Step-by-Step Guide

BRISA[™] Gel Enhancements Sculpted on a Tip



A service designed for problem nails with no natural-nail extension edge, requiring length and re-design.

STEP 1:

P.R.E.P.

- 1. P Perform a manicure.
 - Have the client wash their hands with soap and water and towel dry.



b. Massage COOLBLUE™
 Hand Cleanser into the client's hands to cleanse skin.



 c. Remove any existing nail color from the natural nail using an acetone-based polish remover (OFFLY FAST™ Moisturizing Remover or SCRUBFRESH™ Nail Surface Cleanser) and a plastic-backed lint-free pad.



- d. If necessary, trim the length from each nail, using nail clippers.
- e. Shape the extension edge of each nail with the 240-grit side of a Kanga™ File or Koala Buffer™.



* Dry P.R.E.P. is an excellent option for clients with great natural nails, who do not build excessive cuticle between services. Eliminating the wet cuticle treatment can shorten the service time and increase adhesion for some clients. f. Apply a small amount of

CuticleAway™ Professional

Cuticle Remover evenly around
the cuticle of each nail.*



g. Gently slide a
cuticle pusher
along the nail
plate toward the
cuticle area and
along the lateral
folds to lift and





loosen any non-living tissue from the nail plate. Remove any excess **CuticleAway™** from the nail and use a **curette** to remove non-living tissue up to the eponychium and lateral folds.

- h. **Scrub** nails thoroughly with soap and a damp brush, then rinse with warm water to remove the cuticle remover and soap; towel dry.*
- i. Use a manicure nipper to carefully remove any loosened, non-living tissue, as well as any loose pieces of skin or hangnails.
 Use a gentle touch during cuticle removal to protect the seals.
 Never cut living tissue as it can lead to infection.





2. R - Remove shine from the natural nail surface with the 240-grit side of the Koala Buffer™ in the direction of nail growth.



NOTE: When applying a tip, Eliminate and Purify nail plate layers using SCRUBFRESH™ AFTER tip application.

STEP 2:

Apply a Clear Tip

1. Fit The Tip

 a. Match - The correct tip to the C-curve of the natural nail.



b. Fit - The tip should fit easily from lateral wall to lateral wall of the natural nail and should encase the natural nail extension edge exactly. Use a Kanga™ File to shape and refine the natural nail to fit the tip perfectly into the stop point of the contact area. Do use SCRUBFRESH™ on the nail until after tip application.

2. Pre-Tailor The Tip

a. Contact Area - The contact area of the tip should cover no more than 1/3 of the natural nail before application. This will facilitate fast, efficient application and blending as well as optimum contact of the gel to the natural nail.



To reduce the contact area, gently file away unwanted material using a **180-grit file**. File contact area at a 45° angle to gradually form a "C" shape similar to the stop point. Bevel and taper to a thin edge. You may also choose to use a one-step tip cutter or curved cuticle scissors to cut the contact area away.

b. Lateral Wall - If there is any overhang along the lateral wall of the tip (and you feel you can't use a smaller size, or if the nail is bit excess skin on the sidewalls) u



smaller size, or if the nail is bitten and has excess skin on the sidewalls) use a file or sharp, curved cuticle scissors and carve out an arch to allow the tip to fit snugly along the sidewall, making sure the tip does not press into the skin. Work only on the area of overhang; do not remove other areas of the sidewall. Isolate the problem area, and alter only in that area. Buff the tip to bevel and smooth all edges. This will reduce the amount of blending once the tip is adhered.

3. Apply The Tip

a. Place a bead of adhesive in the contact area of the tip and distribute evenly, being particularly careful to coat the corners. Place a small line of adhesive on the natural pail plate exten



the natural nail plate extension edge. Hold the tip between the thumb and forefinger when applying adhesive.

- b. Spread the adhesive gently with the tip to completely coat the entire extension edge.
 Use one or two quick wiping strokes to do this. Be particularly careful to coat the corners of the natural nail and the sidewall of the contact area with adhesive.
- c. **Secure** the tip by holding it at a 45° angle and gently butt the stop point against the natural nail extension edge. Slowly



lower the contact area down to the natural nail, stopping when the desired side arch is achieved, while pressing all bubbles out.

- d. Press firmly against the extension edge for 10 seconds, securing the stop point to the natural nail.
- e. **Remove** any residual adhesive with a lint-free, plastic-backed pad.

4. Cut The Tip

a. Use a "one-cut" tip cutter or wide-blade curved cuticle scissors or clippers to cut the tip to desired length and shape.

5. Shape And Blend The Tip

 a. Shape the extension edge of the tip with a 180-grit file, Hot Shot™ File or Blizzard™ File, to create the desired shape.



 b. Thin the entire tip evenly using a 180-grit file, paying close attention to the corners of the tip.



c. Refine Zone 1 and thin to a sharp edge by beveling from the center of the tip toward the extension edge using a one-directional stroke.



d. Refine and bevel sidewalls using a 180-grit file. Bevel evenly down each side of the nail, working from the center of the tip down towards the sidewalls to prevent a wide look in Zone 2.



e. Refine Zone 2 using a 180-grit file.

Thin the contact area of the tip and gently blend the remaining tip material from the nail using the 240-grit side of the Koala Buffer™, to prevent ghost shadowing and pocket lifting. Be sure the tip is thin, blended and translucent.



f. **Remove** any excess dust with a disinfectable dust brush.



