

Ovo Calm



ND FORMULAS

Benefits of Ovo Calm

Myo-Inositol, D-Chiro-Inositol, and ALA*

- Promotes insulin sensitivity
- Supports normal blood sugar metabolism
- Supports female hormonal balance

Ovo calm is a synergistic combination of two naturally occurring forms of the important nutrient inositol — myo-inositol (MI) and D-chiro-inositol (DCI) — along with alpha-lipoic acid (ALA). This formula is designed to support the metabolic pathways involved in normal insulin function and glucose metabolism. Ovo calm may also promote female hormone balance.**

All ND Formulas Formulas Meet or Exceed cGMP Quality Standards

Inositol occurs naturally in a variety of fruits, grains, and beans, but it is bound to other compounds making it less bioavailable, and it is difficult for the body to utilize it from food. Inositol occurs in nine different forms (called isomers). The MI and DCI isomers are recognized as the most predominant. These isomers play critical roles in human physiology, helping to balance normal hormone signaling, such as insulin, thyroid, and sex hormones (e.g., estrogen).

The forms of inositol in Ovo calm may support the body's response to insulin, thus supporting metabolic and hormonal processes that are influenced by healthy insulin signaling.* Inositol is also an important factor for balancing female hormones by supporting healthy liver function, which is the key organ in the detoxification and clearance of excess hormones, such as estrogen and testosterone.*

ALA is included in this product, as it may help promote cellular sensitivity to insulin, and it helps support the conversion of glucose (primarily from carbohydrates) into cellular energy.*

Highlights

- 1,600 mg of inositol (as myo and D-chiro) per serving
- 100 mg of alpha-lipoic acid per serving
- Gluten-free, dairy-free, and soy-free
- Non-GMO

ND FORMULA'S OVO CALM[†]

Supports healthy insulin function and cellular metabolism.[†]

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Store at room temperature. Keep out of reach of children.



SEN120-PL-3



Ovo Calm[†]

DIETARY SUPPLEMENT | 120 CAPSULES

SUGGESTED USE: Take two capsules two times per day, or as directed by your health care practitioner.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
Inositol (as myo and D-chiro)	1.6 g *
Alpha Lipoic Acid	100 mg *

*Daily Value not established.

Other Ingredients: Cellulose (capsule), microcrystalline cellulose, vegetable stearate, silicon dioxide.

Distributed by: ND Formulas

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