



CND PLEXIGEL™ Builder-Sculpted on a Form

A service option for natural nails with a slight free edge, requiring medium to long length.

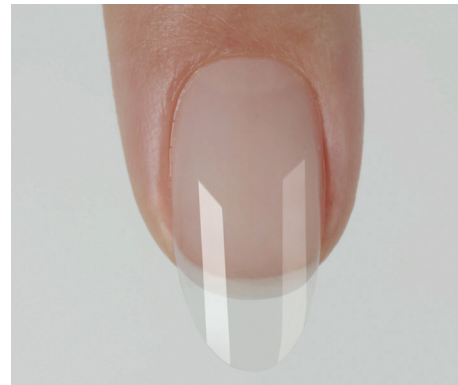
CND™ PRODUCTS REQUIRED

- COOLBLUE™ Hand Cleanser
- OFFLY FAST™ Moisturizing Remover
- SCRUBFRESH™ Nail Surface Cleanser
- CND™ Files and Buffers
- CND™ Future Form
- CND PLEXIGEL™ Bonder
- CND PLEXIGEL™ Builder
- CND PLEXIGEL™ Protector Top Coat

ACCESSORIES/EQUIPMENT REQUIRED

- CND™ LED Lamp
- Hand towels
- Hand soap
- Plastic-backed, lint-free pads
- 99% Isopropyl Alcohol
- Cuticle pusher
- Manicure nippers
- Nail clippers
- Curette
- E-File*

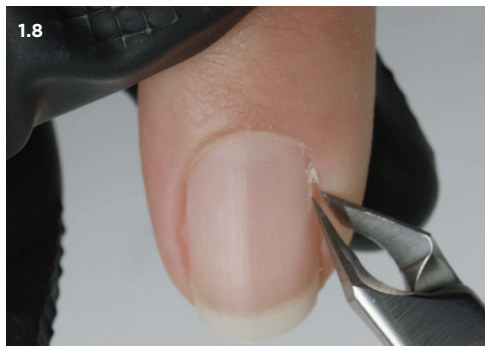
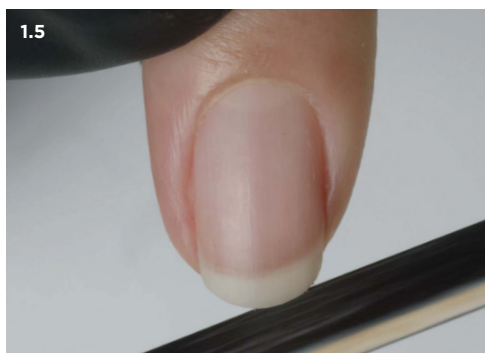
*Optional



Step 1 PERFORM A MANICURE.

P

1. Have the client wash their hands with soap and running water for 20-30 seconds and towel dry.
2. Massage COOLBLUE™ Hand Cleanser into the client's hands.
3. If necessary, remove any existing nail color from the natural nail using an acetone-based polish remover (OFFLY FAST™ Moisturizing Remover) and a plastic-backed lint-free pad.*
4. If necessary, trim the length from each nail, using nail clippers.
5. Shape the free edge of each nail with a fine 240-grit file (Kanga™ File or Koala Buffer™).
6. Gently slide a **cuticle pusher** along the nail plate toward the proximal nail fold (cuticle area) and along each lateral fold (sides of nail) to lift and loosen any cuticle (non-living tissue) from the nail plate.**
7. Gently guide a **curette** along the nail plate to remove non-living tissue on the nail.
8. If necessary, use a **manicure nipper** to carefully remove any loose pieces of skin or hangnails.



* Acetone-based polish removers like CND™ OFFLY FAST™ is the quickest and safest way to remove nail color. Non-acetone-based polish removers will dissolve enamel more slowly and "smear" the color onto the cuticle area risking over-exposure.

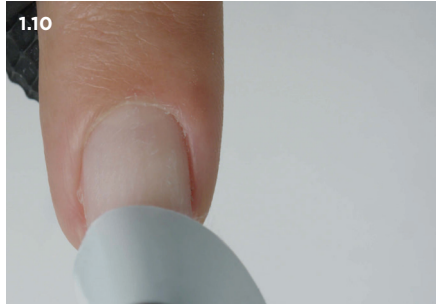
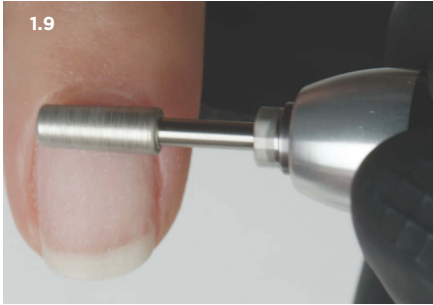
** For clients who build excessive cuticle between services, apply a small amount of CND™ CuticleAway™ Professional Cuticle Remover evenly around the cuticle of each nail and perform cuticle service. Be sure to scrub nails thoroughly with soap and running water for at least 20-30 seconds to thoroughly remove the cuticle remover and towel dry.

