

Ultimate Newborn Eco Essentials

Being a first time mom, I went on a serious nine month hunt for the best eco-products for my baby. I read a million reviews, I studied ingredient lists, and once my sweet guy arrived, I tested them out. So voila: I give you our favourite eco-essentials for your baby. We are focusing on products that you don't have to use, but you will WANT to use. For details on the 'big ticket' items, like car seats and strollers, check out:

www.ecoparent.ca/green-baby-gear-guide.

1 Lotus Everywhere Travel Crib

First off, the official stuff. This travel crib is free of everything—flame-retardants, PVC, phthalates, lead and is even certified GREENGUARD GOLD. So, safety? Check. Secondly, the fun stuff. 15 second set up, side zippered panel so baby and parent alike can get in at will. Packs up small enough to be a carry-on for air travel. It really is the everywhere crib! We love that we can bring a familiar world with us for our babe wherever we go! Great for sleeping, dream feeds and playing galore.

2 Oko Creations Hooded Baby Bath Towel & Face Cloths

I love wrapping my babe up in this soft towel after bath time. Beyond how stinkin' adorable he looks all wrapped up, hood and all, he is instantly warm and dry. The organic cotton terry is thick and super absorbent, making post-bath time cuddles a pure delight. The accompanying organic cotton face cloths are great for lathering, washing, or as an alternative to disposable baby wipes.

3 Aden + Anais Organic Muslin Blankets

It would not be an essentials list without the ever-popular muslin blankets from Aden + Anais. Offered in many delightful patterns, these cloths become your go-to for everything: sleep, stroller cover, swaddle, play-mat, and breastfeeding cover. Stock up! You can't really have too many.

4 Nneka Nursing Pillow

What is not to love about the Nneka nursing pillow? Filled with 100% buckwheat hulls, this pillow molds perfectly to your baby and body. Baby feels snuggled up, but is still well supported. It can easily be used in all breastfeeding positions, and its weight helps it stay in place so that you can do what you need to do to be comfortable! Also works great as a pregnancy support pillow!

5 Snuggle Me Organic

This co-sleeping bed and infant lounger is a must-have! Baby is safe, secure, and cuddled by the all-around cushions, while still laying flat due to the creative hammock effect in the centre. Great for safe co-sleeping, and handy to take around the whole house for safe and comfortable naps for babe. Also works beautifully as a lounger or tummy time pillow! Your baby will love it (as well as your cat—be warned)! Hand crafted in the USA with hypo-allergenic fill and 100% organic cotton.

6 Nuna Leaf

The "carefree float of a leaf" inspires this stylish swing chair made with Oeko-Tex certified fabrics. Great for playtime or naptime, the Leaf provides a comfortable, safe space for baby when not in mama's arms. Non-electric, this chair moves only when you push it or baby's kicks are strong enough to get it going. Tested for up to 60 kg, it grows with your child to be a comfy toddler seat for daydreaming the day away. Fun accessories include a toy bar and The Wind (battery powered, offering constant swaying movement... Leaf...Wind...get it??).



7 Kushies Contoured Change Pad and Organic Sheet

This eco-friendly contoured change pad is well suited to both change tables and dressers. The top is made from super soft bamboo, and the waterproof bottom is phthalate free. Pair it with the organic cotton sheet and you have a rockin' eco-bum changing station!

8 Pillobebe's CorkiMat

We were extra excited about this find. I wanted an alternative to the toxin-filled foam mats that make up most play spaces and we sure hit the nail on the head! CorkiMats are non-toxic, made from 100% GOTS certified organic cotton and organic cork for an innovative and safe play area for your babes. The mats are multifunctional and can be used as a play-mat, tunnel, toy bin and even yoga mat! With so many fun prints it will be hard to choose, but the choice to use them—easy. You won't be disappointed.

9 CaaOcho Bath & Teething Toys

CaaOcho's toys are 100% non toxic and 100% fun. Made from pure natural rubber, you can feel good about your baby getting these all up in their mouths. From teethers (Mia the Lamb), to bath toys (Nalu the Seahorse) and developmental play (Rainbow Sensory Ball) they have you covered! A great feature we love is the hermetic design, which seals the toys to prevent mold and bacteria growth.



10 Reese & Luke Bum Balm

We love using this 100% organic baby balm on our babe's bottom. Their blend of all natural ingredients helps protect and soothe their delicate skin. Completely cloth diaper safe, this product is a win for everyone. Their balms come in a choice of unscented, lavender or lavender and tea tree and are free of all the bad stuff. We approve!

11 Les Produits de MaYa Oleo-Calcaerous Ointment

The idea of cleansing milk was new to me before testing out Les Produits de MaYa's liniments, and now I am a convert! Inspired by an ancestral recipe from France, these creamy ointments both clean and nourish the skin. Use with cloth wipes as a natural and eco-friendly alternative to disposable wipes at all diaper changes. And it doesn't stop there! You can use it as make-up remover, after sun lotion and more! All ingredients are certified organic and vegan, so you know your babe is only getting the best!

12 Kin Organics Bath Products

Confession: I may be obsessed with all Kin products. Everything in their line is non-toxic and au natural. Their baby line of products has been well-loved in our household from day one. We especially love the bath-time line up: Baby Tub Tea, made from sweet herbs to soothe and calm the skin, followed by the Baby Wash, a natural foaming soap that smells divine, ending with the Baby Oil blend of moisturizing oils infused with floral herbs for a relaxing baby massage. And a tip from one mama to another — their nipple balm is heaven.