STEP 3:

P.R.E.P.

- 1. E Eliminate surface contaminants and
 - P Purify nail plate layers.
 - a. Avoiding contact with the tip, thoroughly cleanse and temporarily dehydrate the nail plate layers with SCRUBFRESH™ using a lint-free, plastic-backed pad. Gently pull lateral folds back and scrub thoroughly to be sure all areas of the nail are completely clean.

STEP 4:

Apply BRISA™ Bond

Apply one thin layer of BRISA™
 Bond to the natural nail plate of
 2-3 nails at a time ensuring that
 the brush has enough liquid to
 thoroughly and evenly cover each
 nail. Repeat this step until all nails
 are thoroughly and evenly coated.



Remember: When applying **BRISA™ Bond**, do not touch the skin or allow the product to flood the cuticle area.

Apply to five nails and cure each hand for 10 seconds
 (preset button 1) in the
 CND™ LED Lamp. Do
 not remove the top film after
 removing the nails from the lamp.



STEP 5:

Create a Base Layer (optional)

This step will ensure proper adhesion and can prevent service breakdown. Implement when needed.

 Apply a thin to medium layer of BRISA™ Clear or Pure Pink - Sheer Sculpting Gel to the natural nail.



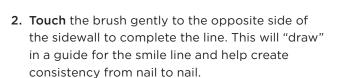
2. Apply to five nails and cure each hand for one minute (preset button 2B) in the CND™ LED Lamp.* Do not remove the top film after removing the nails from the lamp.



STEP 6:

Zone 1 - Smile Lines

Use a string of gel to define the shape of what will become the smile line using BRISA™ Pure White or Soft White Sculpting Gel. Pick up a scoop of gel and allow a "string" to form while removing the bead from the pot. Touch the tip of the "string" to the start of the desired sidewall smile line placement on one side of the nail, and draw in the smile line with a draping motion.



3. Once the smile line is established **fill in** the extension edge with the remaining gel on the brush.

4. Apply to five nails and cure each hand for one minute (preset button 2B) in the CND™ LED Lamp.* Do not remove the top film after removing the nails from the lamp.

STEP 7:

Zones 2 & 3 -Apex, Upper Arch and Cuticle Area

- 1. Build and shape the enhancement by placing a scoop of gel onto the center of the nail in Zone 2.
- 2. Guide the product from side to side, rotating the brush at a 45° angle, and tapering toward the sidewalls while keeping the bulk of the gel in the vertical center of the nail.
- **3. Gently ease** the gel back toward the cuticle area lightening the touch in the middle of the nail.
- **4. Lightly feather** the gel up to the established smile line.
- 5. Apply to five nails and cure each hand for one minute (preset button 2B) in the CND™ LED Lamp.* Do not remove the top film after removing the nails from the lamp.

STEP 8:

Perfect the Shape (optional)

This step will reinforce the enhancement and can prevent service breakdown. Implement when needed.

 Apply a thin layer of BRISA™ Clear Sculpting Gel over the entire nail to perfect the shape.



*If using the CND™ UV Lamp, cure for two minutes.

- 2. Fill in low spots by taking a tiny scoop onto your brush. Touch the product to one side of the low spot and lift up to create a thin strand of product. Pull this strand of gel across the nail and touch to the other side. Lift off, and allow the gel to selflevel, filling in the low spot.
- Apply to five nails and cure each hand for one minute (preset button 2B) in the CND™ LED Lamp.*



STEP 9:

Shape and Define

For a comprehensive tutorial of CND finishing techniques see the Enhancement Finishing Step-by-Step.

- 1. Remove the top film with 99% Isopropyl Alcohol and a plastic-backed pad.
- Finish the nail using a Blizzard™
 File to define and shape.
- Smooth the surface with a Boomerang Padded File, making sure to remove all shine.
- Remove any dust with a disinfectable brush and a plastic-backed pad saturated with 99% Isopropyl Alcohol.

STEP 10:

Apply BRISA™ Gloss

Apply a thin layer of BRISA™ Gloss using the CND 5 Point Polish
 Method to the extension edge
 and nail surface of all five nails
 on one hand. (For more detailed information see the CND 5 Point
 Polish Method Step-by-Step.).



 Apply to five nails and cure each hand for one minute (preset button 3) in the CND™ LED Lamp.*



- **3.** Remove the top film with **99% Isopropyl Alcohol** and a plastic-backed pad.
- Massage SOLAROIL™ Nail & Cuticle Care into the nails and skin.



PRODUCTS REQUIRED

COOLBLUE™ Hand Cleanser

OFFLY FAST™ Moisturizing Remover

CuticleAway™ Professional Cuticle Remover

SCRUBFRESH™ Nail Surface Cleanser

CND™ Files and Buffers

CND™ Clear Tips

CND™ ProSeries Gel Flat Oval Brush #6

BRISA™ Bond

BRISA™ Sculpting Gels

BRISA™ Gloss

SOLAROIL™ Nail & Cuticle Care

ACCESSORIES/EQUIPMENT REQUIRED

CND™ LED Lamp

Hand towels

Hand soap

Plastic-backed, lint-free pads

Disinfectable dust brush*

99% Isopropyl Alcohol

Cuticle pusher

Manicure nippers

Nail clippers

Curette

Tip cutter*

Curved cuticle scissors

*Optional



*If using the CND™ UV Lamp, cure for two minutes.