

# M3DSM MEGA POWER 3D SMITH MACHINE

**Steelflex**

The Steelflex M3DSM Smith machine is the ideal machine for intensive strength training for both beginners and professionals. This is training with a loose barbell, but with the ease of training and the safety of a Smith machine. A Smith machine is the best way to safely perform technically difficult exercises such as squats, lunges, bench press, shoulder press and so on.

However, experience has shown that the lack of freedom of movement can cause problems in the long run. The M3DSM is the solution. With this machine, you are trained in the same way as with a standard Smith machine, but you also have the freedom to train completely independently. Because of the unique 3-dimensional use, you can move in both horizontal and vertical directions. And this while the exercises always remain safe.

The M3DSM machine is standard equipped with a 20 kg counterweight bar. The use of linear industrial bearings and guide rods ensures that the M3DSM runs as smoothly as possible, while the extra large and elevated frame makes for a very comfortable workout. The top of the rack has convenient pull-up bars and the sides have storage space for 50 mm weight plates.

The Steelflex M3DSM is suitable for use in gyms, large clubs, businesses and of course at home.



## FEATURES

Heavy-duty 12-gauge main frame in high tensile steel

Thick oval tubes of 6.6 x 10.9 cm

Electrostatic powder coating against scratches

Industrial linear bearings and guide rods

3-dimensional movement

2 bar holders with 10 positions, front and back

2 safety arms

Handles for pull-up and chin-up

Multi-grip pull-up bar included

Adjustable safety stops included

Non-slip footrest

6 weight horns for Olympic plates

Training manual included

Ideal for commercial use

## SPECIFICATIONS

Product: L 197 x W 219 x H 240 cm

Product weight: 230 kg

Max. user weight: 120 kg

Max. load capacity 450 kg

## WARRANTY: COMMERCIAL AND RESIDENTIAL

Frame Lifetime

Parts 2 years

**FITNESSTRADING**

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