

DVDs and CDs

In the past four years, there has been little activity regarding people checking out DVDs and CDs. It is partly the result of technology where equipment to play these are less and less available, and there are many streaming services. As a result, we have removed the DVDs and CDs from the shelf near the library's entrance. Let us know if you are interested in borrowing one as they are still available.

Magazines and Periodicals

As you know, these are on display in racks on the right wall. Please feel free to borrow one to take to your room, but if you are not finished in several days, please return it to the library as other residents may wish to read it. You can always borrow it again. Donations are always welcome as they add diversity to what we have to offer.

Binders with Information About One Kalakaua and Community Resources

White binders containing Board Minutes, etc. can be found on the bookshelf on the right as soon as you enter the library. We also have a copy of *Robert's Rules of Order* there. In addition, there are binders with information about local resources.

Hawaiiana

Books on topics about Hawaii are on the left shelves of the bookcase when you enter the library. They include Bamboo Ridge publications, Hawaiian history, fiction, books on ethnic groups here, and pictorials.

Mysteries, Spy Novels, Detective and Courtroom Thrillers

This very popular genre can be found on the left wall, and it extends party to the next wall. We have many copies of books by authors such as James

Patterson, John Grisham, David Baldacci, Michael Connolly, Dan Brown, Mary Higgins Clark, and Daniel Silva.

Romance Novels

Romance novels focus primarily on relationships between two or more people. Our collection includes many of the most popular authors such as Nicholas Sparks, Nora Roberts, Susan Wiggs, and Danielle Steel. Because of limited bookshelf space, paperback novels of this genre are on the spindle (rotating) bookshelves.

Art and Music, Fiction, Drama, Poetry

At the present, novels on subjects such as sports and holidays by popular thriller authors such as John Grisham and James Patterson and romance writers such as Nicholas Sparks are shelved here. Eventually we may have a separate section for books relating to the holidays.

Inspirational, Health, Humor, and Nonfiction such as Sports, History, and Biography

These appear on the back right wall. In the future, we may move history and biography related to Hawaii to this section.

Travel, Reference, Crafts, Nature, and Gardening

These books are on the small bookcase on the back right wall. In the near future, a shelf of cookbooks, including many books with local recipes may be added to our collection.

Science Fiction and Westerns

At the present, these books are on a shelf on the left back wall. They may be moved to the spindles because of their size as well as less activity.

One Kalakaua Senior Living Association Weekly News

1314 Kalakaua Avenue • Honolulu, Hawaii 96826
808.983.4400 • lvares@onekalakaua.net



March 17, 2024

PHONE NUMBERS & EMAIL



PLEASE CALL LINDA AT (808) 983-4429 OR MICHELLE AT (808) 983-4412 TO VERIFY YOUR PHONE NUMBER(S) AND CLARIFY WHETHER IT IS A CELL PHONE OR LANDLINE. PLEASE ALSO CALL TO VERIFY YOUR CURRENT EMAIL ADDRESS. MAHALO.

REMINDER: ANNUAL MEETING (OWNERS ONLY) WEDNESDAY, MARCH 20 AT 2:00 PM IN THE MPR

(Registration begins at 1:15 p.m.)



Reminder to send in your proxies no later than March 18 by 4:30 p.m. to Hawaiiana Management.

Candidate bios have been posted in the lobby, MPR and library for your convenience.

This year owner's can view and ask questions via Zoom if you can not attend in person. However, voting can not be allowed over Zoom. Please provide your proxy if you will not be attending in person. To get the Zoom link, please email Tiffany in IT at Tiffany@OneKalakaua.net.

CLARIFICATION ON ACTIVITY SIGN-UPS

Effective Monday, March 11, we started a new process for activity sign-ups. You may sign up at the Front Desk as normal between 8a—8p each day. However, during the hours of 8:30a—11:30a, Monday—Friday, the sign-ups will be done in the MPR. Please see Damon or Joann during these times.

EMERGENCY SYSTEM REBOOT

The emergency system (including all pendants and your in unit smoke detectors) will be shut down briefly on **3/19/24** for about 5-15 minutes between **8:30a-9:00a**. Do not press any of your pendants during the outage, instead call the Front Desk at (808)983-4400 if you need emergency assistance. An announcement will be made overhead prior to and at the end of the testing.

CASINO ROYALE PAU HANA

FRIDAY, APRIL 19 AT 3:00 P.M. IN THE MPR



Are you feeling lucky? Come on down and try your luck at our Roulette Wheel, Slot Machine and Card Games (Poker and Black Jack)! *(For entertainment purposes only - No dining tables will be available and limited seating)* **Turn in your chips for a small prize.** Sign-up at the Front Desk by April 3rd.

WORD PUZZLE GAMES

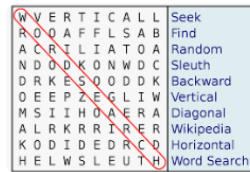
Congratulations to our puzzle winners. Please see the Front Desk for your prize next week.



