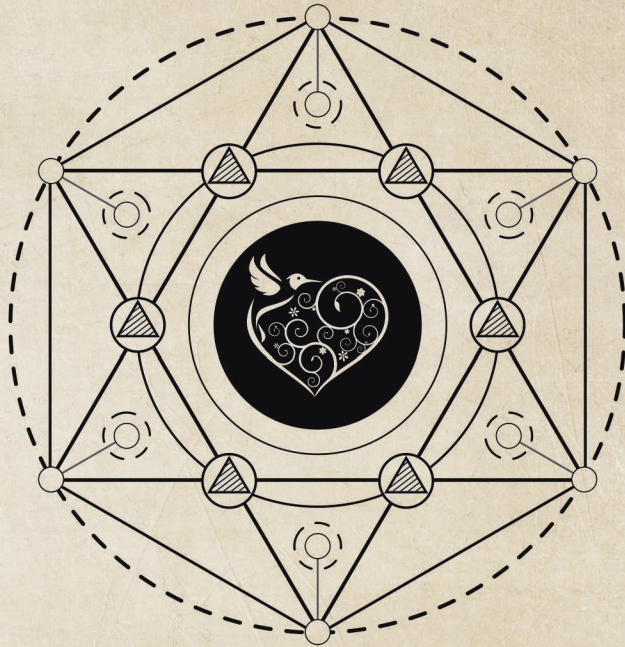


**HUMMINGBIRD HEART CO.**



*Kombucha & Dry Elixir Bar |  
Bottle Shop | Alchemist Lab*



# FUNCTIONAL ELIXIRS

## FOCUSED INSPIRATION

**\$8.00**

Solbrü Focus & Inspire, All The Bitter Lavender blend, tonic served over ice with lavender and clove garnish

*Lion's Mane mushroom elevates cognitive function enhancing mental focus while botanicals soothe mood creating a sense of inspiration and calm. Bitters ignite and soothe digestion, supports liver health, cleanses the blood and supports mood.*

## GOING UP

**\$8.00**

Solbrü Perform & Elevate, All The Bitter New Orleans blend, tonic served over ice with lemon garnish

*Cordyceps mushrooms boost ATP levels benefiting performance and elevating mood, while the bitters ignite and soothe digestion, supports liver health, cleanses the blood and supports mood.*

## MELLOW OUT

**\$8.00**

Solbrü Relax & Restore, All The Bitter Orange blend, tonic served over ice with lemon garnish

*Reishi adaptogenic mushrooms eases stress and enhances immunity while bitters ignite and soothe digestion, supports liver health, cleanses the blood and supports mood.*

## SPRITELY PATHFINDER

**\$9.00**

Pathfinder Hemp & Root Spirit, lemon juice, topped with seltzer served over ice with orange garnish

*Fermentation meets alchemy in this miraculous elixir containing vitamin E, antioxidants and other nutrients that ease the mind and enhance the spirit.*



## ADAPTOGENS

*Herbs, roots and other plant substances that help our bodies manage stress and restore balance by helping the body to adapt, adjust and recalibrate depending on emotional and physical surroundings. They have the plant power to help calm in times of stress, bring peace to a racing mind, aid in sleep challenges, bring clarity when surrounded by turmoil, give energy when tired and so much more.*

*ADAPTOGENS relieve stress by modulating the release of stress hormones from the adrenal glands. As biological response modifiers (BRMs) adaptogens restore the body's innate function and help the body adapt to different stressors. This gives them preventative and protective, as well as curative, activity in compromised immunity. By replenishing our deeper immunity, and regulating our response to stress, adaptogens support optimal health.*



# **BOTANICAL SPRITZ**

## **EVERLEAF FOREST SPRITZ**

**\$8.00**

**COMPLEX & BITTERSWEET**

Lie back and imagine the filtered sunlight of forest canopies captured in this blend of sustainably sourced botanicals, from exotic saffron and vanilla to honeyed orange blossom.

## **EVERLEAF MOUNTAIN SPRITZ**

**\$8.00**

**VIBRANT & AROMATIC**

Sustainably sourced botanical distillates and extracts chosen to capture a climb through the floral clouds of savory cherry blossom and sweet mountain strawberry, until you reach bittersweet rose-hip at the peak.

