

# Citizen Sprout

Mon, April 3	Tues, April 4	Wed, April 5	Thurs, April 6	Fri, April 7
Cheese Cracker Chicken Fingers w/ Ranch — Sides — Pineapple Slices Potato Salad	Cheese Lasagna — Sides — Cheesy Garlic Bread Seasonal Fruit	Mini Pancakes w/ Syrup — Sides — Seasonal Fruit Breakfast Potatoes	Beef Quesadilla — Sides — Cornbread Braised Black Beans	CS CLOSED
Mon, April 10	Tues, April 11	Wed, April 12	Thurs, April 13	Fri, April 14
Salami, Mozzarella and Dijon Panini — Sides — Baked Potato Wedges Buttered Corn	Creamy Marinara Pasta — Sides — Cheesy Garlic Bread Fruit Salad	French Toast w/ Syrup — Sides — Seasonal Fruit Tater Tots	Chicken Burrito Bowl w/ Spanish rice, black beans, pico de Gallo, and cheddar	Cheese Pizza — Sides — Orange Slices Cranberry Granola Bar
Mon, April 17	Tues, April 18	Wed, April 19	Thurs, April 20	Fri, April 21
Sausage Egg and Cheese Breakfast Sandwich — Sides — Tater Tots Seasonal Fruit	Four Cheese Chicken Alfredo — Sides — Peas and Carrots Cheesy Garlic Bread	Teriyaki Chicken Bowl W/ Steamed Rice and Sautéed Veggies	Breakfast Croissant Sandwich W/ Ham, Egg and Cheese — Sides — Seasonal Fruit Tater Tots	Meat Lovers Pizza — Sides — Carrot Sticks w/ Ranch Yogurt Pretzel Mix
Mon, April 24	Tues, April 25	Wed, April 26	Thurs, April 27	Fri, April 28
Turkey Pesto and Mozzarella Panini — Sides — Oranges Cranberry Granola Bar	Cheesy Chicken and Orzo Broccoli — Sides — Cheesy Garlic Bread Seasonal Fruit	Mini Choc Chip Pancakes w/ Syrup — Sides — Seasonal Fruit Tater Tots	Chicken Soft Tacos w/ Pico and Cheddar — Sides — Sautéed Corn Refried Black Beans	Pepperoni Pizza — Sides — Celery Sticks w/ Ranch Cranberry Granola Bar

## KID APPROVED CLASSICS available everyday for choosy kids

Cheese Pizza Bagels — Sides — Carrots w/ Ranch Yogurt Pretzel Mix	Bean + Cheese Burrito Or Cheese Quesadilla — Sides — Orange Slices Fruit Oat Bar	Hot Dog w/ Ketchup — Sides — French Fries Seasonal Fruit	Caesar Salad Add grilled chicken \$2	Buttered Noodles Sub marinara \$ .50 Sub Bolognese \$1.00 — Sides — Cheesy Garlic Bread Peas + Carrots	Macaroni + Cheese — Sides — Peas + Carrots Cheesy Garlic Bread	Chicken Nuggets W/ Ketchup — Sides — Peas and Carrots French Fries	
Sunbutter + Jam — Sides — Apples + Cheddar Carrots w/ Ranch	Turkey Cheddar Mayo Avocado Sandwich — Sides — Oranges Cucumber Sticks w/ Ranch	Grilled Cheese — Sides — Orange Slices Granola Bar	Cheese Burger Sliders W/ Ketchup — Sides — Peas + Carrots French Fries	Tuna Salad Sandwich w/ Cucumber — Sides — Cheese and Crackers Fruit Salad	Chicken Salad Sandwich w/ Lettuce — Sides — Cheese and Crackers Fruit Salad	Pigs in a Blanket w/ Citizen Sauce — Sides — French Fries Oranges	Personal Cheese Pizza \$10 Add Pepperoni \$1

## SEASONAL SPECIALS

Meat + Cheese Plate Honey Ham, Turkey, Salami, Mini Croissant, Strawberries, White Cheddar	Bento Box 1 Honey Ham and Mini Cheese Croissant Celery Sticks w/ Sunbutter and Raisins, Seasonal Fruit, Snap Pea Chips, Raspberry Oat Bar	Bento Box 2 Mini Bagel w/ Cream Cheese & Cucumber, Guac and Chips, Orange Slices, Fruit Leather, Cranberry Granola Bar <small>(add smoked salmon \$2)</small>	Side Salads Mixed Greens with Croutons, Cucumber, Carrot and Ranch Pasta Salad w/ black beans, corn, tomato and avocado dressing	Mac & Cheese Bites — Sides — French Fries and Ketchup Strawberries	California Roll \$9 Shrimp Tempura Roll \$12 Cucumber Avocado Roll \$8	Avocado Toast Grilled Ciabatta Bread, lemon, salt and pepper	Chicken BLT Wrap — Sides — Cheese and Crackers Fruit Salad
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## SNACKS + DRINKS

Organic Milk \$2.00	Veggies + Hummus \$3.50
Housemade Chocolate Milk \$2.50	Pita Chips + Hummus \$3.50
Sparkling Water \$2.00	Carrot Sticks with Ranch \$3.50
Housemade Lemonade 8oz / 16 oz \$3.00 / \$6.00	Raspberry Oat Bar \$3.50
Blueberry Banana Smoothie 8oz / 16oz \$3.25 / \$6.50	Cranberry Granola Bar \$3.50
Strawberry Banana Smoothie 8oz / 16oz \$3.25 / \$6.50	Cocoa Granola Bar \$3.50
	Yogurt Pretzel Mix \$3.50
	Fruit Cup \$3.50