

Citizen Sprout

			Thurs, June 1	Fri, June 2
			Chicken Potstickers W/ Fried Rice and Soy Sauce	Cheese Pizza — Sides — Cranberry Granola Bar Orange Slices
Mon, June 5	Tues, June 6	Wed, June 7	Thurs, June 8	Fri, June 9
Chicken and Waffles W/ Maple Syrup Orange Slices	Creamy Marinara Pasta — Sides — Cheesy Garlic Bread Fruit Salad	Mini Chocolate Chip Pancakes w/ Syrup — Sides — Tater Tots Seasonal Fruit	Beef Quesadilla — Sides — Cornbread Braised Black Beans	Pepperoni Pizza — Sides — Celery Sticks w/ Ranch Cranberry Granola Bar
Mon, June 12	Tues, June 13	Wed, June 14	Thurs, June 15	Fri, June 16
Turkey and Mozzarella and Pesto Panini — Sides — Oranges Cranberry Granola Bar	Four Cheese Chicken Alfredo — Sides — Peas and Carrots Cheesy Garlic Bread	Teriyaki Chicken Bowl w/ Stir Fried Veggies and Steamed Rice	Breakfast Croissant Sandwich w/ Ham Egg and Cheese — Sides — Seasonal Fruit Tater Tots	Cheese Pizza — Sides — Cranberry Granola Bar Orange Slices
Mon, June 19	Tues, June 20	Wed, June 21	Thurs, June 22	Fri, June 23
Egg Muffin Breakfast Sandwich w/ Sausage Egg Cheese — Sides — Seasonal Fruit Tater Tots	Chicken Potstickers W/ Fried Rice and Soy Sauce	French Toast w/ Syrup — Sides — Tater Tots Seasonal Fruit	Chicken Burrito Bowl w/ Spanish Rice, Black Beans, Corn, Cheese and Pico de Gallo	French Bread Pepperoni Pizza — Sides — Orange Slices Carrot Sticks w/ Ranch
Mon, June 26	Tues, June 27	Wed, June 28	Thurs, June 29	Fri, June 30
Chicken and Waffles W/ Maple Syrup Orange Slices	Creamy Bacon and Pea Pasta — Sides — Cheesy Garlic Bread Parmesan Broccoli	Teriyaki Chicken Bowl w/ Stir Fried Veggies and Steamed Rice	Beef Quesadilla — Sides — Cornbread Braised Black Beans	Pepperoni Pizza — Sides — Celery Sticks w/ Ranch Cranberry Granola Bar

KID APPROVED CLASSICS

available everyday for choosy kids

Cheese Pizza Bagels — Sides — Carrots w/ Ranch Yogurt Pretzel Mix	Bean + Cheese Burrito Or Beef Quesadilla — Sides — Orange Slices Fruit Oat Bar	Hot Dog w/ Ketchup — Sides — French Fries Seasonal Fruit	Caesar Salad Add grilled chicken \$2	Buttered Noodles Sub marinara \$5.00 Sub Meatballs and Marinara \$1.00 — Sides — Cheesy Garlic Bread Peas + Carrots	Macaroni + Cheese — Sides — Peas + Carrots Cheesy Garlic Bread	Housemade Chicken Nuggets W/ Ketchup — Sides — Peas and Carrots French Fries
Sunbutter + Jam — Sides — Apples + Cheddar Carrots w/ Ranch	Turkey Cheddar Mayo Avocado Sandwich — Sides — Oranges Cucumber Sticks w/ Ranch	Grilled Cheese — Sides — Orange Slices Granola Bar	Cheese Burger Sliders W/ Ketchup — Sides — Peas + Carrots French Fries	Tuna Salad Sandwich w/ Cucumber — Sides — Cheese and Crackers Fruit Salad	“Lunchable” Ritz Crackers, Deli Turkey, White Cheddar Cheese, Mini Choc Chip Cookie	Pigs in a Blanket w/ Citizen Sauce — Sides — French Fries Orange Slices

SEASONAL SPECIALS

available in one size only

Meat + Cheese Plate Honey Ham, Turkey, Salami, Mini Croissant, Strawberries, White Cheddar	Bento Box 1 Honey Ham and Mini Cheese Croissant Housemade Graham Crackers, Seasonal Fruit, Edamame w/ salt, Raspberry Oat Bar	Bento Box 2 Mini Bagel w/ Cream Cheese & Cucumber, Guac and Chips, Orange Slices, Fruit Leather, Cranberry Granola Bar (add smoked salmon \$2)	Side Salads Mixed Greens w/ Cucumber, Croutons, Carrot and Ranch Pasta Salad w/ black beans, corn and avocado dressing	Mac & Cheese Bites — Sides — French Fries and Ketchup Strawberries	California Roll \$9 Shrimp Tempura Roll \$12 Cucumber Avocado Roll \$8	Avocado Toast Grilled Ciabatta Bread, lemon, salt and pepper	Chicken BLT Wrap — Sides — Cheese + Crackers Fruit Salad
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SNACKS + DRINKS

Organic Milk \$2.00 Housemade Chocolate Milk \$2.50 Sparkling Water \$2.00 Housemade Lemonade 8oz / 16 oz \$3.00 / \$6.00 Blueberry Banana Smoothie 8oz / 16oz \$3.25 / \$6.50 Strawberry Banana Smoothie 8oz / 16oz \$3.25 / \$6.50	Veggies + Hummus \$3.50 Pita Chips + Hummus \$3.50 Carrot Sticks with Ranch \$3.50 Raspberry Oat Bar \$3.50 Cranberry Granola Bar \$3.50 Cocoa Granola Bar \$3.50 Yogurt Pretzel Mix \$3.50 Fruit Cup \$3.50
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