Step-by-Step Guide

BRISA[™] Gel Enhancements Natural Nail Overlay



A service option that is ideal for healthy, natural fingernails and toenails requiring protection and color enhancement.

STEP 1:

P.R.F.P.

- 1. P Perform a manicure.
 - Have the client wash their hands with soap and water and towel dry.



b. Massage COOLBLUE™
 Hand Cleanser into the client's hands to cleanse skin.



 c. Remove any existing nail color from the natural nail using an acetone-based polish remover (OFFLY FAST™ Moisturizing Remover or SCRUBFRESH™ Nail Surface Cleanser) and a plastic-backed lint-free pad.



- d. If necessary, trim the length from each nail, using nail clippers.
- e. Shape the extension edge of each nail with the 240-grit side of a Kanga™ File or Koala Buffer™.



* Dry P.R.E.P. is an excellent option for clients with great natural nails, who do not build excessive cuticle between services. Eliminating the wet cuticle treatment can shorten the service time and increase adhesion for some clients. f. Apply a small amount of

CuticleAway™ Professional

Cuticle Remover evenly around
the cuticle of each nail.*



g. Gently slide a
cuticle pusher
along the nail
plate toward the
cuticle area and
along the lateral
folds to lift and





loosen any non-living tissue from the nail plate. Remove any excess **CuticleAway**TM from the nail and use a **curette** to remove non-living tissue up to the eponychium and lateral folds.

- h. **Scrub** nails thoroughly with soap and a damp brush, then rinse with warm water to remove the cuticle remover and soap; towel dry.*
- i. Use a manicure nipper to carefully remove any loosened, non-living tissue, as well as any loose pieces of skin or hangnails.
 Use a gentle touch during cuticle removal to protect the seals.
 Never cut living tissue as it can lead to infection.





2. R - Remove shine from the natural nail surface with the 240-grit side of the Koala Buffer™ in the direction of nail growth.



- E Eliminate surface contaminants and
 P Purify nail plate layers.
 - a. Thoroughly cleanse and temporarily dehydrate the nail plate layers with SCRUBFRESH™ using a lint-free, plastic-backed pad. Gently pull lateral folds back and scrub thoroughly to be sure all areas of the nail are completely clean.



STEP 2:

Apply BRISA™ Bond

 Apply one thin layer of BRISA™ Bond to the natural nail plate of 2-3 nails at a time ensuring that the brush has enough liquid to thoroughly and evenly cover each nail. Repeat this step until all nails are thoroughly and evenly coated.

Remember: When applying **BRISA**[™] **Bond**, do not touch the skin or allow the product to flood the cuticle area.

2. Apply to five nails and cure each hand for 10 seconds (preset button 1) in the CND™ LED Lamp. Do not remove the top film after removing the nails from the lamp.

STEP 3:

Create a Base Layer (optional)

This step will ensure proper adhesion and can prevent service breakdown. Implement when needed.

 Apply a thin layer of BRISA[™] Clear or Pure Pink - Sheer Sculpting Gel in all three Zones to the natural nail.



2. Apply to five nails and cure each hand for one minute (preset button 2B) in the CND™ LED Lamp.* Do not remove the top film after removing the nails from the lamp.



STEP 4:

Zones 1, 2 & 3 - Smile Line, Apex, Upper Arch and Cuticle Area

- Place a scoop of BRISA™ Gel onto the center of the nail (Zone 2) and guide the product from side to side, keeping the bulk of the gel in the vertical center of the nail. Brush a thin, even layer of gel toward extension edge (Zone 1). Then encase the extension edge to ensure long wear.
- 2. Gently ease the gel back toward the cuticle area (Zone 3), leaving a tiny free cuticle margin.
- 3. Apply to five nails and cure each hand for one minute (preset button 2B) in the CND™ LED Lamp.* Do not remove the top film after removing the nails from the lamp.

STEP 5:

Perfect the Shape (optional)

This step will reinforce the enhancement and can prevent service breakdown. Implement when needed.

- Apply a thin layer of BRISA™ Clear Sculpting Gel over the entire nail to perfect the shape.
- 2. Fill in low spots by taking a tiny scoop onto your brush. Touch the product to one side of the low spot and lift up to create a thin strand of product. Pull this strand of gel across the nail and touch to the other side. Lift off, and allow the gel to self-level, filling in the low spot.
- 3. Apply to five nails and cure each hand for one minute (preset button 2B) in the CND™ LED Lamp.*

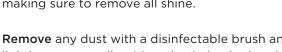


STEP 6:

Shape and Define

For a comprehensive tutorial of CND finishing techniques see the Enhancement Finishing Step-by-Step.

- 1. Remove the top film with 99% Isopropyl Alcohol and a plastic-backed pad.
- Finish the nail using a Blizzard[™]
 File to define and shape.
- Smooth the surface with a Boomerang Padded File, making sure to remove all shine.





4. Remove any dust with a disinfectable brush and lightly go over nails with a plastic-backed pad and **99% Isopropyl Alcohol**.

STEP 7:

Creating a Smile Line With BRISA™ Paint

- Remove brush from bottle and wipe excess gel from back of brush by dragging along the neck of the bottle.
- **2. Paint** on smile line consistent with polishing French Manicure application techniques.
- Detail the smile line with a Gel Flat Oval Brush cleansed with 99% Isopropyl Alcohol.







STEP 8:

Apply BRISA™ Gloss

Apply a thin layer of BRISA™ Gloss using the CND 5 Point Polish
 Method to the extension edge
 and nail surface of all five nails
 on one hand. (For more detailed information see the CND 5 Point
 Polish Method Step-by-Step.)



 Apply to five nails and cure each hand for one minute (preset button 3) in the CND™ LED Lamp.*



- Remove the top film with 99% Isopropyl Alcohol and a plastic-backed pad.
- **4.** Massage **SOLAROIL**[™] Nail & Cuticle Care into the nails and skin.





PRODUCTS REQUIRED

COOLBLUE™ Hand Cleanser

OFFLY FAST™ Moisturizing Remover

CuticleAway™ Professional Cuticle Remover

SCRUBFRESH™ Nail Surface Cleanser

CND™ Files and Buffers

CND™ ProSeries Gel Flat Oval Brush #6

BRISA™ Bond

BRISA™ Sculpting Gels

BRISA™ Gloss

BRISA™ Paint

SOLAROIL™ Nail & Cuticle Care

ACCESSORIES/EQUIPMENT REQUIRED

CND™ LED Lamp

Hand towels

Hand soap

Plastic-backed, lint-free pads

Disinfectable dust brush*

99% Isopropyl Alcohol

Cuticle pusher

Manicure nippers

Nail clippers

Curette

*Optional