

About Us

In the lush heartlands of India, where the air is redolent with the fragrance of tea gardens in full bloom, the inception of Indian Royal Brew unfolded.

What We Do

We view tea as more than a beverage; it's a journey. This journey begins in the lush fields where our tea is lovingly grown and culminates in the warm cups of our international customers. We aim to transform this journey into a narrative of discovery, indulgence, and connection, one cup at a time, worldwide.



Get In Touch

We'd love to hear from you! For any inquiries, feedback, or to share your tea experiences, please reach out to us at



Phone

0800-472-739



Website

www.indianroyalbrew.shop

INDIAN ROYAL BREW

Insuhealth Blen Tea



<https://www.indianroyalbrew.shop>

Insuhealth Blen

A specialized diabetes tea masterfully blended to support blood sugar regulation. This tea combines Green Tea with a selection of herbs traditionally known for their benefits in managing diabetes-related issues.

Ingredients and Flavors: This blend is anchored by Green Tea, known for its healthful properties, and enriched with Gymnema Sylvestre, Methi (Fenugreek), and Jamun Seed, all recognized for their potential to support blood sugar control. Cumin Seed and Cinnamon add a warm, spicy flavour, while Licorice, Giloy, and Ginger contribute sweet and earthy notes.

Cumin and Ginger aid in digestion, beneficial for metabolic health



Health Benefits

- 01 Blood Sugar Regulation:** Gymnema Sylvestre and Fenugreek assist in managing blood sugar levels effectively
- 02 Antioxidant Properties:** Green Tea provides antioxidants, supporting overall cellular health and wellness
- 03 Anti-inflammatory:** Turmeric and Ginger reduce inflammation, helping to manage diabetes-related complications
- 04 Cardiovascular Support:** Ingredients like Cinnamon and Flaxseed promote heart health, which is important for diabetic individuals
- 05 Stress Reduction:** Ashwagandha in the blend helps lower stress levels, indirectly benefiting blood sugar control



Comprehensive Diabetic Care: The tea offers a holistic approach to managing diabetes, combining herbs known for their efficacy in blood sugar regulation and diabetic care

Supports Pancreatic Health: Gymnema Sylvestre and other ingredients potentially benefit pancreatic function, crucial in diabetes management

