



Nutritional Support for Dental Surgeries MEDICAL GRADE VITAMIN D PACK

INFORMED CONSENT FORM

This is an informed consent highlighting the importance of Vitamin D levels during dental implant surgery, bone grafting and/or soft tissue surgery prior to dental implant placement.

Recently, early failure of dental implants has been reported in patients that are specifically low in Vitamin D levels. To learn more, visit stellalife.com/pages/research.

Bone Density - medical research has shown that a patient's bone density is greatly affected by Vitamin D levels in the body. Dental research specifically shows that many early implant failures after placement have been found associated regularly to deficient Vitamin D levels in patients.

- 1. **HEALTH** Vitamin D in adults and children (above 6) should measure between **40-60 ng/ml**. Recent studies have found that between 40% to 70% of the adult population is deficient in Vitamin D measuring much lower than the recommended **40-60 ng/ml**, thereby increasing the risk of early implant failure not because of surgical complications, but because of the bone and body's immune response to the implant placed. Appropriate Vitamin D levels greatly increase the success rates of dental implant surgery.
- 2. RECOMMENDATION We recommend having you measure your Vitamin D levels prior to surgery. This can be assessed using a blood lab (within 4 weeks) stating your Vitamin D levels. Alternatively, in house testing may also be possible.
- 3. RESULTS based on the results of your Vitamin D blood test and levels, we will recommend starting a vitamin supplement pack specifically for dental procedures that involves healing and bone. This product is called StellaLife® DentaMedica®. This medical grade vitamin pack has specifically been designed for dental surgery involving bone, so that Vitamin D is brought into appropriate levels of 40-60 ng/ml within 4-6 weeks of starting the supplement and prior to our scheduled surgery. Other vitamins in the packet will help with your body's maximum efficiency and uptake of Vitamin D. For your convenience, this product can is offered to you in-office.
- 4. RESPONSIBILITY It is the patient's responsibility and in their best interest to take all supplements according to the manufacturer's recommendation at StellaLife® DentaMedica®. Supplements should be taken twice per day, once in the morning and once in the evening for 4 weeks before surgery and 2 weeks after surgery. If you miss a supplement period, simply continue to take supplements 2 times per day until all supplements have been utilized. Discontinue during this time your regular multi-vitamin. As a patient, it is your responsibility to maintain Vitamin D levels between 40-60 ng/ml post implant placement and it is recommended to continue to have Vitamin D levels checked and monitored on a yearly basis.

During use of **StellaLife® DentaMedica®**, patient will stop all other multi-vitamin supplements. Use of standard medication prescribed by a physician should be continued and discussed with your treating dentist. The dentist may also recommend half doses of **StellaLife® DentaMedica®** following surgery as a long-term maintenance program to maintain dental implants or for periodontal-specific patients. Please consult with your dentist accordingly.

Patient Name (Print)		Patient Signature		Date	
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