WHERE YOU ARE NOW AND WHERE YOU'RE GOING

Rate each area of your life currently and analyze why you chose that number. What daily steps can you take to move your ratings closer to a 10 (if not already there)?

HEALTH	PERSONAL DEVELOPMENT
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
Positive and negative aspects:Daily actions to improve:	Positive and negative aspects:Daily actions to improve:
RELATIONSHIPS	FINANCES
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
 Positive and negative aspects: Daily actions to improve: 	Positive and negative aspects:Daily actions to improve:
CAREER	НОМЕ
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
Positive and negative aspects:Daily actions to improve:	Positive and negative aspects:Daily actions to improve:
• Daily actions to improve:	• Daily actions to improve: