

One Kalakaua Senior Living Association Weekly News

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April 28, 2024

RESIDENT RELATIONS COMMITTEE MEETING NOTICE & AGENDA

The Resident Relations Committee Meeting for One Kalakaua Senior Living will be held on:

DATE: Monday, April 29, 2024
TIME: 10:00 a.m.
PLACE: Game Room
Owners may attend in person

AGENDA

1. Review of Board Policy on Committees
2. Review Committee Organization Chart
3. Briefings on the committee's area of responsibilities:
 - a. Food Committee
 - b. Library Committee
 - c. Leisure Committee (Fitness, Arts & Crafts, Community Events and Outings)
 - d. Hospitality Committee
4. Committee Charter Discussion



APRIL BIRTHDAY CELEBRATION TUESDAY, APRIL 30 AT 1:00 PM -MPR

Please help us to celebrate our neighbors. All residents are welcome to join in and enjoy a piece of cake.

- Mitsuko Nonaka
- Florence Nakama
- Barbara Hiraga
- Richard Lum
- Mollie Lee
- Thomas Akamu
- Hing Chang



May Day Pau Hana
Friday, May 10 at 3:00 pm in the MPR

**Join us for a taste of Hawaiian food
and entertainment.**

Sign-up by: Wednesday, May 1



LIVE ENTERTAINMENT WITH EMILY LEE STANFORD, PIANIST
SATURDAY, MAY 4 AT 9:00 AM IN THE LOBBY



Emily is a pianist, teacher, and accompanist, and has been teaching piano since 1998. She first received her Bachelor's degree in Management Information Systems and previously worked as a programmer at Matson Navigation company while teaching piano part-time. Following her passion, she received a Bachelor of Arts degree in music specializing in piano and a Master's degree in Piano Performance.



Air Freshener Craft

FRIDAY, MAY 3 AT 2:30 PM IN THE MPR

SIGN UP BY: TUESDAY, APRIL 30

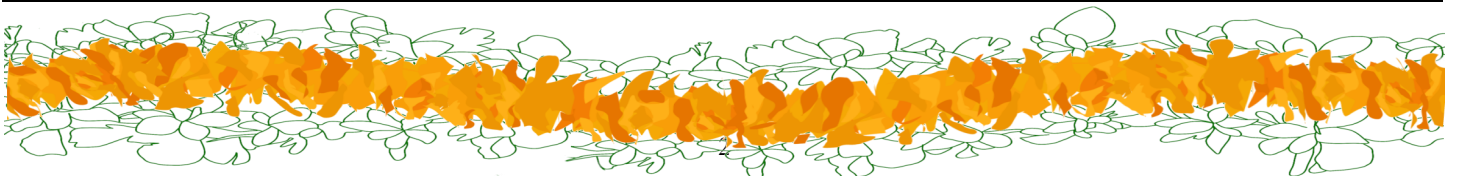
Make your own scented air freshener to freshen up your home.



GUEST SPEAKER HAWAII SHIP - MEDICARE VS. MEDICAID

Monday, APRIL 29 at 3:00 PM in The MPR

**Please join us as Hawaii SHIP explains the differences between
Medicare and Medicaid.**



RESIDENT SUGGESTION

Suggestion: I suggest we have an annual OneK Open House. Grandchildren & families could observe their kupuna exercising/participating in activities. Brokers could bring prospective buyers and fellow Realtors. Units for sale could be held open. The lobby would be the central station with an information booth manned by the Volunteer Brigade and videos/commercials shown on the TV screen. A printed program, brochures and OneK calendar would be available. We could have a display of our crafts. The Volunteer Brigade could also conduct tours. Light refreshments would be served. Entertainment by our talented residents and staff.

The date of the event would be crucial. Friday of the Thanksgiving weekend is a possibility. Children would be able to attend.

It would involve a lot of planning – scheduling of classes/activities to be held outside their normal times, etc. We could publish a schedule so visitors know when events will take place. This event would be something the community could look forward to every year. It would promote OneK, make residents/staff proud, and bring residents/staff/community together.

