



INNOVATING HEALTH AND  
WELLNESS: A JOURNEY WITH

Dr. BROOKE *Cryer*

ELEVATING PHYSICAL THERAPY AND COMMUNITY WELL-BEING

# INTRODUCING DR. BROOKE CRYER

Meet Dr. Brooke Cryer, PT, DPT, CPT  
– a passionate Doctor of Physical  
Therapy from Lacombe, Louisiana.

With a commitment to holistic  
health, Dr. Cryer merges advanced  
physical therapy techniques with  
wellness initiatives to empower  
individuals and communities.



# EDUCATIONAL PATHWAY

2019

Bachelor of Science  
in Kinesiology -  
Physical Therapy  
from Louisiana  
State University

2020

Certified  
Personal  
Trainer,  
NASM

2023

Doctorate in Physical  
Therapy from Alabama  
State University  
  
Level 1 Pelvic Health  
Certification through APTA



# PHILOSOPHY OF CARE



"Every individual's journey to wellness is unique. My goal is to provide personalized, compassionate care that supports not just physical recovery, but a holistic sense of well-being."



Holistic approach to patient care



Passion for Pelvic Health Therapy



Belief in continuous education and adopting innovative treatments

# PROFESSIONAL MILESTONES



Dr. Cryer obtained her LA state license in December 2023 and has held positions at HealthPro Heritage and Flex Performance Therapy.



Dr. Cryer specializes in working with the geriatric population and treating orthopedic and sports-related injuries, showcasing her dedication to excellence in these areas of practice.





# MAKING AN IMPACT

Dr. Cryer plays a pivotal role in Gofinity Cares, a non-profit organization, where she serves as the Director of Wellness Programs.

Her leadership extends to conducting wellness and self-care workshops, providing invaluable guidance to individuals seeking to enhance their overall well-being.

Additionally, she spearheads youth entrepreneur workshops, fostering a supportive environment for young talents to explore their entrepreneurial aspirations and develop essential skills for success.

Through her involvement with Gofinity Cares, Dr. Cryer continues to make meaningful contributions towards nurturing healthier, more empowered communities.

# FUTURE ENDEAVORS



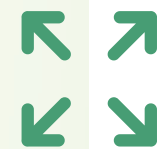
**Vision for advancing physical therapy and wellness, including:**



Continued advocacy for accessible and comprehensive healthcare solutions



Goals to further develop and broaden the reach of wellness programs



Plans to expand her expertise in Pelvic Health Therapy

# CONNECT AND COLLABORATE

Join me in transforming lives through advanced physical therapy and holistic wellness. Together, we can create a healthier, more vibrant community.



[hello@drbrookecryer.com](mailto:hello@drbrookecryer.com)



[linkedin.com/in/drbrookecryer-dpt](https://www.linkedin.com/in/drbrookecryer-dpt)



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