



CREATIVE WRITING PROMPTS

Having writer's block? Try these out!

- Think about your previous day; write down what you saw, what you did, what you heard.
- Describe what happiness means to you.
- Write about the best thing that happened to you today, big or small!
- If you could give your past self advice, what would you say?
- If someone asked you to describe something you're really proud of, what would you say?
- What was the last song you really enjoyed listening to? Why did you enjoy it? How did it make you feel?
- Try really hard to think of the last dream you had - write down every detail that you can, then try to write it out exactly how it happened.
- Fill in the blanks with words that encourage and inspire you: 'Be _____, don't ever forget your _____, and shed _____ any _____' this is your new mantra! (i.e: 'Be courageous, don't ever forget your strength, and shed any self-doubt'). Why does this mantra speak to you?
- Imagine someone you would like to trade places with for one whole day. Why did you choose this person? What would you do? Describe if/how being that person for a day would make you feel differently (thoughts, actions, confidence, etc.)
- If you could re-live one day of your life, what day would it be and why?
- Sometimes the things we remember are surprising - little details that seemed insignificant but they stick with us. What is something you remember from a long time ago? Why do you think you remember that detail so well? What were the circumstances surrounding that moment?
- If you could have any job, what would it be and why? Is it the job you dreamed of having as a child or something different?
- If you had to pick, what would your spirit animal be and why? Would you have just one or maybe multiple?
- How has your view of life changed from when you were younger? Are there certain factors that contributed to this change in your perspective?
- If you could live anywhere in the world, where would it be? What would your house be like? Describe your life there in vivid detail.
- If you were writing an autobiography, how would it start out? Write out the first paragraph.
- Think of the five people that have had the greatest influence on your life. Write down why you are thankful for each of these people.
- If you could talk to an animal, what animal would it be? A pet of yours, an animal out in the wild? Write how you think the conversation might go.
- What are three things that bring you true joy? Describe them and how they make you feel. How can you incorporate more of these things into your daily life?
- If you could have any super power, what would it be? Why is that your choice? How would it benefit you?
- Close your eyes and imagine yourself escaping away (anywhere) from all of your responsibilities for a day. Where would you go? Who & what would you bring with you? Describe how you would like the day to go in detail.
- If you could be an object, any object, what would it be? Why did you choose this object? Does it have a significance to you? What experiences do you think you'd have as this object? What would your day in the "life" of this object be?
- Think about something you wish for yourself, any goals you want to accomplish, any changes you want to make in your life, and write it down. Write out ways you think you could make those wishes a reality.
- Go into your camera roll, scroll until you find a photo of a happy memory. Write out exactly what was going on that day: what you and/or those people were doing, any emotions you were feeling, and why it was so special.