

## THIS WEEK'S FITNESS CLASSES & ACTIVITIES

### SUNDAY, FEBRUARY 25

**Arts & Crafts with Faye Inter. Class:** 1:00 PM (Crafts Room)

### MONDAY, FEBRUARY 26

**DEADLINE: COASTER CRAFT**

**Tai Chi:** 7:30 AM (MPR)

**Beginning Tai Chi:** 8:15 AM (MPR)

**Open Gardening:** 8:30 AM

**Weekly Announcements:** 9:15 AM (MPR)

**Water Exercise:** 9:30 AM (Pool)

**Strong Posture Level 1:**

10:30 AM (MPR)



**Da Burrito Kid Food Trailer :**

10:30A (Parking area)

**Fitness Center:** 11:30 AM (Fitness Room)

**Bingo:** 1:00 PM (MPR)

**Resident Forum "Review of**

**Survey":** 3:00 PM (MPR)



**Weekly Movie: "Mama Mia Here**

**We Go Again" (popcorn served while**

**supplies last) 6:00 PM (Game Room)**



See Bulletin Board for synopsis.

### TUESDAY, FEBRUARY 27

**Blood Pressure Clinic (walk ins**

**accepted) :** 8:00 AM (B2 Lobby)

**Dance:** 8:30 AM (MPR)

**Strong Posture L2:** 9:15 AM (MPR)

**Strong Beginnings:** 10:30 AM

(MPR & Ch. 901)

**Fitness Center:** 11:30 AM (Fitness Room)

**February Birthday Celebration:**

1:00 PM (MPR)

**Yoga:** 2:30 PM (MPR)

**Qi Gong:** 3:30 PM (MPR)



### WEDNESDAY, FEBRUARY 28

**Tai Chi:** 7:30 AM (MPR)

**Beginning Tai Chi:** 8:15 AM (MPR)

**Open Gardening:** 8:30 AM

**Physician's Clinic Dr. Yazawa (by appt.):**

9:00 AM (B2 Clinic)

**Taiko Ball Fitness:** 9:45 AM (MPR)

**Strong Posture Level 1:**

10:30 AM (MPR)

**Bible Study:** 11:00 AM (Crafts Room)

**Arts & Crafts with Faye**

**Inter. Class:** 1:00 PM & 2:00PM

(Crafts Room)

**Blood Pressure Clinic (walk ins**

**accepted) :** 3:00 PM (B2 Lobby)

**Mahjong:** 3:00 PM (MPR)



### THURSDAY, FEBRUARY 29

**DEADLINE: FOSTER BOTANICAL GARDENS**

**Blood Pressure Clinic (walk ins**

**accepted) :** 8:00 AM (B2 Lobby)

**Dance:** 8:30 AM (MPR)

**Strong Posture L2:** 9:15 AM (MPR)

**Strong Beginnings:** 10:30 AM

(MPR & Via Ch. 901)

**Fitness Center:** 11:30 AM (Fitness Room)

**Yoga:** 2:30 PM (MPR)

**Qi Gong:** 3:30 PM (MPR)

**UH Men's Basketball vs. UC Davis:**

4:00 PM (Game Room)

**Thomas Chock Ukulele:**

6:00 PM (MPR)



### FRIDAY, MARCH 1

**DEADLINE: LUNCH TAKE-OUT "JOLENE'S"**

**Taiko Ball Fitness:** 8:45 AM (MPR)

**Water Exercise:** 9:30 AM (Pool)

**Strong Posture Level 1:**

10:30 AM (MPR)

**Fitness Center:** 11:30 AM (Fitness Room)

**St. Patrick's Day Coaster Craft:**

3:00 PM (MPR)



### SATURDAY, MARCH 2

**Tai Chi:** 7:30 AM (MPR)

**Beginning Tai Chi:** 8:15 AM (MPR)

**UH Men's Basketball vs. UC Riverside:**

3:00 PM (Game Room)



# One Kalakaua Senior Living Association Weekly News

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February 25, 2024

**NOTE: The below Notice was mailed to all owners on record on 2/20/24**

### NOTICE OF ANNUAL MEETING ONE KALAKAUA SENIOR LIVING ASSOCIATION

NOTICE IS HEREBY GIVEN that the Annual Meeting of the One Kalakaua Senior Living Association has been called and will be held on:

**DATE:** March 20, 2024

**TIME:** 2:00 p.m. (Registration begins at 1:15 p.m.)

**PLACE:** Onsite

#### AGENDA

- a) Roll Call
- b) Proof of Notice of Meeting
- c) Reading of Minutes of Preceding Meeting
- d) Reports of Officers
- e) Appointment of Inspectors of Election
- f) Election of Directors
- g) Unfinished Business; and
- h) New Business

There are at least four (4) Directorships to fill. Nominations may be made from the floor.

Only owners of record as shown on the Association's books as of the close of business on **March 20, 2024**, or their designated proxy holder, shall be entitled to attend and vote at the meeting. A photo ID may be required.

The Board of Directors Organizational Meeting may be held immediately after the adjournment of the Annual Meeting or at a date and time set by the Board of Directors.

All owners are encouraged to attend the meeting. However, whether or not you currently plan to attend the meeting, please complete and **SIGN** the enclosed proxy and return it immediately in the stamped, pre-addressed envelope that we have provided. This will help to insure that a quorum will be present so Association business may be transacted. Please remember that if we fail to have a quorum, the meeting will have to be rescheduled and the Association will incur additional expenses for a **SECOND** mailing.

