

# JOHNNY G SPIRIT BIKE



The Johnny G Spirit Bike is the perfect innovation—with the past molded and forged into the future.

The electronically-controlled magnetic resistance allows users to duplicate, replicate and differentiate their training sessions. Performance metrics are accessible at all times on the high-visibility (LED) display. The cockpit-style console has been strategically crafted to transport you into an elevated state of performance through the integration of mind and body.

#### FEATURES:

- Electronically-controlled magnetic resistance
- Dual belt drive system provides the feel and responsiveness of a road bike
- Proprietary handlebar design for comfort and resistance buttons at your fingertips regardless of ride position
- Solid steel construction and triple powder coated for durability
- Multi-points touch-sensitive electronic shifting
- Anatomical relief-zone seat
- Smart, Bluetooth® and ANT+ enabled electronics



## SPECIFICATIONS

### Console Features

<b>Display</b>	23 characters with 6 data metric at a glance, multi-color heart rate and power zone indicator LEDs
<b>Programs</b>	Functional Threshold Power (FTP) test, lap counter, power zone, heart rate zone, and event mode (distance-based program)
<b>Workout summary</b>	Time, distance, watt avg, watt peak, speed avg, speed peak, heart rate avg, heart rate peak, RPM avg, RPM peak, lap, % time in heart rate zone, % time in power zone
<b>Function Keys</b>	Forward control pad with resistance and play button to start workout from warm-up, additional resistance buttons at handlebar ends
<b>Power Requirements</b>	Generator drive system with power save function to store workout data for 10 minutes after pedaling has stopped
<b>Telemetric Heart Rate Receiver</b>	Bluetooth® FTMS channels and ANT+™, compatible with Myzone™ and Garmin®

### Product Features

<b>Resistance Control</b>	Electronically controlled magnetic resistance with multi-touch point adjustments
<b>Resistance Level</b>	20
<b>Drive System</b>	Dual belt drive system with cog and Poly-V belts
<b>Safety Stop</b>	Braking lever to stop flywheel
<b>Seat &amp; Handlebar Adjustments</b>	Up/down - locking pop-pin, fore/aft - lever lock
<b>Flywheel</b>	21 kg / 46 lbs
<b>Crank Arms</b>	170mm/6.7 in
<b>Pedals</b>	Dual sided with SPD and straps
<b>Frame Construction</b>	Solid steel with 3 layers of protection (plated, powder-coated and clear coat)
<b>Leveler Feet</b>	Rubber to protect flooring
<b>Dimension</b>	1250x500x1100 mm 49.2x20x43.3 in
<b>Product Weight</b>	68 kg / 151 lbs
<b>MAX. User Weight</b>	159 KG / 350 LBS
<b>Certificate</b>	CE(EN957) & UL & CSA & FCC