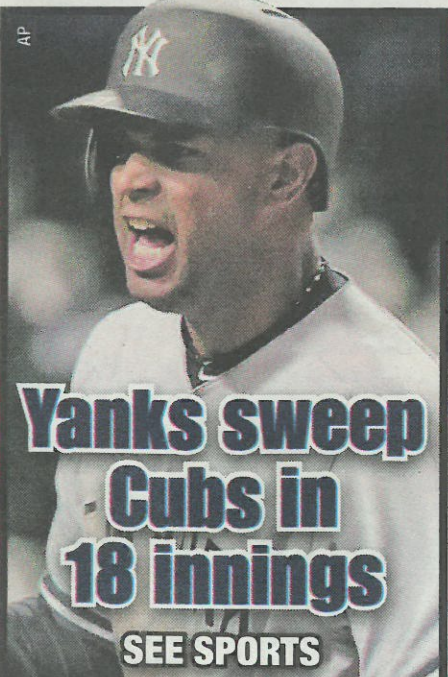




Reuters

France's new leader

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AP

Yanks sweep Cubs in 18 innings

SEE SPORTS



Anthony J. Gauci

KNIGHT OUT

Mets suspend Harvey

The Mets suspended former ace Matt Harvey yesterday for failing to show up at Citi Field Saturday, and the "Dark Knight" doesn't exactly have the support of all his teammates. "As a grown man, you've got a job to do," said Jose Reyes.

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SAKS

A wellness pop-up takes over a floor in New York City's iconic department store

By KIRSTEN FLEMING

VENERABLE Midtown department store Saks Fifth Avenue is clearing the clothing racks and turning its second floor into a pop-up health-and-wellness mecca called the Saks Wellery.

The 16,000-square-foot space, which opens Monday, is like a healthy-living food court, with more than 20 different vendors hawking everything from boutique fitness classes, athleisure gear for men and women, beauty products, exercise equipment, manicures, meditation, and even dry salt rooms.

"We started looking into [how] our customers were living their lives and what they were looking for when they had free time," says Roopal Patel, fashion director at Saks. "It's not just about what you put on the outside of your body that's important, but how you treat the inside."

In other words, after sweating away those extra pounds in a Tracy Anderson class in Saks' wellness space, you can fit into the Rag & Bone jeans it sells three floors up.

Here, your tour of some of the new space's get-fit-feel-good highlights. Tip: Book classes with the Mind-Body app, or through an on-hand fitness concierge.



Stretch it out at Bendable Body; its method claims to help restore damaged connective tissue (\$34 a class).

FIT AVENUE

For tough love, take a class at ConBody (\$30 a class), which is run by ex-convicts.



Marques Jackson

Breathe Salt Rooms' dry salt treatment is said to help the respiratory system (\$35 a session).

Treat your nails to a vegan mani (\$35) at Sundays.



At Women's Athleisure, you can purchase this Alala top, \$75.



Hydrogen-rich water, said to help a variety of ills, can be purchased at HFactor (\$3 a bottle).



Skinney offers a variety of procedures (prices upon request), including laser hair removal and liposuction alternatives like Coolsculpting and Venus Freeze.