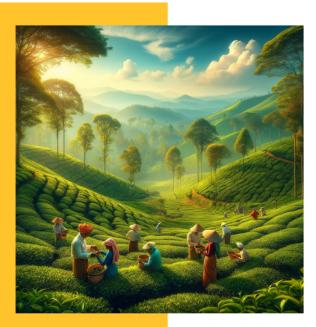
#### **About Us**

In the lush heartlands of India, where the air is redolent with the fragrance of tea gardens in full bloom, the inception of Indian Royal Brew unfolded.

### What We Do

We view tea as more than a beverage; it's a journey. This journey begins in the lush fields where our tea is lovingly grown and culminates in the warm cups of our international customers. We aim to transform this journey into a narrative of discovery, indulgence, and connection, one cup at a time, worldwide.





### **Get In Touch**

We'd love to hear from you! For any inquiries, feedback, or to share your tea experiences, please reach out to us at



0800-472-739



Website

www.indianroyalbrew.shop

## **INDIAN ROYAL BREW Tranquil Nights**



https://www.indianroyalbrew.shop

### **Tranquil Nights**

A soothing herbal tea blend specifically formulated to combat insomnia and promote restful sleep. With an equal balance of Chamomile and Lemongrass, it offers a calming, gentle effect, perfect for unwinding at the end of the day.

Ingredients and Flavors: This blend features Chamomile and Lemongrass. Chamomile is renowned for its mild sedative properties, making it a popular choice for sleep support, while Lemongrass adds a refreshing, citrusy note, complementing Chamomile's soft, floral taste. Together, they create a harmonious and soothing cup of tea.

# Lemongrass aids digestion, soothing the stomach before bedtime



### **Health Benefits**

- Promotes Restful Sleep: Chamomile's natural sedative qualities encourage deeper, more restful sleep
- O2 Stress and Anxiety Reduction: Both Chamomile and Lemongrass are effective in reducing stress and anxiety
- O3 Calming Nervous System: Chamomile has properties that calm the nervous system, aiding relaxation
- **O4** Immune System Support: Lemongrass boosts immunity with its antioxidant properties
- **O5** Anti-Inflammatory Benefits: Chamomile's anti-inflammatory effects contribute to overall well-being



**Holistic Wellness for Night**: The blend is designed for overall nighttime wellness, contributing to both physical and mental relaxation for a peaceful night

**Soothing Aroma for Sleep Ritual**: The soothing aroma of Chamomile and Lemongrass creates a perfect bedtime ritual, enhancing the tea's sleep-inducing effects

