

# New York Rag

## New Year's Resolutions 2016: Fashionable Fitness Must-Haves From Adidas, Jawbone, More

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By Britteny Dee



(Photo : Getty Images/Astrid Stawarz)

Year after year, getting in shape is one of the most popular New Year's resolutions in the U.S.

But despite your desire to sculpt your body into something you'll be proud to show off on the beach, sticking to a fitness routine can be tough. If you're one of the countless women heading to the gym in 2016, keep reading because we've rounded up some must-have exercise essentials to keep you motivated through the next year.



(Photo : Zobha.com)

This double-layer, racerback sports bra is so sexy and stylish it's guaranteed to make you feel good while sweating it out at the gym.



(Photo : Chichiactive.com)

This high-low tank top has an effortlessly cool model-off-duty look to it. Pair it with leggings, and you've got an outfit that will take you from the gym to happy hour with ease.



(Photo : Neshnyc.com)

Put aside your basic black leggings in 2016 and opt for something more fashion-forward, like this spandex pair with sleek, shiny side panel detailing.



(Photo : Courtesy/Yogadesignlab.com)

This all-in-one product, which acts as both a mat and towel, is a must-have for yoga lovers. In addition to the pretty print, this item also features a carrying strap and is made from eco-friendly, recycled material.