

# One Kalakaua Senior Living Association Weekly News



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March 31, 2024

## RESIDENTS HAVING FUN AT OUR EASTER EVENTS EASTER TEA PARTY PAU HANA & SCAVENGER HUNT



Arlon, Goldie, Merle, Jan, Docia, Laurene and Hank



Joycelyn and Mary



Laurianne, Jane, Mollie and Jane



Dorothy and Bertha



Joan



Tom



## LIVE ENTERTAINMENT WITH EMILY LEE STANFORD, PIANIST

SATURDAY, APRIL 6 AT 9:00 AM IN THE LOBBY



Emily is a pianist, teacher, and accompanist, and has been teaching piano since 1998. she first received her Bachelor's degree in Management Information Systems and previously worked as a programmer at Matson Navigation company while teaching piano part-time. Following her passion, she received a Bachelor of Arts degree in music specializing in piano and a Master's degree in Piano Performance.

Her numerous experiences include private and group lessons at the Toddler Program, Mary, Star of the Sea ELC, Maryknoll School, Iolani School, University of Hawaii at Manoa, accompanying various choirs, and collaborating with musicians and performing at different events.

Please join us every First Saturday of the Month for a Morning Piano Performance. What a great start to the weekend you don't want to miss out on!



On March 21st, the resident's got a special treat from the Calistoga High School Band who was visiting from California for a Band Competition.



### LUNCH BUNCH—THE OLD SPAGHETTI FACTORY

**TUESDAY, APRIL 16 AT 11:00 AM**

**MEET IN LOBBY AT 10:20 AM**

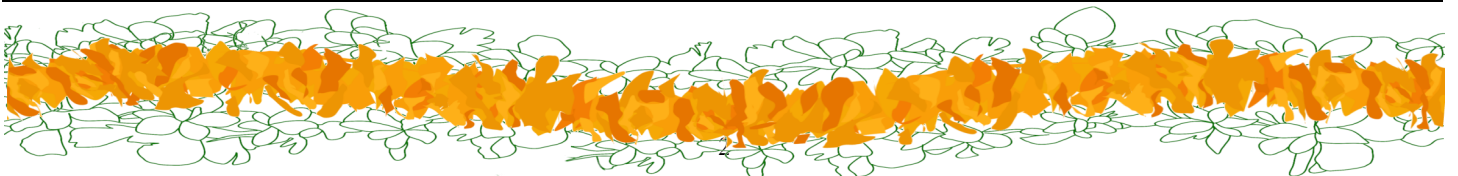
**SIGN UP BY: FRIDAY, APRIL 5**



*"When the stars make you drool just like a pasta e fasule, that's amore"*

Nothing beats a classic just like The Old Spaghetti Factory. Come wine & dine with us and enjoy some Italian classics. Enjoy a classic spaghetti & meatballs or have a combo with steak & pasta. The possibilities are endless.

Cost for your meal including 20% tip/tax will be billed to your account. Any cancellations after deadline date may incur a **\$10 cancellation fee and/or cost of meal**. Pick up menu at Front Desk.



## RESIDENT SUGGESTION

**Suggestion:** The writing on the pink dining room ticket is to light. Can hardly read it. They need to press harder or get better carbon paper (sample attached). I liked the other receipt that we had. Items were listed and cost was shown. Very easy to read and compare when the statement for extra was received. (sample attached). Can we go back to the other system? Can we get another kind of receipt for our food?

**Team Response:** We will remind our staff to press harder on the receipt. In addition, we are currently researching a software program that will better assist us with the dining process. Please give us 6-9 months to implement a new software program.

**Suggestion:** Can the movies start an hour later? I hardly have enough time to eat my dinner before the movie and getting dinner after the movie would be to late. The high school band that started at 7p was almost o.k., but because I'm a slow eater, I made it just in time to listen to a wonderful performance.

**Team Response:** Our last activity staff leaves at 8:30 PM. Therefore, due to the length of time of movies, 6:00 p.m. would be the latest we could show a movie. I'm glad you were able to enjoy the Calistoga School Band. That was a nice treat!

**Suggestion:** On March 3, Sunday, I attended the Royal Hawaiian Band concert in the MPR. I thoroughly enjoyed the band and the singer Karen since she is a friend of mine. I would like to see the band with Karen come again and hopefully I will be home when they do (I travel a lot). I cut my trip short just to be home when I heard that the band and Karen was coming. Thank you!

