

EQUINOX

USER GUIDE

Your Meridian Equinox is powered by the Miyota 8215 automatic movement, a caliber celebrated for its precision, reliability, and enduring craftsmanship. It keeps time through the natural motion of your wrist — no batteries, no charging, only the quiet elegance of mechanical engineering. With care and attention, it will remain a trusted companion for decades.

UNDERSTANDING YOUR AUTOMATIC WATCH

An automatic watch is a marvel of micro-mechanics. Inside the Equinox, a weighted rotor responds to the slightest movement of your wrist, converting that motion into energy. This energy is stored in a meticulously coiled mainspring, which powers the watch for up to 42 hours when fully wound.

Every tick and every sweep of the second hand is the product of finely tuned gears and levers working in harmony — a living mechanism, crafted to measure time with grace and precision.

If the watch is not worn for an extended period, it will gradually stop — this is entirely normal. A few gentle turns of the crown will restore its energy and bring it back to life, ready to keep pace with you once again.



1. WINDING THE WATCH

As an automatic timepiece, the Equinox winds itself through natural wrist motion.

To manually wind:

- Rotate the crown clockwise (20–30 turns) when the watch is not worn for extended periods.

2. SETTING THE TIME

- Pull the crown out to the second position (2 clicks).
- Rotate the hands to set your desired time.
- Push the crown back in to start the movement.