











Product Weight: 115.5 lbs / 52.5 kg Dimensions(L×W×H): 171 ×150× 125 cm / 67" × 59" × 49"

## **NOIB**

Olympic Incline Bench

Product Weight: 167 lbs / 76 kg Dimensions(L×W×H): 171 × 164 × 155.5 cm / 67" × 65" × 61"

### NODB Olympic Decline Bench

Product Weight: 154 lbs / 70 kg Dimensions(L×W×H): 185 × 171 × 111 cm

/ 73" × 67" × 44"



### **NOMB**

Olympic Military Bench

Product Weight: 247.5 lbs / 112.5 kg

Dimensions(L×W×H): 171 × 115 × 185 cm / 67" × 45" × 73"



## **NOSB**

Olympic Shoulder Press Bench

Product Weight: 186 lbs / 84.5 kg

Dimensions(L×W×H): 170 × 127 × 185 cm / 67" × 50" × 73"





Product Weight : 385 lbs / 175 kg

Dimensions(L×W×H): 211 × 174 × 232 cm / 83" × 68" × 91.5"





Product Weight: 68 lbs / 31 kg Dimensions(L×W×H): 112 × 77 × 117 cm / 44" × 30" × 46"





Product Weight: 60.5 lbs / 27.5 kg Dimensions(L×W×H): 84 × 65 × 136 cm / 33" × 26" × 53"



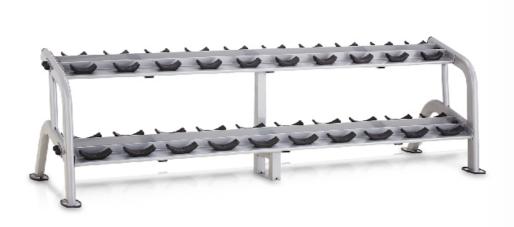
# **NPCB**

Preacher Curl Bench

Product Weight: 73 lbs / 33 kg Dimensions(L×W×H): 108 × 81 × 87 cm / 42.5" × 32" × 34"









#### NAB Abdominus Curl Bench

Product Weight: 112 lbs / 51 kg

Dimensions(L×W×H): 186 × 84 × 105 cm / 73" × 33" × 41"

## NAAB

Adjustable Abdominus Bench

Product Weight: 79 lbs / 36 kg

Dimensions(L×W×H): 160 × 59 × 151 cm / 63" × 23" × 59.5"

### NDR2 2-Tier Dumbbell Rack

Product Weight: 167 lbs / 76 kg

Dimensions(L×W×H): 242 × 83 × 75 cm / 95" ×33" × 29"

## NDR3

3-Tier Dumbbell Rack

Product Weight: 147 lbs / 67 kg

Dimensions(L×W×H): 151 × 90 × 96 cm / 59.5" ×35.5" × 38"







Product Weight: 97 lbs / 44 kg Dimensions(L×W×H): 149 × 94 × 104 cm /59" × 37" × 41"





**NGHB** Gluteus Ham Bench

Product Weight: 174 lbs / 79 kg Dimensions(L×W×H): 162× 85 × 117 cm / 64" × 33.5" × 46" **NVKR** Vertical Knee Raise

Product Weight: 144 lbs / 65.5 kg Dimensions(L×W×H): 142× 116 × 230 cm /56" × 46" × 91"

NBE Back Extension Bench

Product Weight: 75 lbs / 34 kg Dimensions(L×W×H): 151 × 79 × 96 cm

/59" × 31" × 38"





Note: All specifications are subject to change without notice. Actual products may different from pictures in this catalog.







NFB Flat Bench

Product Weight : 35 lbs / 16 kg Dimensions(L×W×H): 116.5 × 54 × 46 cm / 46" × 21" ×18" NIB

Adjustable Incline Bench

Product Weight: 66 lbs / 30 kg Dimensions(L×W×H): 150 × 53 × 90 cm / 59" × 21" × 35" NDB

Adjustable Decline Bench

Product Weight : 68 lbs / 31 kg Dimensions(L×W×H): 163 × 61 × 125 cm / 64" × 24" × 49" NST Utility Stool

Product Weight: 37 lbs / 17 kg

Dimensions(L×W×H): 75 × 53 × 79 cm / 29.5" × 21" × 31"

NFID

Flat/Incline/Decline Bench

Product Weight: 92 lbs / 42 kg

Dimensions(L×W×H): 177 × 104 × 75 cm / 70" × 41" × 29"

NEO SERIES	
Mainframe	12 Heavy Gauge 1.968"×3.937" (50×100×2.5T) Oval Tubing 13 Heavy Gauge 1.968"×3.937" (50×100×2T) Oval Tubing for NRCH
Frame Finish	Two-coat powder process, electrostatically applied powder coat finish, metallic silver
Upholstery	CGPC 2" high density foam with PVC skin and durable double stitched upholstery
Handgrips	Dipped PVC Handle
Welding	Continuous welds at all joints.
Bearings	Commercial rated, sealed bearings at all pivot points
End Cap	High density molded plastic end caps
Max. User Weight	264 lbs / 120 kg