

August 3, 2023

The T List

STEP BY STEP

The Restaurateur Ellia Park's Beauty Regimen



Left: Ellia Park co-owns a set of Korean restaurants in New York City including Atomix, which serves a tasting menu in NoMad, and Naro, which opened at Rockefeller Center in 2022. Right, clockwise from top left: Genaissance de la Mer The Infused Lotion, \$330, [cremedelamer.com](https://www.cremedelamer.com); La Prairie Skin Caviar Luxe Eye Cream, \$435, [laprairie.com](https://www.laprairie.com); Armani Beauty Luminous Silk Foundation, \$69, [giorgioarmanibeauty-usa.com](https://www.giorgioarmanibeauty-usa.com); Tom Ford Tobacco Vanille Eau de Parfum, \$295 for 1.7 oz., [neimanmarcus.com](https://www.neimanmarcus.com); Superegg Gentle Elements Cleansing Foam, \$34, [superegg.nyc](https://www.superegg.nyc); Dior Addict Lip Sugar Scrub, \$40, [dior.com](https://www.dior.com); Clé de Peau Beauté Synactif Soap, \$110, [cledepeautebeaute.com](https://www.cledepeautebeaute.com). Left:

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My grandmother and mother have great skin, so I have good genes, but eating healthy is important for my skin, too. I haven't had instant ramen in 10 years and don't drink soda. When I wake up, I wash my face. I'm really into certain aromas and when I found this [Clé de Peau soap](#) for the face, I loved it. It's so velvety and gentle. I rotate that with the [Superegg Gentle Elements Cleansing Foam](#), and I tone with the [La Mer Cleansing Micellar Water](#) and [Infused Lotion](#). I know sun cream is important, but I feel that it's sometimes too oily, so I try to mix it with other products. I combine [SK-II's Atmosphere CC Cream SPF 50](#) with the [La Mer Hydrating Illuminator](#). In the shower, I use [Aesop Geranium Leaf Body Cleanser](#). My husband and I have been using it for at least four years now. For my hair, I use [Olaplex No. 4 Bond Maintenance Shampoo](#) and [No. 5 Bond Maintenance Conditioner](#).

Because I'm meeting with guests all the time at the restaurant, I wear makeup most days, but I stay more neutral. I change my foundation depending on my skin's condition and the weather. If my skin is oily, I use [Armani's Luminous Silk Foundation](#), and when I need more moisture, I'll use [La Prairie Skin Caviar Concealer Foundation](#). I cover the skin and contour with a [Beautyblender](#) and line my eyes with [Stila Stay All Day Waterproof Liquid Eye Liner](#). I use the [Dior Lip Sugar Scrub](#) once in a while and the [Dior Addict Lip Maximizer](#). I've been using the same [Helena Rubinstein mascara](#) for about 10 years, but it's not sold in the United States. When I go to Korea or when I'm in other countries, I'll pick up a few. [Olive Young](#) is a drugstore in Korea that has really affordable, good products. When I go there, I buy all of their paper sheet mask packs.

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I'm standing all day at the restaurant, so circulation is important — I try to get a massage once a week. In New York, I like the La Mer spa at the Peninsula Hotel and the recovery spa at [S10](#), where I work out, in the West Village.

At night, I wash off my makeup with the [SK-II Facial Treatment Cleansing Oil](#) and follow the same routine as in the morning. I help my skin recover from dryness by using the [La Prairie Skin Caviar Luxe Eye Cream](#) and [Pure Gold Radiance Nocturnal Balm](#) or the original [Crème de la Mer](#). I don't wear perfume on the job, but when I travel or on my days off, I love [Celine La Peau Nue](#) and [Tom Ford Tobacco Vanille](#).