



HOW TO PACK FOR YOUR ISLAND VACATION



WHAT TO TAKE.....

- Passport
- 2 swimsuits
- 2 cotton sarongs
- 3 lightweight dresses (natural fabrics)
- 3 lightweight tunic tops (natural fabrics)
- 2 cotton or linen pants
- 2 shorts (cotton denim or linen)
- 2 t-shirts or fine cotton tops
- 1 pair plain flip flops & 1 sparkly flip flops
- 1 pair hiking shoes & 1 water shoes
- Toiletries
- Credit card or debit card to access money
- Sunscreen, bug spray & lip balm
- Light cardigan for evenings & plane
- Wind breaker for boat trip
- Hat (prefer adjustable strap)
- Scrunchies & headbands
- Sunglasses
- Day bag or beach bag
- Phone, chargers & waterproof case
- Audiobooks or Kindle
- Pack some essentials in carry-on in case of late arriving luggage

NOTES...



HOW TO PACK FOR YOUR ISLAND VACATION



WHAT **NOT** TO TAKE.....

- Towels (hotel & cruiselines supply them)
- Jeans (they are too hot to wear)
- All synthetic fabrics (too hot during day)
- Includes rayon
- Includes polyester
- includes nylon
- Moisturiser (humidity)
- High heels (islands are very casual)
- Hair dryers (hotel & cruise lines supply)
- Expensive jewelry (security)
- Only take minimal make-up (humidity)
- Heavy books
- Wads of cash (security)

OTHER TIPS.....

- Take out travel insurance
- Take photocopies of all documents
- Leave set of copies at home also
- Take emergency phone numbers
- Ziplock bags come in handy
- Seasickness tablets if planning boat trip
- Aftersun aloe vera gel (sunburn ouch)
- Leave-In conditioner is handy

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