



## Quiltlet Assembly Instructions

### **What You Need**

- Sewing machine with presser foot
- 40w or 50w cotton thread  
(white or complementary color)
- Bobbin for your sewing machine
- Iron & ironing surface
- Small scissors
- Sewing ruler or measuring tape
- Straight edge

### **Suggested:**

- Seam ripper
- Water soluble fabric pencil

### **Assembling Your Quiltlet**

For video instructions visit [www.foldandsew.com](http://www.foldandsew.com)

Prepare your sewing machine before you begin.

Quiltlet measurements are based on a 1/8" seam allowance. You can use a larger seam allowance, however your quiltlet length and width will be smaller. The one exception to this rule is the sawtooth half square triangle quiltlets. These quiltlets must be sewn with a 1/8" seam allowance.

Wind your bobbin with 40 or 50w 100% cotton thread. I recommend white or a complementary color.

Load your bobbin and thread your machine.

Set your stitch length to about 1.5mm.

Calibrate your sewing machine to sew a 1/8 inch seam allowance. As stated above you can use any seam allowance you like, with the exception of the sawtooth half square triangle quiltlet, which must have a 1/8 inch seam allowance. Regardless of the measurement of your seam allowance, it is important that your seam allowance remain consistent throughout your quiltlet assembly.

My preferred method is to use washi tape as a seam allowance guide. If you'd like to use the washi tape method a tutorial has been provided for you on [www.foldandsew.com](http://www.foldandsew.com).

Quiltlets have either one seam line color (red) or two seam line colors (red and blue). Begin by sewing the red seam lines first. If your quiltlet has two seam line colors, sew the blue seam lines last.

Locate the red seam line at one end of your quiltlet strip. Fold on the dotted line, iron it, then sew along the fold. Lock your stitch at the beginning and end.

After stitching, iron the seam down. Be sure to open up your seam well as you iron. All of your seams should be ironed the same direction.

Once complete, fold along the next red seam line and iron.

Complete sewing all of the red seam lines as you did with the first.

If your quiltlet has only red seam lines then once your red seam lines are completed your quiltlet is finished and ready to be assembled into your chosen project. You can watch tutorials on how to use your quiltlets under “Other Quilting Tutorials” on our website [www.foldandsew.com](http://www.foldandsew.com).

If your quiltlet has blue seam lines, finish sewing the red seam lines first and then proceed with the following instructions.

Before you begin sewing along the blue seam lines you need to clip the fabric where your red and blue seam lines intersect. This will allow your seams to lay down neatly when your quiltlet is completed. Be sure not to clip the stitches you’ve already completed when clipping the fabric.

Turn your quiltlet over and fold on the blue dotted line. Iron the fold. Be sure your red seams remain facing the same direction as you do so.

Return to your sewing machine and sew a seam along the blue seam line. Lock your stitch at the beginning and end.

Iron your blue seam down, being sure that all of your seams face the same direction. Be sure to fully open your seams.

Finish sewing your blue seam lines and your quiltlet is completed. You can watch tutorials on how to use your quiltlets under “Other Quilting Tutorials” on our website tutorial page.