REMOVE SHINE.

- Remove shine from the natural nail surface with a fine 240-grit buffer (**Koala Buffer™**) in the direction of the natural nail growth.
Optional: Use an enhancement prep bit at low speed with very gentle pressure with E-File.

ELIMINATE SURFACE CONTAMINANTS AND PURIFY NAIL PLATE LAYERS.

- Thoroughly cleanse and temporarily dehydrate the nail plate layers with **SCRUBFRESH™** using a lint-free, plastic-backed pad. Pull back the skin and scrub the nail as if removing red nail polish.



Step 2

APPLY CND PLEXIGEL™ BONDER

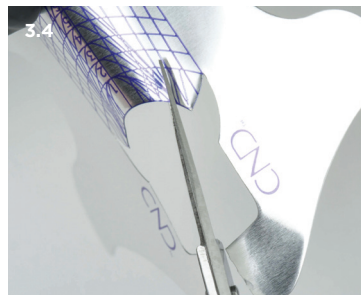
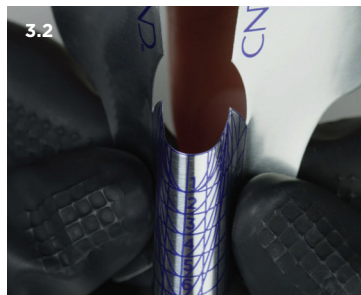
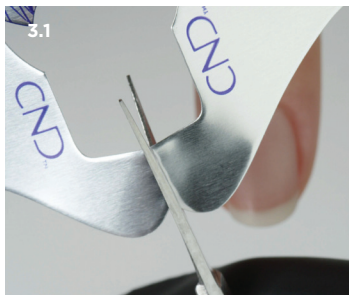
- Roll the bottle gently to blend.
- Apply a thin layer of **CND PLEXIGEL™** Bonder to all five nails, sealing the edge after each application. Always leave a tiny free margin around the perimeter of the nail to avoid the skin.
- Cure for 10 seconds in the **CND™** LED Lamp using preset button 1. Do not remove the top film after removing nails from the lamp.



Step 3

APPLY SCULPTING FORM

- Prepare the form by cutting the back tab to allow for symmetrical placement on the finger.
- Mold the form in to a gentle c-curve by holding the bottom tabs and rolling the form back and forth until the c-curve mimics the natural nail.
- Place the form under the free edge and press along the lateral sides to analyze where the sidewall of the nail aligns with to the form.
- Remove the form and use cuticle scissors to pre-tailor the form if necessary.
- Place the form under the free edge, ensuring it fits snugly against the free edge line. This will help prevent product “seepage” under the nail during sculpting.
- Squeeze the front tabs together and press tabs up toward the nail to create a perfect fit, making sure the sidewall lines are straight and align to the nail.
- Cut the excess tabs underneath the finger to assure a proper distance of the hand to the bulbs of the **CND™** LED lamp.

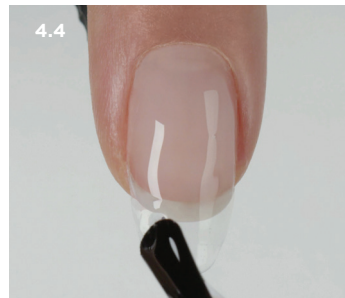
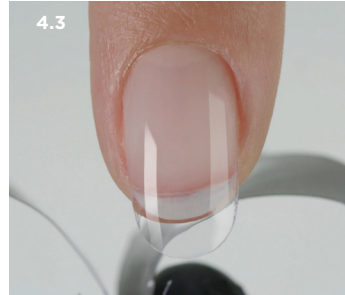
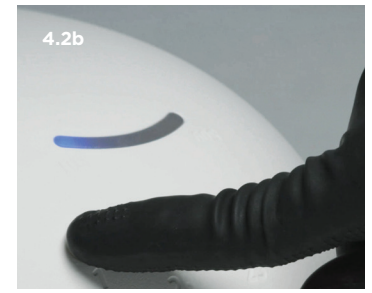
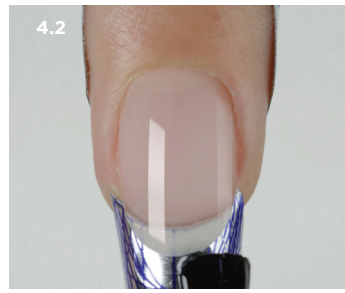


