

BENCHES



CODE	BFFID25	BFFID10	GFB350	GST20	PFID125X	PFID130X
PRICE (EURO)	199.00	219.00	219.00	229.00	245.00	245.00

Length (cm)	144.8	162.5	124.4	71.1	150	140
Width (cm)	38	56	58.4	71.1	47.5	67
Height (cm)	45.7	116.8	48.2	116.8	44	52
Dimensions folded (cm)	L 144.8 x W 46 x H 22	L 139 x W 46 x H 25	N/A	N/A	L 150 x W 447.5 x H 22.8	N/A
Weight (kg)	15.4	15.5	19	13.6	20.4	21.8
Charge max. (kg)	200	110	500	200	110	110
Use	IN HOME	IN HOME	COMMERCIAL	COMMERCIAL	IN HOME	IN HOME
Warranty	Best Fitness 3 Years	Best Fitness 3 Years	Light Commercial	Light Commercial	Powerline 10 years	Powerline 10 years
Thickness structure	5 x 5 cm / 2.7 mm	5 x 5 cm / 2.7 mm	5 x 7.6 cm / 3.0 mm	5 x 7.6 cm / 3.0 mm	5 x 5 cm / 2.7 mm	5 x 5 cm / 2.7 mm
Back pad adjustment	6	5	0	0	7	4
Seat pad adjustment	0	0	0	0	0	3
Transport wheels	No	No	Yes	No	Yes	No
Incline/decline	-10° → 90°	0° → 90°	N/A	No	-18° → 90°	-23° → 90°
Foldable	Yes	Yes	No	No	Yes	No
Pad height (cm)	54.6	45	48	43	45	52
Back pad width (cm)	24	24	24	N/A	25	24
Pad thickness (cm)	4.5	4.5	6.5	5	5	3.8
Attachments						
Options		BFPL10R Preacher curl				GLDA1 Leg developer GPCA1 Preacher curl

BENCHES



CODE	GFID225	GFID100	GFI21	GFID31	SFB125	GFID71
PRICE (EURO)	299.00	345.00	345.00	385.00	385.00	495.00

Length (cm)	147.8	168.2	132	150	160	177.8
Width (cm)	40.6	70.4	53.4	68.5	63.7	71
Height (cm)	45.7	48.5	43.2 → 116.8	55.9	43.3	48.2
Dimensions folded (cm)	L 144 x W 46 x H 23	N/A	N/A	N/A	N/A	N/A
Weight(kg)	24	24	26	26	26.5	45.5
Charge max. (kg)	300	300	400	400	680	400
Use	COMMERCIAL	COMMERCIAL	COMMERCIAL	COMMERCIAL	FULL COMMERCIAL	COMMERCIAL
Warranty	Light Commercial	Light Commercial	Light Commercial	Light Commercial	Full Commercial	Light Commercial
Thickness structure	5 x 76 cm / 3.0 mm	5 x 76 cm / 3.0 mm	5 x 76 cm / 3.0 mm	5 x 7.5 cm / 3.0 mm	5 x 7.6 cm / 2.3 mm	5 x 7.5 cm / 3.0 mm
Back pad adjustment	7	6	9	6	0	6
Seat pad adjustment	0	4	4	6	0	7
Transport wheels	Yes	Yes	Yes	Yes	Yes	Yes
Incline/decline	-15°→90°	-18°→90°	0→90°	-15°→90°	No	-15°→90°
Foldable	Yes	No	No	No	No	No
Pad height (cm)	47	49	44	55	43	50
Back pad width (cm)	24	25	24	24	30.5	25
Pad thickness (cm)	6.5	6.5	6.5	5	10	7
Attachments						
Options						

