



Y250 **Spotter Arms**

Rugged Fitness Spotter Arms quickly and easily attach to the Rugged Power Rack and Half Rack. Designed to provide safety and peace of mind during your workouts. Built with heavy 2" x 3" 11-gauge steel and welded arms. Measuring at nearly 27" long, Rugged Spotter Arms can handle 1,000 lbs.

Weight: 29.77 lbs.

Dimensions: 26.42"L x 3.94"W x 12.6"H



Y251 **J-Cups**

Rugged Fitness J-Cups offer an easily-adjustable liftoff point for presses, squats and other power rack lifts. Designed to fit both the Rugged Power Rack and Half Rack. J-Cups can be quickly and easily mounted to both the front and rear uprights. Engineered with heavy-duty steel for guaranteed durability and a 1,000 lb. weight capacity.

Weight: 11.91 lbs.

Dimensions: 8.03"L x 4.69"W x 8.27"H



Y252 **Pipe & Pin Safeties**

The Rugged Fitness Pin and Pipe Safeties are designed specifically for the Rugged Power Rack. A favorite of lifters past and present, Pin and Pipe safeties offer extreme durability and are quick to change out. Engineered to take the force from drops, Rugged Fitness Pin and Pipe Safeties will help maintain your barbell's integrity and provide a safe lifting environment.

Weight: 26.5 lbs.

Dimensions: 40.75"L x 4.13"W x 3.78"H



Y253 **Weight Horn**

The Rugged Fitness Weight Horn provides bumper and olympic weight plate storage options to both the Rugged Power Rack and Half Rack. Designed with a pull-pin for easier adjustments than competitive bolt-based weight horns.

Weight: 6.62 lbs.

Dimensions: 15.8"L x 3.5"W x 3.94"H



Y254
Bar Holder/Base Mount

The Rugged Fitness Bar Holder/Base Mount helps store an Olympic bar vertically. Mount to the Rugged Power Rack or the Rugged Half Rack.

Weight: 4.41 lbs.

Dimensions: 4.72”L x 5.31”W x 7.13”H



Y255
Bar Holder/Upright Mount

The Rugged Fitness Bar Holder/Upright Mount is designed to store an Olympic bar vertically. Mount to the Rugged Power Rack or the Rugged Half Rack.

Weight: 3.97 lbs.

Dimensions: 4.72”L x 2.36”W x 6.89”H



Y256
Pipe & Pin Safeties

Rugged Fitness Pipe & Pin Pin and Pipe Safeties are designed specifically for the Rugged Half Rack (with extensions installed) and features a 1,000 lb. weight capacity. Pin and Pipe safeties are a favorite of lifters past and present thanks to their extreme durability and easy set-up. Specifically engineered to take the brunt of force from drops they will keep barbell's integrity while provided a safe and easy training experience.

Weight: 15.4 lbs.

Dimensions: 26.38”L x 4.13”W x 3.78”H