Team Response: That sounds like a great fun and definitely would take a lot of planning. Let's do this as two separate events; one event for families with the kids, and a separate event for our friends, realtors, and potential buyers and renters.

We will work to find a family open house day this summer on a day most kids are off. We will open the pool, host a movie and have a special lunch.

For our friends, realtor and potential buyers and renters day, lets shoot for a special day every 6 months where we can open activities for outsiders to participate in classes, enjoy the dining and see units. Let's shoot for August and February for this event as this corresponds to months when the real estate market picks up and in general when buyers are looking. We will keep everyone in the loop as planning progresses. If anyone is interested in taking a leadership role in these events, please let us know as we will greatly appreciate the help. Mahalo!

RESIDENT ACTIVITIES



Residents enjoying the comfy chairs and décor at the Old Spaghetti Factory.



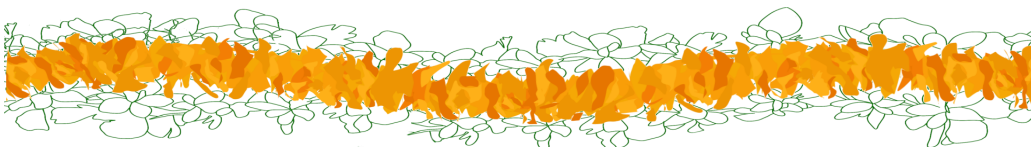
The Mita's trying their luck at our roulette wheel at the Casino Royale Pau Hana.



Bettie & Barbara enjoying the hand-made mocktails at the Casino Royale PH.



Jazzy piano playing from John Freitas at our Casino Royale Pau Hana.



RESIDENT SUGGESTION

Suggestion: Some residents have inquired about smart power strips. Most are UL-certified as it should be. Beware the really cheap ones that may not have an internal circuit breaker (to prevent fires). Also, it should be plugged in directly to the socket, not into an extension cord or another strip. Also, don't use in wet areas.

Team Response: Not all smart power strips are the same. When shopping for one, here are some suggestions:-

1. Timer-equipped power strips - you can set the timer to turn off/on your devices.
2. Occupancy sensing power strips - This detects movement in a room and manages devices accordingly.
3. Current sensing power strips - When a device switches off or goes into sleep mode, it will cut off power to that device automatically.

For more information, please go online and check out Hawaii Energy Marketplace for more details - <https://hawaiienergymarketplace.com/>



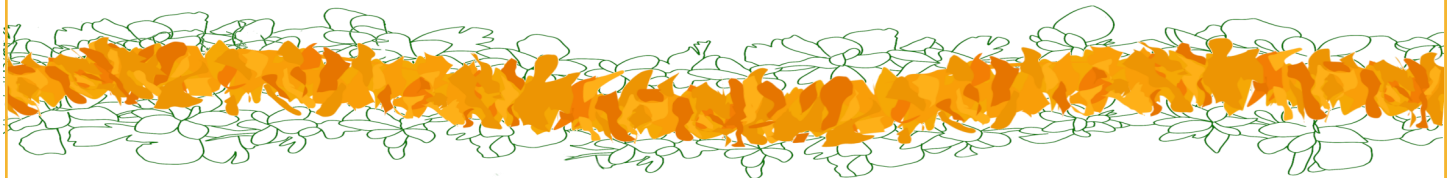
Small Electronics

Guess watt?! Your electronics continue to use power even when they are turned off! These small electronics will eliminate wasted energy from electronics when they are not in use, saving you money and energy.

ENERGY SAVINGS PROJECTS

As we work to reduce energy consumption three projects have recently been completed:

- Conversion of the 2nd floor lighting to LED lights
- Conversion of three of the B2 air conditioning thermostats to digital gauges
- Walk-In Refrigerator and Freezer Improvements: Door replacement and insulation replacement



FOOD & BEVERAGE NEWS

MORNING COFFEE/TEA SERVICE

Coffee (regular and decaffeinated) and tea are available each day from 7:00 a.m. to 9:00 a.m.

Coffee pots or thermoses are not allowed.