BENCHES



CODE	FID46	SFID325	SFID425
PRICE (EURO)	575.00	595.00	635.00

Length (cm)	182.8	146	168.7
Width (cm)	71	63.7	63.7
Height (cm)	78.7	45.7	45.5
Dimensions folded (cm)	N/A	N/A	N/A
Weight (kg)	42.2	34.2	40.8
Charge max. (kg)	270	450	450
Use	COMMERCIAL	FULL COMMERCIAL	FULL COMMERCIAL
Warranty	Light Commercial	Full Commercial	Full Commercial
Thickness structure	7.6 cm round / 1.83 mm	5 x 7.6 cm / 2.3 mm	5 x 7.6 cm / 2.3 mm
Back pad adjustment	9	6	7
Seat pad adjustment	Sync to back pad	3	3
Transport wheels	Yes	Yes	Yes
Incline/decline	-20°	-18→90°	-18→90°
Leg Developer	Yes	No	No
Foldable	No	No	No
Pad height (cm)	57	45.7	45.7
Pad thickness (cm)	7	7	7
Attachments			
Options			

OLYMPIC BENCHES



CODE	BFOB10R	GDIB46L	SFB349G	SDB351G	SIB359G	SPB368G
PRICE (EURO)	389.00	499.00	895.00	895.00	895.00	895.00

Length (cm)	172.7	195.5	172.7	190.5	155	106.7
Width (cm)	104	116.8	127	127	127	127
Height (cm)	147.3	109.2	122	127	157.5	183
Weight (kg)	32.4	50	50.4	55.8	56	55
Charge max. (kg)	135	270	450	450	450	450
Use	IN HOME	COMMERCIAL	FULL COMMERCIAL	FULL COMMERCIAL	FULL COMMERCIAL	FULL COMMERCIAL
Warranty	Best Fitness 3 Years	Light Commercial	Full Commercial	Full Commercial	Full Commercial	Full Commercial
Thickness structure	5 x 5 cm /1.63 mm	5 x 5 cm /2 mm	5 x 7.6 cm / 2.3 mm	5 x 7.6 cm /2.3 mm	5 x 7.6 cm /2.3 mm	5 x 7.6 cm /2.3 mm
Adjustable uprights	Yes	Yes	No	No	No	No
Pad positions	Flat, (3) incline	Decline, (4) incline, flat	Flat	Decline	Decline	Decline
Leg developer	Yes	Yes	No	No	No	No
Foldable	Yes	No	No	No	No	No
Folded dimensions (cm)	L 63.5 x W 106.7 x H 183	N/A	N/A	N/A	N/A	N/A
Pad thickness (cm)	4.45	7	7	7	7	7
Min. Bar length (cm)	183	213	183	213	183	150
Attachments		GLRA1 Lat attachment				
Options	OAS8/OAS14 Adapter sleeve	GPCA1 Preacher curl OAS8/OAS14 Adapter sleeve				

OLYMPIC BENCHES



CODE	SODB250	SOFB250	SOIB250	SOSB250
PRICE (EURO)	795.00	750.00	895.00	1195.00

Length (cm)	146	184	187.4	125.7
Width (cm)	126	126	127	126
Height (cm)	138	130	159	183.5
Weight (kg)	67	74.5	79	122.5
Charge max. (kg)	450	450	450	450
Use	FULL COMMERCIAL	FULL COMMERCIAL	FULL COMMERCIAL	FULL COMMERCIAL
Warranty	Full Commercial	Full Commercial	Full Commercial	Full Commercial
Thickness structure	5 x 7.6 cm / 2.3 mm	5 x 7.6 cm / 2.3 mm	5 x 7.6 cm / 2.3 mm	5 x 7.6 cm / 2.3 mm
Adjustable uprights	No	No	No	No
Pad positions	Decline	Flat	Incline	Shoulder
Leg developer	No	No	No	No
Foldable	No	No	No	No
Folded dimensions (cm)	N/A	N/A	N/A	N/A
Pad thickness (cm)	7	7	7	7
Min. Bar length (cm)	213	213	213	213
Attachments	N/A	N/A	N/A	N/A
Options				