



C Powder Plus



ND FORMULAS

Factors that reduce vitamin C levels

- Stress
- Smoking
- Illness
- Injury
- Birth Control Pills
- Estrogen use during menopause
- Certain medications, such as cortisone and aspirin
- Aging

C Powder Plus is a proprietary blend of vitamin C and three unique bioflavonoids – naturally occurring plant substances found in brightly colored fruits and vegetables. This product is an effervescent, orange-flavored powder and contains no fructose or other unfavorable sweeteners. With a therapeutic amount of vitamin C plus the three powerful bioflavonoids, C Powder Plus simplifies getting optimal doses of these critical nutrients in a delicious-tasting beverage.

All ND Formulas Formulas Meet or Exceed cGMP Quality Standards

Vitamin C, also known as ascorbic acid, is a water-soluble vitamin naturally present in some foods and used by many as a dietary supplement. Vitamin C is an essential vitamin, which means it cannot be made in the body and must be obtained from food or through supplements.

Vitamin C

Vitamin C is a wonder nutrient, and is essential for immunity, bone maintenance, collagen formation (collagen is an essential component of connective tissue), and a broad range of other biological functions.

Bioflavonoids: Quercetin, Hesperidin and Rutin

- *Quercetin is a highly concentrated bioflavonoid found in citrus fruits, red wine, and tea. Sometimes called the ‘king of the flavonoids,’ this powerful antioxidant supports the immune system as well as a healthy inflammatory response.*
- *Hesperidin, another powerful but lesser-known bioflavonoid, can be found in oranges and grapefruits.*
- *Rutin is found in asparagus, citrus fruits, and berries such as cranberries and mulberries.*

Vitamin C and bioflavonoids are found together in nature, because they work synergistically; for instance, oranges are rich in both vitamin C and the bioflavonoid, hesperidin. The inclusion of bioflavonoids in C Powder Plus helps the body properly absorb and use vitamin C, and assists in preventing vitamin C from being destroyed by oxidation.

All three bioflavonoids in C Powder Plus – quercetin, hesperidin and rutin – are noted for their protective, antioxidative and immune-supportive properties as well as their support for a healthy inflammatory response. They are also recognized for supporting heart health and their role in assisting to create a positive microbial balance in the body.

Quercetin, hesperidin, and rutin, especially when paired with vitamin C, work together to protect and preserve the structure of blood capillaries, supporting blood vessel health.

ND FORMULA'S C POWDER PLUS

The potassium bicarbonate was added to this formula as a buffering agent. Quercetin, hesperidin and rutin are natural bioflavonoids found in citrus fruits. Quercetin is also found in red wine and tea.

STORAGE: Store at room temperature.
Keep out of reach of children.



CBF144-PL-10



C Powder Plus

with other natural flavors

NATURAL ORANGE FLAVOR

DIETARY SUPPLEMENT | NET WT. 5 OZ (144 G)

Supplement Facts

Serving Size 4 grams (approx. one scoop)
Servings Per Container 36

Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid, Calcium Ascorbate, Magnesium Ascorbate)	2569 mg 2654%
Calcium	10 mg 1%
Magnesium	10 mg 2%
Potassium	80 mg 2%
Quercetin	20 mg *
Hesperidin (as Citrus Bioflavonoids)	20 mg *
Rutin	10 mg *

*Daily Value not established.

Other Ingredients: Tapioca dextrin, steviol glycosides (from organic *Stevia rebaudiana* leaf), natural flavor, potassium bicarbonate, citric acid, silicon dioxide.

Distributed by: ND Formulas
2308 Bellmore Avenue,
Bellmore, NY 11710
www.ndformulas.com

SUGGESTED USE: Take 4 grams (approx. one scoop) per day, or as directed by your health care practitioner.



***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Distributed by:
ND Formulas
2308 Bellmore Avenue
Bellmore, NY 11710
www.ndformulas.com