

## **HEALTHY HABITS**

Week of:								Week of:								
healthy habits:	m	t	W	t	f	S	S	health	y habits:	m	t	W	t	f	S	S
Week of:							Week of:									
healthy habits:	m	t	W	t	f	S	S	health	y habits:	m	t	W	t	f	S	S
Week of:								Wee	k of:							
Week of: healthy habits:									k of: y habits:			W	t	f	S	S
													t	f	S	S
													t	f	S	S
													t	f	S	S
													t	f	S	S
	m	t	W	t	f	S	S	health		m	t	W			S	S
healthy habits:	m	t	W	t	f	S	S	health	y habits:	m	t	W			S	S
healthy habits:  Week of:	m	t	W	t	f	S	S	health	y habits:	m	t	W				
healthy habits:  Week of:	m	t	W	t	f	S	S	health	y habits:	m	t	W				
healthy habits:  Week of:	m	t	W	t	f	S	S	health	y habits:	m	t	W				