Hing Chang



Bettie Kahn



UH KABUKI EXHIBIT EXCURSION

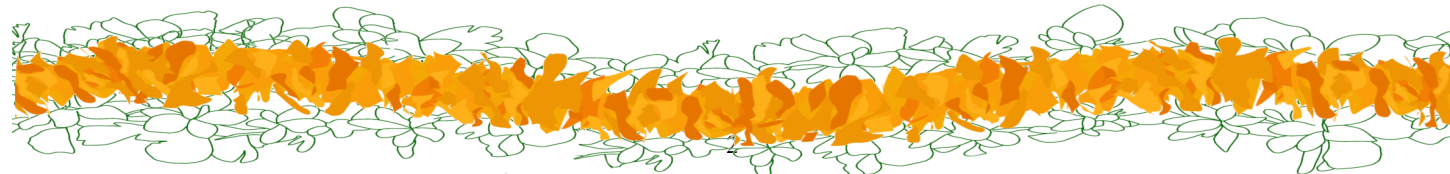
FRIDAY, APRIL 12 AT 10:00 AM

MEET IN LOBBY BY: 9:20 AM SIGN UP BY:
WEDNESDAY, MARCH 27



Kabuki is a theatre form born in Japan in the 17th century, but well known throughout the world today thanks to post- World War II era tours of the Grand Kabuki. Its highly stylized presentational form, elaborate costumes, exaggerated makeup, refined mimetic dance, and lively musical accompaniment are just some of the signature elements that define the form.

Please join us for this guided tour to UH Manoa East & West Center "Gallery Exhibition: Kabuki in Hawai'i: Connections through Time and Space."



One Kalakaua Library Newsletter



March, 2024

By Resident Librarian: Joyce Lumsdaine

It has been awhile since a library newsletter has been published. Hopefully, they will be issued on a regular basis again.

We will be making some changes, hopefully for the better, to the shelving arrangements of some of the books in the next few months. In the meantime, a description of the current way they are displayed is discussed later in this newsletter.

Thank you for being conscientious about signing books out when you are borrowing them and signing them back in upon their return. Please remember to return books you have read before borrowing new ones.

We are always grateful for donations as they are the main source of our collection. We always receive some extremely interesting books. Please remember that we cannot guarantee that donated books will be on display or retained. Here is one of our recent acquisitions.

Killers of the Flower Moon: The Osage Murders and the Birth of the F.B.I. by David Gramm

This book that was the source of a movie by the same name which received 10 nominations in this year's Academy Awards. It is a true story.

In 1803, the United States received an extensive piece of land from France in the Louisiana Purchase. Nearly 20% of it was the ancestral home of the Osage Indian Nation. Just 20 years later, the Osage had been stripped of their land, ending up with only

a small parcel in Oklahoma, less than 1% of what they originally had.

However, in the first half of the 20th century, oil was discovered on their property, and the Osage became the wealthiest people per capita in the world. As a result of outsiders wanting to get a share of the riches, they became the victims of theft and worse. Eventually at least 24 members of the tribe were murdered.

Exactly 100 years ago (1924), J. Edgar Hoover became director of the F.B.I. At the time, the organization was small and disorganized. Hoover instituted standards such as requiring agents to have a background in law and to be trained in using scientific methods for crime investigation. Solving the murders in the Osage nation became the new organization's first test.

The F.B.I. agents infiltrated the reservation with disguises such as that of an elderly rancher, an insurance salesman, and a tribal medicine man. You will be surprised when the perpetrators of the crimes are revealed.

Honolulu Star-Advertiser

We normally keep about a week's worth of the *Honolulu Star-Advertiser* for you to read. They should not be removed from the library.

Large Print Books

These books have a red and white sticker on the spine with the letters "LP." We also have many large format paperback volumes of Reader's Digest Condensed Books in large print on the left back wall. They feature books by popular authors.

THIS WEEK'S FITNESS CLASSES & ACTIVITIES

SUNDAY, MARCH 17

HAPPY ST. PATRICK'S DAY!

Arts & Crafts with Faye Inter. Class:
1:00 PM (Crafts Room) **CANCELLED**

MONDAY, MARCH 18

Tai Chi: 7:30 AM (MPR)
Beginning Tai Chi: 8:15 AM (MPR)
Open Gardening: 8:30 AM
Weekly Announcements: 9:15 AM (MPR)
Water Exercise: 9:30 AM (Pool)
Strong Posture Level 1:
10:30 AM (MPR)
Fitness Center: 11:30 AM (Fitness Room)
Bingo: 1:00 PM (MPR)
HFD "Fire & Life Safety":
3:00 PM (MPR)



