™ Moisturizing Remover
- CuticleAway™ Professional Cuticle Remover
- SCRUBFRESH™ Nail Surface Cleanser
- CND™ Gel Flat Oval Brush #6*
- CND™ Files and Buffers
- CND™ SHELLAC™ Base Coat
- CND™ SHELLAC™ Color Coat
- CND™ SHELLAC™ Top Coat
- CND™ Foil Remover Wraps
- SOLAROIL™ Nail & Cuticle Care

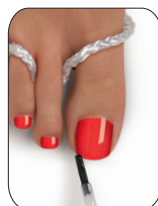
ACCESSORIES/EQUIPMENT REQUIRED

- CND™ LED Lamp
- Hand towels
- Hand soap
- Cotton & Foil
- Plastic-backed, lint-free pads
- Disinfectable dust brush*
- 99% Isopropyl Alcohol
- Cuticle pusher
- Manicure nippers
- Nail clippers
- Curette
- *Optional

STEP 4:

CND™ SHELLAC™ Top Coat Application

1. Shake to blend.
2. Apply one thin layer of CND™ SHELLAC™ Top Coat to extension edge and nail surface.



*If using the CND™ UV Lamp, cure for two minutes.

