



Step By Step Guide for Stellar Gel Products

Gel Polish Application

1. **Sanitize Hands:**
 - Start by having your client sanitize their hands.
2. **Nail Analysis:**
 - For new clients, perform a nail analysis to determine their preferences and ensure all nails are healthy.
 - For returning clients, discuss the desired length, shape, and any other preferences.
3. **Remove Color and Debulk:**
 - For returning clients, remove existing color and debulk the product. Check for healthy nails and ensure no lifting.
 - For new clients, shape and gently buff the nails to remove natural shine.
4. **Cuticle Work:**
 - Gently push back the cuticles using a cuticle pusher and remove dead skin from the nail plate. Be careful not to nip the live tissue (eponychium).
5. **Cleanse Nails:**
 - Cleanse the nails with acetone to dehydrate the nail plate and remove natural oils and debris. Advise your client to avoid touching their hair or face after dehydration to prevent lifting or greenies.
6. **Apply Base Coat:**
 - Apply an even layer of Stellar base coat or HEMA-FREE Bond Base, ensuring no product touches the skin. Cap the free edge on all layers. Cure in LOW HEAT MODE for 90-99 seconds. If the client experiences heat spikes, have them remove their hand from the lamp until it cools, then resume curing.
7. **Apply Color:**
 - Apply the first coat of the chosen color, ensuring no product touches the skin, and cure for 60 seconds.
 - Apply the second coat of color and cure for another 60 seconds.
8. **Apply Topcoat:**
 - Apply Stellar Shine topcoat and cure for 60 seconds.
9. **Finish:**
 - File for crisp edges and dust off.
 - Apply cuticle oil and rub into the skin for a moisturized look.

10. **Picture Time:**

- Find the best pose for each client to showcase your work.

Gel Polish Removal

1. **Sanitize Hands:**

- Start by sanitizing your client's hands.

2. **Remove Color:**

- Use a 120/180 file to remove color. If E-file trained, use the removal bit but avoid filing down to the natural nail plate.

3. **Remove Base:**

- Use a 120/180 file to gently remove the base or soak off the base with acetone-soaked cotton balls wrapped in tinfoil. Let sit for 15-20 minutes.

4. **Clean Nails:**

- Use a cuticle pusher to gently scrape off the softened product. If it doesn't come off easily, re-soak and try again.
- Buff the nails to remove any remaining bits and smooth the nail.

5. **Nourish:**

- Apply cuticle oil and rub into the entire nail to nourish.

Structure Gel Application

1. **Sanitize Hands:**

- Start by sanitizing your client's hands.

2. **Nail Analysis:**

- For new clients, perform a nail analysis and gently buff nails to remove shine.
- For returning clients, remove color and debulk the product.

3. **Shape Nails:**

- Take down length if required and shape the nails as desired.

4. **Cuticle Work:**

- Push back the cuticles and remove dead tissue from the nail plate. Use nippers to cut away any remaining dead tissue.

5. **Cleanse Nails:**

- Thoroughly cleanse the nails with acetone.

6. **Apply Base Coat (required for Clear and White Structure Gel only, colored Structure Gel is optional):**

- Apply a layer of Stellar Base or HEMA-FREE Bond Base, capping the free edge and ensuring no product touches the cuticle area or skin. Cure in LOW HEAT MODE for 90-99 seconds.

7. **Apply Structure Gel:**

- Apply a thin slip layer (do not cure) and add a bead of structure gel to the nail plate, maneuvering it to the free edge and focusing on the apex area.
- Turn the hand upside down to allow the product to move into the proper apex area. Flash cure for 5-7 seconds, then perform a full cure.

8. **Refine Nails:**

- Use a 120/180 file to gently refine the nails, ensuring a perfect C curve. Wipe with acetone to remove dust.
- 9. **Apply Color:**
 - Apply the first coat of color and cure for 60 seconds.
 - Apply the second coat of color and cure for another 60 seconds.
- 10. **Apply Topcoat:**
 - Apply topcoat and cure for 60 seconds.
- 11. **Finish:**
 - File for crisp edges and dust off.
 - Apply cuticle oil, avoiding the nail, and rub into the skin.
- 12. **Picture Time:**
 - Capture photos of the finished nails.

Structure Gel Removal

1. **Sanitize Hands:**
 - Start by sanitizing your client's hands.
2. **Remove Color:**
 - Use a 120/180 file to remove color. If E-file trained, use the removal bit to remove color and debulk the product.
3. **Remove Base:**
 - Use a 120/180 file to gently remove the base or soak off the base with acetone-soaked cotton balls wrapped in tinfoil. Let sit for 15-20 minutes.
4. **Clean Nails:**
 - Use a cuticle pusher to gently scrape off the softened product. If it doesn't come off easily, re-soak and try again.
 - Buff the nails to remove any remaining bits and smooth the nail.
5. **Nourish:**
 - Apply cuticle oil and rub into the entire nail to nourish.

Hard Gel Application

- Follow the steps for structure gel application, but note that Stellar Base or HEMA-FREE Bond Base MUST be used before applying any hard gel.