# BRISA™ Gel Enhancements Sculpted on a Form

**90 MIN** A service option that is ideal for healthy, natural nails with a slight extension edge requiring length and design enhancement.

## STEP 1:

# P.R.E.P.

1. **P - Perform** a manicure.
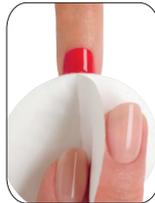
   a. Have the client wash their hands with soap and water and towel dry.

   b. Massage **COOLBLUE™** Hand Cleanser into the client's hands to cleanse skin.

   c. Remove any existing nail color from the natural nail using an acetone-based polish remover (**OFFLY FAST™** Moisturizing Remover or **SCRUBFRESH™** Nail Surface Cleanser) and a plastic-backed lint-free pad.

   d. If necessary, trim the length from each nail, using nail clippers.

   e. Shape the extension edge of each nail with the **240-grit side of a Kanga™ File** or **Koala Buffer™**.

   f. Apply a small amount of **CuticleAway™** Professional Cuticle Remover evenly around the cuticle of each nail.*

   g. Gently slide a **cuticle pusher** along the nail plate toward the cuticle area and along the lateral folds to lift and loosen any non-living tissue from the nail plate. Remove any excess **CuticleAway™** from the nail and use a **curette** to remove non-living tissue up to the eponychium and lateral folds.

   h. **Scrub** nails thoroughly with soap and a damp brush, then rinse with warm water to remove the cuticle remover and soap; towel dry.*

   i. Use a **manicure nipper** to carefully remove any loosened, non-living tissue, as well as any loose pieces of skin or hangnails. Use a gentle touch during cuticle removal to protect the seals. Never cut living tissue as it can lead to infection.

*\* Dry P.R.E.P. is an excellent option for clients with great natural nails, who do not build excessive cuticle between services. Eliminating the wet cuticle treatment can shorten the service time and increase adhesion for some clients.*

## CND.

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2. **R – Remove** shine from the natural nail surface with the **240-grit side of the Koala Buffer™** in the direction of nail growth.

3. **E – Eliminate** surface contaminants and **P – Purify** nail plate layers.

   a. Thoroughly cleanse and temporarily dehydrate the nail plate layers with **SCRUBFRESH™** using a lint-free, plastic-backed pad. Gently pull lateral folds back and scrub thoroughly to be sure all areas of the nail are completely clean.

## STEP 2:
# Apply Clear PERFORMANCE FORMS™

*For a comprehensive tutorial of CND form application techniques see the **CND™ PERFORMANCE FORMS™** Application Step-by-Step.*

1. For wide nails, pre-fold the vertical perforation on each side to help shape the form. For small nails or dramatic C-curve, this is not necessary.

2. **Place the form** under the extension edge at a 45-degree angle and gently rock up and under the natural nail extension edge. Pre-tailor the form if necessary.

3. **Create a cylinder** with the front of the form and secure the bottom tabs to create a C-curve.

4. Squeeze the rear tab to secure the form. The rear "V" notch may be pinched together or opened to accommodate smaller or larger fingers.

*\*If using the **CND™** UV Lamp, cure for two minutes.*

5. Cut the tabs on the bottom of the **PERFORMANCE FORMS™** to ensure proper hand placement for optimum cure.

## STEP 3:
# Apply BRISA™ Bond

1. **Apply** one thin layer of **BRISA™ Bond** to the natural **nail plate** of 2-3 nails at a time ensuring that the brush has enough liquid to thoroughly and evenly cover each nail. Repeat this step until all nails are thoroughly and evenly coated.

   Remember: When applying **BRISA™ Bond**, do not touch the skin or allow the product to flood the cuticle area.

2. Apply to five nails and cure each hand for **10 seconds (preset button 1)** in the **CND™** LED Lamp. Do not remove the top film after removing the nails from the lamp.

## STEP 4:
# Create a Base Layer (optional)

*This step will ensure proper adhesion and can prevent service breakdown. Implement when needed.*

1. Apply a thin to medium layer of **BRISA™ Clear** or **Pure Pink - Sheer Sculpting Gel** to the natural nail.

2. Apply to **five nails** and **cure** each hand for **one minute (preset button 2B)** in the **CND™** LED Lamp.* Do not remove the top film after removing the nails from the lamp.