Step 4

APPLY CND PLEXIGEL™ BUILDER

OPTIONAL: For clients with heat sensitivity, apply a thin layer of **CND PLEXIGEL™ Shaper** to the natural nail and cure for one minute in the **CND™ LED Lamp** using preset button 2B.

1. Apply a thin, even layer of **CND PLEXIGEL™ Builder** to the natural nail.
2. Apply a drop of gel to the form to create desired length and shape.
 - a. Use the tip of the brush to feather the gel into Zone 2.
 - b. Flash cure for 2-3 pulses in the **CND™ LED Lamp** on Button 1. Repeat on remaining nails.
3. Remove the form and cure for one minute in using preset button 2B.
4. Apply a second layer of Builder to create shape and architecture.
 - a. Apply gel down the vertical center of the nail and feather to taper on both sides.
 - b. Use gravity pull by turning the finger over to help further define the apex.
 - c. Flash cure as needed to prevent gel from running and to control the sensation of heat on the nail.
5. Cure for one minute using preset button 2B.
6. In needed, fill in any low spots. Touch the tip of the brush to one side of the low spot and lift up creating a thin strand of product. Pull the strand across the low spot and touch the opposite side. Allow the gel to level.
7. Cure for one minute using preset button 2B.



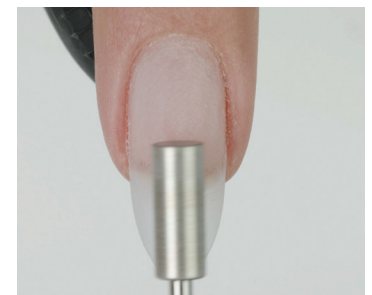
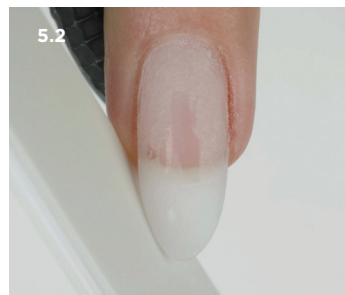
Step 5

PERFECT THE SHAPE

1. Remove the top film with cotton pad saturated with 99% Isopropyl Alcohol.
2. Refine the nail shape using a 180-grit file and buffer (Boomerang Padded File or **Blizzard File™**)

Optional: Use a medium grit diamond bit at ½ speed with E-File.

 - a. Shape and define the left side of the nail
 - b. Shape and define the right side of the nail
 - c. Bevel zone 1 to establish the C-curve
 - d. Refine and blend the cuticle line
 - e. Refine and smooth apex
 - f. Shape front form and refine lower arches
3. Remove dust and cleanse the nail with 99% Isopropyl Alcohol.



Step 6

APPLY CND PLEXIGEL™ PROTECTOR TOP COAT

Use to seal and protect clear enhancements or prior to applying CND™ VINYLUX™ Long Wear Polish.

1. Roll the bottle gently to blend.
2. Apply a layer of CND PLEXIGEL™ Protector Top Coat to all five nails sealing the free edge after application.
3. Cure for one minute in the CND™ LED Lamp using preset button 3.
4. Lightly wipe to remove top film with lint-free pad or cosmetic sponge saturated with 99% Isopropyl Alcohol.



Step 7

ADD COLOR

(Option for gel polish)

If using CND™ SHELLAC™ Gel Polish, skip Protector Top Coat and CND™ SHELLAC™ Base Coat.

1. Shake CND™ SHELLAC™ Color vigorously to blend.
2. Apply two thin layers of color coat to all five nails using the 5-point polish method.
3. Cure each layer for one minute in the CND™ LED Lamp using preset button 2S.
4. Apply a layer of CND™ SHELLAC™ Top Coat to all five nails.
5. Cure for one minute using preset button 3.
6. Lightly wipe to remove top film with cotton pad or cosmetic sponge saturated with 99% Isopropyl Alcohol.