TUESDAY, MARCH 19

Blood Pressure Clinic (walk ins accepted): 8:00 AM (B2 Lobby)
Dance: 8:30 AM (MPR)
Strong Posture L2: 9:15 AM (MPR)
Strong Beginnings: 10:30 AM (MPR & Ch. 901)
Fitness Center: 11:30 AM (Fitness Room)
Name that Tune & Do You Know the Lyrics: 1:00 PM (MPR)
Yoga: 2:30 PM (MPR)
Qi Gong: 3:30 PM (MPR)



WEDNESDAY, MARCH 20

Tai Chi: 7:30 AM (MPR)
Beginning Tai Chi: 8:15 AM (MPR)
Open Gardening: 8:30 AM
Physician's Clinic Dr. Yazawa (by appt.):
9:00 AM (B2 Clinic)
Taiko Ball Fitness: 9:45 AM (MPR)
Strong Posture Level 1:
10:30 AM (MPR)

Arts & Crafts with Faye

Beginning Class: 1:00 PM & 2:00PM (Crafts Room) **CANCELLED**
Annual Meeting: 2:00 PM (MPR) (Owners Only)
Blood Pressure Clinic (walk ins accepted): 3:00 PM (B2 Lobby)
Weekly Movie: "The Field" 6:00 PM (Game Room) See Bulletin Board for synopsis.



THURSDAY, MARCH 21

Blood Pressure Clinic (walk ins accepted): 8:00 AM (B2 Lobby)
Dance: 8:30 AM (MPR)
Strong Posture L2: 9:15 AM (MPR)
Strong Beginnings: 10:30 AM (MPR & Via Ch. 901)
Scavenger Hunt:
Fitness Center: 11:30 AM (Fitness Room)
Yoga: 2:30 PM (MPR)
Qi Gong: 3:30 PM (MPR)
Calistoga High School Band Performance: 7:00 PM (MPR)



FRIDAY, MARCH 22

Taiko Ball Fitness: 8:45 AM (MPR)
Water Exercise: 9:30 AM (Pool)
Strong Posture Level 1:
10:30 AM (MPR)
Fitness Center: 11:30 AM (Fitness Room)
U.H. Fellows Talk— Dr. Pedro Ayau Aguilar "Preventing Falls": 1:00 PM (MPR)



SATURDAY, MARCH 23

Tai Chi: 7:30 AM (MPR)
Beginning Tai Chi: 8:15 AM (MPR)

TECHNOLOGY SUPPORT MARCH 22 FROM 10A—2P

Need help with your computer, email, smart phone, or other device? Tech Savvy Teens can help you in the library for email set up, phone and software training. If you need help with devices in your unit, they can go up as well. Please call or email to schedule: Tiffany Kaspo 808.983.1098 tiffany@onekalakaua.net. There is no cost, however if you would like to make a donation to the non-profit, please make checks out to Tech Savvy Teens.

FAYE'S ARTS & CRAFT CLASSES



Please note Faye, our Arts & Crafts teacher, will be on vacation from 3/13 - 4/3. Her classes will be cancelled during this time.

EASTER SCAVENGER HUNT

THURSDAY, MARCH 21 FROM 1P—2P

FIGURE OUT ALL THE CLUES AND BRING YOUR CLUES TO THE FRONT DESK FOR A SPECIAL TREAT.

SEE FRONT DESK FOR YOUR FIRST CLUE.



UH Fellow Guest Speaker

Friday, March 22 at 1:00 PM in the MPR

"Fall Prevention with Dr. Pedro Ayau Aguilar"



CALISTOGA HIGH SCHOOL BAND PERFORMANCE THURSDAY, MARCH 21 AT 7:00 PM IN THE MPR

PLEASE JOIN US AND WELCOME CALISTOGA HIGH SCHOOL BAND TO HONOLULU, HAWAII. CALISTOGA IS A SMALL TOWN OF 5,000 PEOPLE LOCATED IN CALIFORNIA 70 MILES NORTH OF SAN FRANCISCO AT THE TOP OF THE NAPA VALLEY. CALISTOGA HIGH SCHOOL HAS 350 STUDENTS. THEIR BAND CONSISTS OF 20 MEMBERS RANGING FROM GRADES 8-12.

THEY WILL BE PARTICIPATING IN THIS YEAR'S HERITAGE MUSIC FESTIVAL, AND WE ARE LUCKY TO HAVE THEM VISIT ONE K TO PERFORM AN ENSEMBLE.

RESIDENT ACTIVITIES



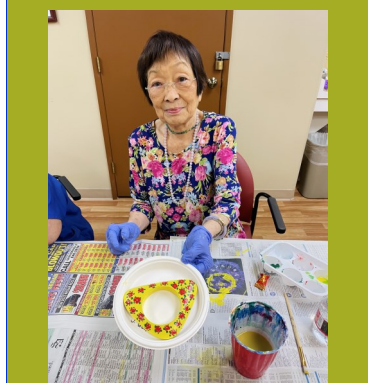
Residents taking a stroll at Foster Botanical Gardens.



Residents getting an update from HECO on our energy conservation and use.



Shirley and Dede learning to play Hanafuda.



Jane displaying her coaster craft.