Residents may bring their own coffee mug or insulated coffee cups (up to 16oz size) to use for their morning coffee or tea. If you do bring your own cup, please make sure it is not glass and it has a sealed lid to prevent spills and burns. Disposable cups with lids will still be available if you prefer.



DINE -IN LEFTOVER CONTAINERS

1. Take-out containers are available for your leftover food items from the Dining Room for a nominal fee (see your Resident Handbook & House Rules, Section 7, Food Service Rates).
2. Complimentary foil or plastic wrap is available for non-liquid items such as: papayas, battered cod, rice, etc. However, all other items will require a take-out container as described in item 1. above.
3. You will now be able to bring in your own take-out containers to pack your leftovers from dining in. Please be sure that you use a clean container for packing your food items. The wait staff will provide you with a date label. Please note that if you require assistance from the wait staff to pack your leftovers, you will need to purchase the take-out containers as stated in #1 above.



FOOD & BEVERAGE SURVEY

We will be making some upcoming changes with regards to your food menu. Please feel free to give us your input on your popular and must have dish(es) you would like us to consider providing. A survey form is available at the Front Desk for your completion.



MOTHER'S DAY DINING

Please be sure to make your reservation at the Front Desk for our Mother's Day Meal. Deadline to sign-up is Monday, May 6, 2024.



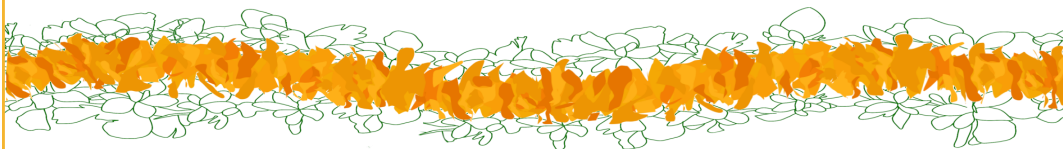
RESIDENT ACTIVITIES



Thank you to Amy Hess and Addison Teng for blessing us with their violin concert..



Docia enjoying her time with our furry friends at Dog's Day.



BOARD COMMITTEES

A special meeting of the Board of Directors of One Kalakaua Senior Living Association was held on Friday, April 12, 2024, at which time members of the three Standing Committees were appointed.

Finance Committee

Chair Hank Miyamoto (BOD)
June Ibara (BOD)
Iris Tamura
Alvin Kam

Operations Committee

Chair Jim Williams (BOD)
Carol Shimokawa (BOD)
Roy Yamauchi
Jane Uyehara

Resident Relations Committee

Chair June Ibara (BOD)
Carol Shimokawa (BOD)
Laurene Lacaden
Mary Kanetake

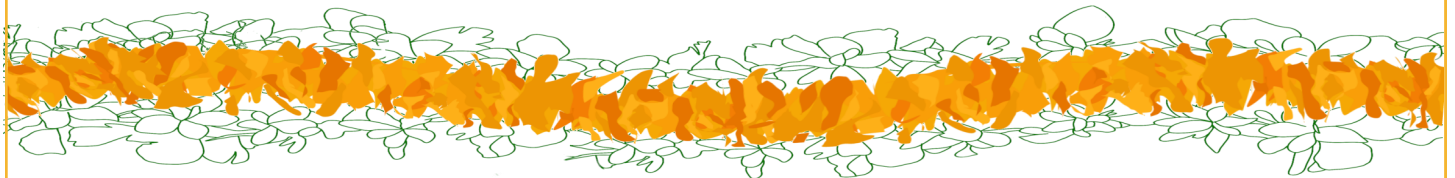
Committee meetings will be open to attendance by owners, and notice will be posted 72 hours prior to each meeting.

Paul J. Schwind

PRESIDENT

TAI CHI CLASSES: Please note our Tai Chi instructor, Jade Penn, will be out on vacation from 4/27—5/13. We will show most of her classes via Ch. 901 during her absence.

Please check the daily activity listing for scheduling.



MAHALO VOLUNTEERS!

