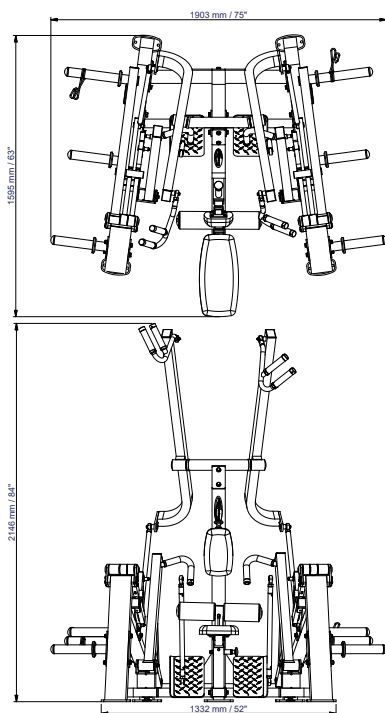


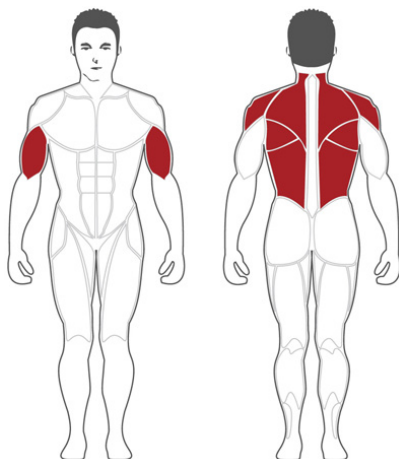
# PL2200 Plateload

## Lat Pull Down/Back Row Machine



The Steelflex Plate Load PL2200 Pulldown/Back Row is an effective and versatile machine for strengthening and toning the upper body. This compact machine targets the lats and biceps through the lat pulldown movement and the lats, traps, delts and rhomboids through the back row movement. A compact machine that offers two intense upper body exercises in one. This machine is perfect for the gym that has limited space but still wants to take advantage of this economical range of commercial fitness equipment.

- Olympic weight posts (for use only with olympic weight plates)
- For both commercial and non-commercial use
- **Weight plates not included**



### FEATURES

- 11 gauge steel frame, 6 x 12 cm square tubing
- Electrostatically applied powder coating
- 50 mm CGPC high density foam upholstery & ergonomic design
- Industrial rated bearings, sealed bearings at all pivot points
- Dipped PVC handle
- Continuous welds at all pivot points
- Numerous adjustments to optimise your working position
- Continuous welds at all joints
- Independent unilateral arm action for balanced muscle development
- Convergent press arm movement with advanced biomechanics
- 4 independent arms can be used simultaneously or separately

### SPECIFICATIONS

|                   |                          |
|-------------------|--------------------------|
| Dimensions:       | 190.3 x 159.5 x 214.6 cm |
| Product weight:   | 107 kg                   |
| Max. user weight: | 120 kg                   |

### WARRANTY: COMMERCIAL AND RESIDENTIAL

|                    |          |
|--------------------|----------|
| Frame              | 15 years |
| Bearings           | 2 years  |
| Upholstery & grips | 6 months |
| Other parts        | 1 year   |