

Feeling thirsty? Check out this refreshing and hydrating drink that will be loved by everyone in the family. Extremely satisfying on a hot summer's day!



SERVES

2



INGREDIENTS

2 cups watermelon, chopped
1 lemon, juiced
1 ounce Haskap juice
2 tbsp honey (add more for a sweeter lemonade or less for a more tart lemonade)
Mint, garnish



INSTRUCTIONS

1. Add chopped watermelon, Haskap, honey and lemon juice to a blender.
 2. Once well blended, strain ingredients with a strainer to strain out watermelon chunks if you want a smooth drink, or leave if you like some pulp. Set juice aside and chill if you wish.
 3. Fill glasses with ice, pour juice over the ice, garnish with mint and enjoy!
- Perfect summer cool-down drink filled with electrolytes and antioxidants.