

The T List: Five Things We Recommend This Week

Shiona Turini's beauty secrets, a boutique hotel in Oaxaca — and more.



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Welcome to the T List, a newsletter from the editors of T Magazine. Each week, we're sharing things we're eating, wearing, listening to or coveting now. [Sign up here](#) to find us in your inbox every Wednesday. And you can always reach us at tlist@nytimes.com.

TRY THIS

Wonder Valley's Olive Stone and Lotus Seed Exfoliant



Wonder Valley's face oil (left) and exfoliant (right). Jay Carroll/Wonder Valley

By Kurt Soller

I first fell for Wonder Valley in the kitchen, where I like to use the company's peppery green extra-virgin olive oil for roasting root vegetables and dressing salads. The brand's olives come from Lake County, Calif., where they're milled on the younger side, which gives the oil a brighter taste, a longer shelf life and more antioxidants, according to its founders, Jay and Alison Carroll, the latter of whom spent years working for the California Olive Oil Council, where, she says, she became "enamored with the history, the mythology and the endless benefits of this age-old product." After the couple's first harvest in 2014, she began to experiment with the oil as a facial moisturizer, which eventually evolved into a beauty line, and now Wonder Valley has become a staple in my bathroom, too, where I use the milky [cleanser](#) to wash my face and the hinoki-scented [body oil](#) after every shower (both contain olive oil, of course, alongside other botanicals). Recently, the company released a [powder exfoliant](#) that's meant to be mixed with the cleanser: Packaged inside a clever togarashi-inspired canister, it's made from olive stone, lotus seed, green tea, lemon peel, bamboo and rice, and feels nice and rough as it sloughs away dry winter skin. "It's the ubiquity of olive oil that I love so much," says Alison, "from its use in folklore remedies to its exalted role in anointing Olympians or as an anti-aging solution for queens and pharaohs." \$58, welcometowondervalley.com.