**NOTE: PURSUANT TO STATE LAW, PROXIES WILL NOT BE VALID UNLESS COMPLETED AND RECEIVED BY THE ASSOCIATION SECRETARY OR MANAGING AGENT, HAWAIIANA MANAGEMENT COMPANY, LTD., NO LATER THAN 4:30 P.M., MARCH 18, 2024. PREVIOUS PROXIES ARE NOT VALID.**

BY CALL OF:

*Date of Notice:* February 20, 2024  
*Enclosures:* Proxy & Instructions  
2023 Annual Meeting Minutes  
Candidate Bios  
Insurance Summary  
Return Envelope

Paul Schwind

PRESIDENT

BY:

Jaycelin Oliva

Management Executive

**RESIDENT FORUM**  
**MONDAY, FEBRUARY 26 AT 3:00 PM – 4:30 PM IN THE MPR**  
**TOPIC: REVIEW & DISCUSS RESIDENT SURVEY**

Our Resident Forum will be a great opportunity for both owners, renters and family members to come and hear what other residents have shared about OneK through our recent Resident Survey. Time permitting, we can chat on the topics in the survey and brainstorm together how we can continue to improve One Kalakaua. Liliha Bakery's famous poi donuts will be served to participants. There is no need to RSVP, simply come on down.



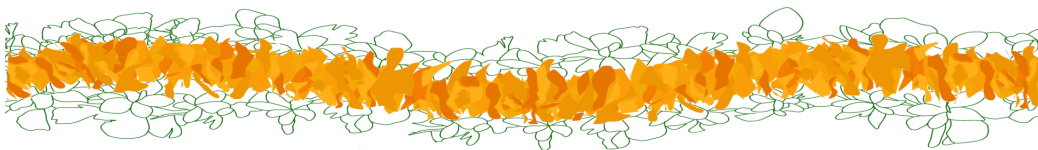
**Suggestion**

**Suggestion:** It is nice to want residents to enjoy snacks together in order to socialize. However, it discriminates against those who don't come down since they don't get their snacks and it also can make them feel bad....

**Suggestion:** Please explain the distribution of afternoon snacks and other food related events, which I'm entitled to because I pay for them in the Club Dues...

**Team Response:** Thank you for your input. For background, the snack in and of itself is not what One Kalakaua is providing, the snack is part of the activity, similar to how One K pays for transportation or an entertainer. Administration and your Leisure Committee have recently met to address these concerns and have made the following changes:

- 1) Snacks will be given to attendees. Then to those wanting take out on an as available basis as we estimate the amount of residents that will come down for the snack.
- 2) Residents will have the opportunity to come down to the snack event to stay and socialize or take-out. Caregivers may come down to pick-up for a resident.
- 3) After 30 minutes, remaining snacks will be distributed for second servings, on a first-come first-serve request, while supplies last.



**MARCH ONE K  
 EMPLOYEE  
 BIRTHDAYS**



Happy Birthday to our March One K Employees:

- Merlinda Garretson
- Clarisa Anac
- Liezl Degala
- Lloyd Inocelda
- Natelyn Barruga
- Connie Monte
- Maria Butac
- Lito Bermudez
- Vicky Abara
- Kathleen Saducos
- Ano Minga
- Tiffany Kaspo

**FEBRUARY BIRTHDAY  
 CELEBRATION**

**TUESDAY, FEB. 27**



**1:00 PM (MPR)**

**All residents are welcome to join in and enjoy a piece of cake.**

- Bertha Lum**  
**Jane Naya**  
**Ada Lum**  
**Lawrence Enomoto**  
**Mary Lou Clizbe**  
**Vernon Chock**

**CONGRATULATIONS TO CHISATO HARADA FOR COMPLETING THE GREAT ALOHA RUN!**



**ROYAL HAWAIIAN BAND**



**SUNDAY, MARCH 3 AT 1:00 PM IN THE MPR**  
**PLEASE COME ON DOWN AND ENJOY A PERFORMANCE BY THE ONE AND ONLY STATE OF HAWAII'S ROYAL HAWAIIAN BAND.**



**FOSTER BOTANICAL GARDENS**



**Friday, March 8, Meet in Lobby at 9:30 AM**



**Sign up by: Thursday, February 29**

A garden in the midst of busy downtown Honolulu? Yes! At Foster Botanical Gardens, visitors find a refreshing change from the chaos of the city. As the oldest of the Honolulu Botanical Gardens, Foster Gardens displays a mature and impressive collection of tropical plants.

**Please be aware that this is a self guided walking tour. There may be limited seating & long periods of walking. Please bring a hat, as the heat may be a factor.**

**COASTER CRAFT**

**Friday, March 1 at 3:00 PM in the MPR**  
**Sign up by: Monday, February 26**

*Picture is a sample of the craft. You will be able to create the design of your choice based on the supplies available.*



**WELCOME ABOARD NEW ADON ALAIZA MENDOZA**



We are pleased to introduce our newest member in the RCS department, Alaiza Mendoza. Alaiza is our Assistant Director of Nursing who will be assisting Joy (Director of Nursing) with care for our residents, training our medical staff, conducting chart audits and providing assessments of the residents and employees as needed – just to name a few! She was born and raised in the Philippines, and later moved to Hawaii in 2011 where she started her nursing career as a Nursing Assistant for eight years. She then went back to the Philippines to obtain her nursing degree, and returned to Hawaii to become a dedicated Registered Nurse for the past 5 years. Alaiza's experience includes Diabetic Neuropathy, Ostomy & Colostomy Care, Tube Feeding, Tracheostomy & Ventilation, Catheter Care and Hemodialysis Care. In her free time, Alaiza enjoys spending quality time with her fiancé by playing tennis, stand up paddle boarding, cooking and reading self-help books or novels. Please give Alaiza a warm welcome to our One Kalakaua ohana!

