

CELEBRITY PAGE



Where
David Beckham
Stays and Plays

6 Must-See
Movies
in 2017

Bella Thorne
LOVES...

Get
Jennifer
Hudson's
Luminous
Look

Awards
Season
Glam

As Seen
On TV!

**Erika
Jayne**

HOW THE
POP/DANCE DIVA
&
BRAVO HOUSEWIVES
STAR REDEFINES
REALITY

Trends & Obsessions

The Buzz

Celebrity Elixirs

These hip sips are what's going down.



Super-Tonic

Tonics are the new juice. They're packed with tonic herbs and medicinal mushrooms, and unlike juice, tonics are low in sugar and support vitality, health, and longevity by incorporating potent Chinese herbs, Ayurvedic elements, and revered medicinal mushrooms. Hollywood's hotspot **Lifehouse Tonics** is frequented by celebs like Amy Adams, Rebel

Wilson, America Ferrera, and Toni Collette. Both **Alicia Keys** and **Kings of Leon**

were spotted drinking Lifehouse Tonics while they were recording in the studio recently. LifehouseTonics.com



Cha-Cha Chia

Need an instant lift? **Mamma Chia** offers the highest quality, nutrient-rich, organic foods and beverages powered by Chia to provide vitality, energy and strength. Chia seeds are one of the most nutrient-rich foods on the planet. They are full of Omega-3s, which are essential for brain and heart health. **Demi Lovato** has tweeted about her love of Mamma Chia in the past and **Robin Wright's** *House of Cards* trailer is always stocked with it. MammaChia.com



Splash Down

Sipped by such celebrities as **Blake Lively**, **Ryan Reynolds** and **Zac Efron**, this is the water to tote around with you in 2017. **HFACTOR** infuses hydrogen into water for super hydration and recovery. It has been documented through hundreds of studies that molecular hydrogen may have the potential to improve athletic performance and recovery, energy levels, jet lag, hangovers, allergies, skin irritation, inflammation and circulation, among many other researched benefits. HFactorWater.com