

About Us

In the lush heartlands of India, where the air is redolent with the fragrance of tea gardens in full bloom, the inception of Indian Royal Brew unfolded.

What We Do

We view tea as more than a beverage; it's a journey. This journey begins in the lush fields where our tea is lovingly grown and culminates in the warm cups of our international customers. We aim to transform this journey into a narrative of discovery, indulgence, and connection, one cup at a time, worldwide.



Get In Touch

We'd love to hear from you! For any inquiries, feedback, or to share your tea experiences, please reach out to us at



Phone

0800-472-739



Website

www.indianroyalbrew.shop

INDIAN ROYAL BREW Ashwagandha Relax Tisane



<https://www.indianroyalbrew.shop>

Ashwagandha Relax Tisane

A soothing herbal blend designed to reduce stress and promote relaxation. It combines the adaptogenic qualities of Ashwagandha with calming herbs like Hibiscus, Valerian Root, and Lavender.

Ingredients and Flavors: This tisane features Ashwagandha, Hibiscus, Lavender, Rooibos, Rosemary, Lemongrass, Valerian Root, Rose, Licorice, and Jasmine. Each ingredient contributes to the tea's relaxing properties, with flavours ranging from Ashwagandha's earthy depth to Jasmine and Rose's floral sweetness.

The blend's ingredients collectively strengthen the body's immune response



Health Benefits

- 01 Stress Reduction:** Ashwagandha and Valerian Root effectively relieve stress and promote mental calmness
- 02 Aids Sleep:** Valerian Root and Lavender encourage better sleep, enhancing overall sleep quality
- 03 Rich in Antioxidants:** Hibiscus and Rooibos contribute potent antioxidants for improved health
- 04 Calming Properties:** Lavender and Jasmine soothe the mind, offering a tranquil experience
- 05 Digestive Health:** Licorice and Lemongrass support digestion and soothe the stomach



Holistic Wellness Enhancement: A blend that provides comprehensive relaxation, benefiting both mind and body for overall wellness

Adaptogenic Benefits for Stress Resilience: Ashwagandha enhances adaptogenic balance, building resilience against stress and environmental factors

