



Treat yourself to *chocolate!*

As we approach Valentine's Day, many of us will be spoiling ourselves or our loved ones with chocolate-covered strawberries or an assortment of truffles. *Most know that chocolate is good for the soul, but did you know it's just as beneficial for the skin?*

At GlyMed Plus, we use two ingredients derived from the cocoa bean:

Theobroma Cacao Seed Butter

- *Contains over 25,000 antioxidants*
- Highly moisturizing

Theobroma Cacao Seed Powder Extract

- Moisturizing qualities
- Rich in antioxidants
- Contains vitamins and minerals such as calcium, potassium, magnesium, zinc, copper, and iron.

Theobroma Cacao or cocoa is rich in vitamins E and B and is abundant with fats and moisturizing lipids that help plump and firm the skin. **Cocoa also contains a large number of antioxidants which aid in protecting our cells from damage, such as the breaking down of collagen caused by harmful molecules known as free radicals.**

When it comes to pampering your skin with cocoa, our *Chocolate Power Skin Rescue Masque* and *Chocolate Power Skin Rescue Peel* are sure to satisfy any chocolate craving you might have!

Not only is the Chocolate Power Skin Rescue Masque rich with cocoa, but it's also combined with other amazing ingredients such as Acai, Resveratrol, Jojoba, and Papain. These ingredients offer refining, anti-aging, and restorative benefits to the skin. *This masque is a wonderful addition not only to the treatment room but to your client's home care regimen as well!*

Benefits of the Chocolate Power Skin Rescue Masque:

- Increases Firmness and Elasticity
- Plumps
- Reduces Pigmentation
- Contains antioxidants that fight free radicals
- Anti-inflammatory properties
- Protects against environmental damage

Another favourite in the GlyMed Plus box of chocolates is our Chocolate Power Skin Rescue Peel. This is a time-dependent peel that is safe for all Fitzpatricks! Not only does this peel have the benefits of Cocoa, Acai, Resveratrol, and Papain, it also utilizes other key ingredients such as Lactic Acid, Aloe Vera, and Chromabright.

Benefits of the Chocolate Power Skin Rescue Peel:

- Anti-aging (promotes collagen synthesis)
- Lifts & Firms
- Plumps
- Contains antioxidants that fight free radicals
- Fights against photoaging
- Improves hydration
- Reduces pigmentation
- Brighten and tightens

Whether you indulge in Theobroma Cacao yourself, or pamper a loved one, your skin is sure to fall in love!

Written by Addison Kesler

If you have any questions and would like to speak to one of our friendly Master Aestheticians in your area, please email support@glymedplusaustralia.com.au