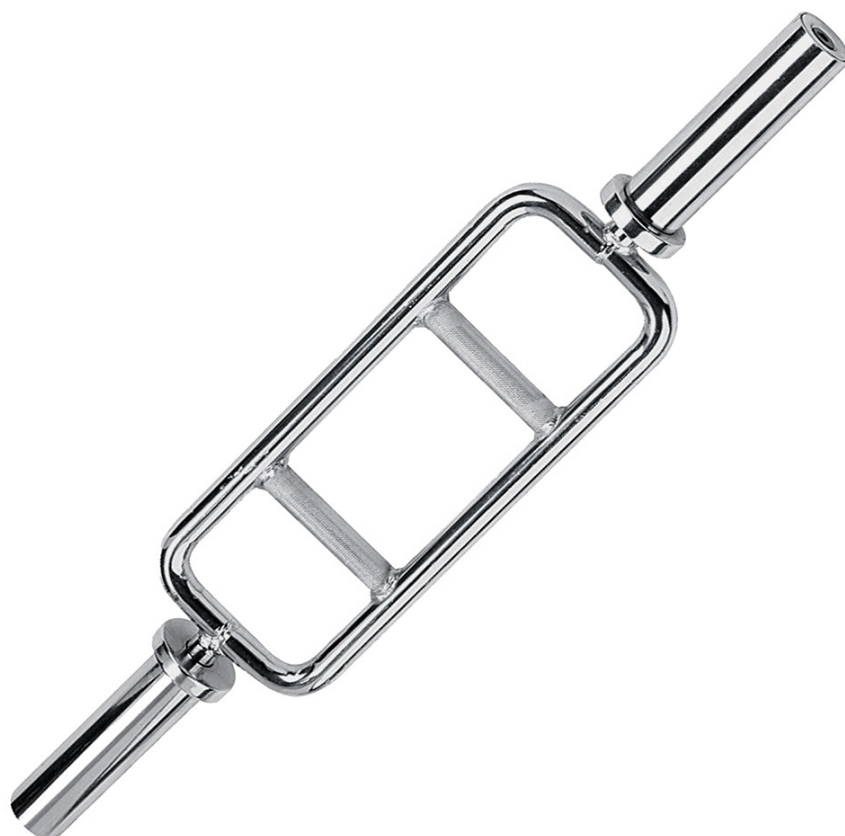


OB34 Body-Solid Olympic Triceps Bar

Body-Solid®
Built for Life



OB34 Body-Solid Olympic Triceps Bar

If you want to give your triceps the proper training then the Body-Solid Triceps Bar OB34 is the ideal solution. It's specifically designed for maximum concentration of those hard to hit triceps muscles.

The Triceps Bar is equipped with two knurled handles, so you have the desired grip while performing the exercises.

The Triceps Bar can be used for a wide range of exercises. The unique design allows unrestricted arm movement and eliminates discomfort to elbows, forearms and wrists.

Special Features

- Product: L 86.4 cm x W 17.8 x H 7.5 cm
- Package: L 86.5 x W 18 x H 7.5 cm
- Gross weight: 10 kg
- Bar diameter: 25.5 mm
- Load capacity: 135 kg
- Colour: silver