On behalf of our One Kalakaua team, we would like to extend a very big Mahalo to all of the volunteers (residents, owners and outside volunteers) who donated their time, expertise and aloha to One Kalakaua this past year. A special thank you to:

- Bible Study Teachers
- Finance Committee
- Konane Teachers
- Resident Volunteers
- Glenn Sasaki,
Les Del Prado &
Anna Moniz
- Ruth Freedman
- Bingo Help
- Food Committee
- Leisure Committee
- Tally Clerks
- Jackie Fujii
- Sue Jung
- Board of Directors
- Garden Club
- Librarians
- Utilities Conservation Comm.
- Lauren Chang
- Tech Savvy Teens
- Décor Help
- Hospitality Committee
- Prayer Group
- COMMUNITY VOLUNTEERS:
 - Millie Oyer
 - Thomas Chock

If you would like to get involved in any of these groups or committees, please reach out to Linda at (808)983-4429 for more information.



THIS WEEK'S FITNESS CLASSES & ACTIVITIES

SUNDAY, APRIL 28

Arts & Crafts with Faye Intermediate Class: 1:00 PM (Crafts Room)

MONDAY, APRIL 29

Tai Chi: 7:30 AM (Via Ch. 901)

Beginning Tai Chi: 8:15 AM (Via Ch. 901)

Open Gardening: 8:30 AM

Weekly Announcements: 9:15 AM (MPR)

Water Exercise: 9:30 AM (Pool)

Strong Posture Level 1:

10:30 AM (MPR)

Fitness Center: 11:30 AM (Fitness Room)

Bingo: 1:00 PM (MPR)

Guest Speaker - Hawaii SHIP

“Medicare vs. Medicaid”:

3:00 PM (MPR)

Weekly Movie “Jules”: 6:00 PM
(Game Room)



Movie Synopsis: A man's quiet life gets upended when a UFO crashes in his backyard in rural Pennsylvania. As he befriends the mysterious extraterrestrial, things start to get complicated when two neighbors discover it and the government quickly closes in.

TUESDAY, APRIL 30

Deadline Air Freshener Craft

Blood Pressure Clinic (walk ins accepted): 8:00 AM (B2 Lobby)

Dance: 8:30 AM (MPR)

Strong Posture L2: 9:15 AM (MPR)

Strong Beginnings: 10:30 AM (MPR)

Fitness Center: 11:30 AM (Fitness Room)

April Birthday Celebration:

1:00 PM (MPR)

Yoga: 2:30 PM (MPR)

Qi Gong: 3:30 PM (MPR)

Thomas Chock Ukulele:

6:00 PM (MPR)



WEDNESDAY, MAY 1

Deadline May Day Pau Hana

Tai Chi: 7:30 AM (Via Ch. 901)

Beginning Tai Chi: 8:15 AM (Via Ch. 901)

Open Gardening: 8:30 AM

Physician's Clinic Dr. Yazawa (by appt.):
9:00 AM (B2 Clinic)

Taiko Ball Fitness: 9:45 AM (MPR)

Strong Posture Level 1:

10:30 AM (MPR)

Arts & Crafts with Faye

Intermediate Class: 1:00 PM & 2:00PM
(Crafts Room)

Blood Pressure Clinic (walk ins accepted): 3:00 PM (B2 Lobby)

THURSDAY, MAY 2

Blood Pressure Clinic (walk ins accepted): 8:00 AM (B2 Lobby)

Dance: 8:30 AM (MPR)

Strong Posture L2: 9:15 AM (MPR)

Strong Beginnings: 10:30 AM
(MPR & Via Ch. 901)

Fitness Center: 11:30 AM (Fitness Room)

Yoga: 2:30 PM (MPR)

Qi Gong: 3:30 PM (MPR)

FRIDAY, MAY 3

Taiko Ball Fitness: 8:45 AM (MPR)

Water Exercise: 9:30 AM (Pool)

Strong Posture Level 1:

10:30 AM (MPR)

Fitness Center: 11:30 AM
(Fitness Room)

Air Freshener Craft: 2:30 PM (MPR)



SATURDAY, MAY 4

Tai Chi: 7:30 AM (Cancelled)

Beginning Tai Chi: 8:15 AM (Cancelled)

Emily Lee Pianist: 9:00 AM (Lobby)