## **EVERLEAF MARINE SPRITZ**

**\$8.00**

**CRISP & REFRESHING**

Immerse your senses in the Mediterranean depths from umami soaked kelp forests, zesty bergamot and tropical sea buckthorn with this blend of sustainably sourced botanicals and extracts.



# **MOCKTAILS WITH A TWIST**

## **FIERY SQUAD**

**\$9.00**

Ritual Zero Proof Tequila, All The Bitter Aromatic Bitters,  
Liquid Alchemist Ginger Syrup & Grenadine, Fresh Lime

## **GRAPEFRUIT LAVENDER COOLER**

**\$9.00**

Ritual Zero Proof Gin, All The Bitter Lavender Bitters,  
Lavender Syrup, Fresh Grapefruit Juice, Fresh Lemon Juice

## **CIAO BELLO**

**\$9.00**

For Bitter For Worse The Saskatoon, Pathfinder, Casamara  
Club Alta

## **PENTIRE MARGARITA**

*(Also offered as spicy)*

**\$9.00**

Distilled Coastal Botanicals, Pentire Adrift, Lime, Agave,  
Sea Salt



# ON TAP

## **\$8.00 - KOMBUCHA**

### **GT'S CBD LEMON BERRY JOY**

*Coffeeberry, lion's mane and ginseng*

### **GT'S CBD PEACEFUL POMMEGRANATE**

*Ashwagandha, L. Theanine and magnesium*

### **GT'S CBD PINEAPPLE GINGER TURMERIC**

*Zinc, vitamin C and beta-glucan*

## **\$8.00 - COFFEE**

### **BONA FIDE CBD MED ROAST ORGANIC COFFEE**

**(Also offered as Nitro)**

*Velvety smooth in your mouth*

## **\$6.00 - KOMBUCHA**

### **WHALE BIRD DRY HOPPED PAMPLEMOUSSE**

*A French style grapefruit with hints of seasonal hops*

### **WHALE BIRD MANGUAVA**

*A delicious blend of fresh mango and guava*

### **BAMBUCHA HIBISCUS ROSE**

*Brightened with fresh lime and ginger*

### **BAMBUCHA THAI GINGER**

*Fresh ginger root, Makrut lime leaf and lemongrass*

### **BABE KOMBUCHA MAUI WOWIE**

*Cali crafted summer delight of strawberry, coconut and lime*

## **\$6.00 - WATER KEFIR**

### **GT'S PEACH**

*A tropical thirst-quencher with soft peach and bright pineapple*

## **FLIGHTS - \$10.00**

*Delight your taste buds with 4 servings of kombucha or water kefir of your choice!*

**NOTE:** *Ask our staff about other seasonal flavors*



# BEER

**\$7.00**

## **ATMOS BREWING CO.**

### **BARREL-AGED NONALCOHOLIC MILK DARK**

*Aged in American bourbon barrels for a large prominent barrel toast and whiskey aroma with dark fruit and chocolate notes in the body*

### **WAYFARER NONALCOHOLIC IPA**

*A classic, slightly malty, San Diego style, very dank IPA*

### **KORA NONALCOHOLIC DOUBLE HOP IPA**

*With fruit-forward hops and yeast to give it the classic hazy feel*

**\$6.00**

## **ATHLETIC BREWING CO.**

### **UPSIDE DAWN GOLDEN IPA**

*Refreshing and balanced. Aromas subtle with floral and earthy notes*

### **RUN WILD IPA**

*Sessionable IPA. Approachable bitterness to balance the specialty malt body*

### **FREE WAVE HAZY IPA**

*Mouth watering IPA loaded with Amarillo, Citra, and Mosaic hops*

# SPARKLING WATER

**\$6.00**


## **DRAM CBD LEMONGRASS**



*With savory notes from schisandra berry and a hint of lemon*

## **DRAM CBD ROSE BEAUTY BUBBLES**

*Light, bubbly and refreshing with a dreamy bilberry and rose petal flavor*





  @hummingbirdheartco