**STEP 5:**

# Zone 1 - Smile Lines

1. Use a string of gel to define the shape of what will become the smile line using **BRISA™ Pure White** or **Soft White Sculpting Gel**. Pick up a scoop of gel and allow a "string" to form while removing the gel from the pot. Touch the tip of the "string" to the start of the desired sidewall smile line placement on one side of the nail, and draw in the smile line with a draping motion.

2. **Touch** the brush gently to the opposite side of the sidewall to complete the line. This will "draw" in a guide for the smile line and help create consistency from nail to nail.

3. Once the smile line is established **fill in** the desired extension edge with the remaining gel on the brush.

4. Apply to **five nails** and **cure** each hand for **one minute (preset button 2B)** in the **CND™** LED Lamp.* Do not remove the top film after removing the nails from the lamp.

**STEP 6:**

# Zones 2 & 3 - Apex, Upper Arch and Cuticle Area

1. **Build and shape** the enhancement by placing a scoop of gel onto the center of the nail in Zone 2.

2. **Guide** the product from side to side, rotating the brush at a 45-degree angle, and tapering toward the sidewalls – while keeping the bulk of the gel in the vertical center of the nail.

*If using the **CND™** UV Lamp, cure for two minutes.*

3. **Gently ease** the gel back toward the cuticle area lightening the touch in the middle of the nail.

4. **Lightly feather** the gel up to the established smile line.

5. Apply to **five nails** and **cure** each hand for **one minute (preset button 2B)** in the **CND™** LED Lamp.* Do not remove the top film after removing the nails from the lamp.

**STEP 7:**

# Perfect the Shape (optional)

*This step will reinforce the enhancement and can prevent service breakdown. Implement when needed.*

1. **Apply** a thin layer of **BRISA™ Clear Sculpting Gel** over the entire nail to perfect the shape.

2. **Fill in** low spots by taking a tiny scoop onto your brush. Touch the product to one side of the low spot and lift up to create a thin strand of product. Pull this strand of gel across the nail and touch to the other side. Lift off, and allow the gel to self-level, filling in the low spot.

3. Apply to **five nails** and **cure** each hand for **one minute (preset button 2B)** in the **CND™** LED Lamp.*

**STEP 8:**

# Shape and Define

*For a comprehensive tutorial of CND finishing techniques see the Enhancement Finishing Step-by-Step.*

1. Remove the top film with **99% Isopropyl Alcohol** and a plastic-backed pad.

2. Remove **Clear PERFORMANCE FORMS™** from the nail.

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3. Finish the nail using a **Blizzard™ File** to define and shape.

4. Smooth the surface with a **Boomerang Padded File**, making sure to remove all shine.

5. Remove any dust with a disinfectable brush and a plastic-backed pad saturated with **99% Isopropyl Alcohol**.

**STEP 9:**

# Apply BRISA™ Gloss

1. Apply a thin layer of **BRISA™ Gloss** using the **CND 5 Point Polish Method** to the **extension edge** and **nail surface** of all five nails on one hand. (For more detailed information see the CND 5 Point Polish Method Step-by-Step.).

2. Apply to **five nails** and **cure** each hand for **one minute (preset button 3)** in the **CND™ LED Lamp.***

3. Remove the top film with **99% Isopropyl Alcohol** and a plastic-backed pad.

4. Massage **SOLAROIL™** Nail & Cuticle Care into the nails and skin.

**PRODUCTS REQUIRED**

- **COOLBLUE™** Hand Cleanser
- **OFFLY FAST™** Moisturizing Remover
- CuticleAway™ Professional Cuticle Remover
- **SCRUBFRESH™** Nail Surface Cleanser
- **CND™** Files and Buffers
- **CND™** Clear **PERFORMANCE FORMS™**
- **CND™** ProSeries Gel Oval Brush #6
- **BRISA™** Bond
- **BRISA™** Sculpting Gels
- **BRISA™** Gloss
- **SOLAROIL™** Nail & Cuticle Care

**ACCESSORIES/EQUIPMENT REQUIRED**

- **CND™** LED Lamp
- Hand towels
- Hand soap
- Plastic-backed, lint-free pads
- Disinfectable dust brush*
- 99% Isopropyl Alcohol
- Cuticle pusher
- Manicure nippers
- Nail clippers
- Curette

*Optional

*If using the **CND™** UV Lamp, cure for two minutes.*