**Team Response:** I'm so glad you enjoyed the Royal Hawaiian Band. We definitely we have them back again.



**DOG'S DAY**  
SATURDAY, APRIL 6  
10:00 AM  MPR



"WHO SAYS THE DOG DAYS ARE OVER?"

PLEASE JOIN US FOR ONE KALAKAUA'S DOG'S DAY. COME ON DOWN AND HAVE FUN CUDDLING THESE FOUR-LEGGED CUTIES. DOG BREEDS MAY VARY.

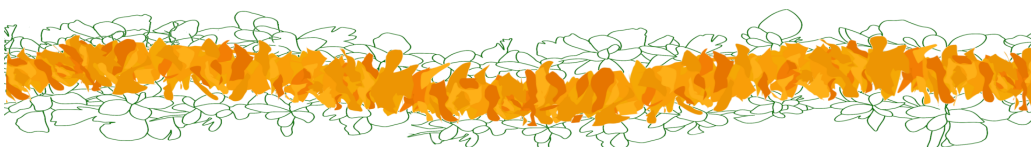
## RESIDENT ACTIVITIES



U.H. Geriatric Fellows visited and took a tour of our home and participated in our Taiko class.



Sing Along with Thomas Chock and family.



# THIS WEEK'S FITNESS CLASSES & ACTIVITIES

## SUNDAY, MARCH 31



**Arts & Crafts with Faye Inter.**  
**Class: 1:00 PM (CANCELLED)**

## MONDAY, APRIL 1

**Tai Chi: 7:30 AM (MPR)**  
**Beginning Tai Chi: 8:15 AM (MPR)**  
**Open Gardening: 8:30 AM**  
**Weekly Announcements: 9:15 AM (MPR)**  
**Water Exercise: 9:30 AM (Pool)**  
**Strong Posture Level 1:**  
10:30 AM (MPR)  
**Fitness Center: 11:30 AM (Fitness Room)**  
**Bingo: 1:00 PM (MPR)**

## TUESDAY, APRIL 2

**Blood Pressure Clinic (walk ins accepted): 8:00 AM (B2 Lobby)**  
**Dance: 8:30 AM (MPR)**  
**Strong Posture L2: 9:15 AM (MPR)**  
**Strong Beginnings: 10:30 AM**  
(MPR & Ch. 901)  
**Fitness Center: 11:30 AM (Fitness Room)**  
**Yoga: 2:30 PM (MPR)**  
**Qi Gong: 3:30 PM (MPR)**

## WEDNESDAY, APRIL 3

*Deadline Casino Royale Pau Hana!*

**Tai Chi: 7:30 AM (MPR)**  
**Beginning Tai Chi: 8:15 AM (MPR)**  
**Open Gardening: 8:30 AM**  
**Physician's Clinic Dr. Yazawa (by appt.): 9:00 AM (B2 Clinic)**  
**Taiko Ball Fitness: 9:45 AM (MPR)**  
**Strong Posture Level 1:**  
10:30 AM (MPR)  
**Veek Food Truck: 10:30 AM**  
(Front Entry) Seating in Lobby  
for dining.  
**Arts & Crafts with Faye**  
**Beginning Class: 1:00 PM & 2:00PM**  
**(CANCELLED)**



**Blood Pressure Clinic (walk ins accepted): 3:00 PM (B2 Lobby)**



**Weekly Movie: "Singing in the Rain"**  
6:00 PM (Game Room) See  
Bulletin Board for synopsis.

## THURSDAY, APRIL 4

**Blood Pressure Clinic (walk ins accepted): 8:00 AM (B2 Lobby)**  
**Dance: 8:30 AM (MPR)**  
**Strong Posture L2: 9:15 AM (MPR)**  
**Strong Beginnings: 10:30 AM**  
(MPR & Via Ch. 901)  
**Fitness Center: 11:30 AM (Fitness Room)**  
**Yoga: 2:30 PM (MPR)**

## FRIDAY, APRIL 5

*Deadline Lunch Bunch "The Old Spaghetti Factory"!*

**Taiko Ball Fitness: 8:45 AM (MPR)**  
**Water Exercise: 9:30 AM (Pool)**  
**Strong Posture Level 1:**  
10:30 AM (MPR)  
**Fitness Center: 11:30 AM (Fitness Room)**  
**Preprinted Canvas Painting**  
**Craft: 2:30 PM (MPR)**



## SATURDAY, APRIL 6

**Tai Chi: 7:30 AM (MPR)**  
**Beginning Tai Chi: 8:15 AM (MPR)**



**Emily Lee Pianist: 9:00 AM (Lobby)**

**Dog's Day: 10:00 AM (MPR)**

