

Your Garden To Table Seed Company

I. Seeds to plant in spring or fall that will yield crops before school lets out in June For climate zones with mild winters and long summers - USDA zones 7, 8, 9

Vegetables

Bush Beans Beets, all (spring and fall) Broccoli and Broccoli Raab (spring and fall) Cabbage (spring and fall) Carrots, all (spring and fall) Chard, all (spring and fall) Cucumbers – start plants in greenhouse or direct sow in areas where nights stay above 50 by mid-March Greens, all (spring and fall) Kale (spring and fall) Lettuce, all (spring and fall) Onions, scallions, all ((spring and fall) Pak Choi (spring and fall) Peas, all (spring and fall) Pumpkins, but only if there is someone who can water over the summer, these could be planted in spring and harvested in fall Radishes, all (spring and fall) Spinach, all (spring and fall) Squashes, all except Delicata/Butternut - start plants in greenhouse or direct sow in areas where nights stay above 50 by mid-March

Herbs

Arugula, all (spring and fall) Basil, all (spring) Borage (spring and fall) Cat Treats (spring and fall) Chervil (spring and fall) Chives (spring) Cilantro (spring and fall) Dill (spring and fall) Parsley, all (spring and fall)

Flowers

Agrostemma (spring and fall) Alyssum (spring) Bishops Lace (spring and fall) Calendula (spring and fall) Cerinthe (spring and fall) Clarkia (spring and fall) Cornflower (spring and fall) Cornflower (spring and fall) Cosmos, all - start plants in greenhouse or direct sow where nights stay above 50 by mid-March Forgetmenots (spring and fall) Hyacinth Bean Vine - start plants in greenhouse or direct sow in areas where nights stay above 50 by mid-March Larkspur, all (spring and fall) Marigold - start plants in greenhouse or direct sow where nights stay above 50 by mid-March Nasturtiums, dwarf, all (spring) Nigella, all (spring and fall) Phlox (spring)

II. Seed varieties for Spring Planting Only in School Gardens that will yield crops before school lets out in June in Cold Winter Areas USDA Zones 4, 5 and 6

In our area and similar areas (zone 4 for frost date) we have been successful with **radishes**, **mustards**, **lettuce and spinach for mesclun (not full size)**. Most of those are 30 or so days to maturity and if put in the soil in early May, the soil is warm enough for good germination. They might have to cover the lettuce if a heavy frost is predicted after the seedling get some germinate.

Beets and chard might work for beet greens, but the soil has to be a slight bit warmer than the greens and mustards. Some schools with greenhouses can start the lettuce, spinach, mustards, chard and beets and transplant them out when the soil is a little warmer in mid to late May and still get a nice crop before school ends in late June.

Peas are tricky. They can be planted in mid April here, but if the soil stay cools they may not produce mature peas until late June. In zone 5 where the ground may warm up quicker and seeds can be planted in early April they may mature fully.

The only flowers and herbs we have much before June are ones that over winter or reseed themselves, so they would have to be fall seeded. If schools had a greenhouse they could probably plant many herbs in pots for late spring harvest of the plant leaves at a young stage. If they started early enough they might have **Johnny Jump Ups** for garnishes, but that means heating a greenhouse for a longer time.