

THIS WEEK'S FITNESS CLASSES & ACTIVITIES


SUNDAY, FEBRUARY 18

Arts & Crafts with Faye Inter. Class:
1:00 PM (Crafts Room)

MONDAY, FEBRUARY 19

Tai Chi: 7:30 AM (MPR)
Beginning Tai Chi: 8:15 AM (MPR)
Open Gardening: 8:30 AM
Weekly Announcements: 9:15 AM (MPR)
Water Exercise: 9:30 AM (Pool)
Strong Posture Level 1:
10:30 AM (MPR)
Fitness Center: 11:30 AM (Fitness Room)
Chinese New Year Pau Hana—
Entertainment Gee Yung Lion Dance:
3:00 PM (MPR) 

TUESDAY, FEBRUARY 20

Blood Pressure Clinic (walk ins accepted): 8:00 AM (B2 Lobby)
Dance: 8:30 AM (MPR)
Dr. Sowers—Podiatrist (by appt.):
9:00 AM (B2 Clinic)
Strong Posture L2: 9:15 AM (MPR)
Strong Beginnings: 10:30 AM
(MPR & Ch. 901)
Fitness Center: 11:30 AM (Fitness Room)
Name that Tune & Do You Know 
the Lyrics: 1:00 PM (MPR)
Yoga: 2:30 PM (MPR)
Qi Gong: 3:30 PM (MPR)

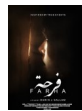
WEDNESDAY, FEBRUARY 21

Tai Chi: 7:30 AM (MPR)
Beginning Tai Chi: 8:15 AM (MPR)
Open Gardening: 8:30 AM
Physician's Clinic Dr. Yazawa (by appt.):
9:00 AM (B2 Clinic)
Taiko Ball Fitness: 9:45 AM (MPR)
Strong Posture Level 1:
10:30 AM (MPR)

Lunch Bunch "Café Julia": 11:00 AM 
(Meet in Lobby at 10:30 AM)


Arts & Crafts with Faye
Beginning Class: 1:00 PM & 2:00PM
(Crafts Room)

Bingo": 1:30 PM (MPR)
Blood Pressure Clinic (walk ins accepted): 3:00 PM (B2 Lobby)
Weekly Movie: "Farha"
6:00 PM (Game Room)





Synopsis: As violence breaks out in 1948 Palestine, a father hides his 14-year-old daughter inside a locked pantry and promises to return.

THURSDAY, FEBRUARY 22

Blood Pressure Clinic (walk ins accepted): 8:00 AM (B2 Lobby)
Dance: 8:30 AM (MPR)
Strong Posture L2: 9:15 AM (MPR)
Strong Beginnings: 10:30 AM
(MPR & Via Ch. 901) 
Board of Directors Meeting "Owners Only": 1:00 PM (MPR)
Fitness Center: 11:30 AM (Fitness Room)
Yoga: 2:30 PM (CANCELLED)
Qi Gong: 3:30 PM (CANCELLED)

FRIDAY, FEBRUARY 23

DEADLINE TO PLAY HANAFUDA
Taiko Ball Fitness: 8:45 AM (MPR)
Water Exercise: 9:30 AM (Pool)
Strong Posture Level 1:
10:30 AM (MPR)
Fitness Center: 11:30 AM (Fitness Room)
UH Fellows Talk "Osteoporosis" 
Dr. Kellie Kurasaki: 1:00 PM (MPR)
 **Sip & Social:** 3:30 PM (MPR)

SATURDAY, FEBRUARY 24

Tai Chi: 7:30 AM (MPR)
Beginning Tai Chi: 8:15 AM (MPR)

One Kalakaua Senior Living Association Weekly News

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February 18, 2024

RESIDENT FORUM

MONDAY, FEBRUARY 26 AT 3:00 PM – 4:30 PM IN THE MPR

TOPIC: REVIEW & DISCUSS RESIDENT SURVEY



Aloha Resident. This will be a great opportunity for both owners, renters and family members to come and hear what other residents have shared about One Kalakaua through our recent Resident Survey. Based on time permitted, we can chat on the topics discussed and brainstorm together how we can continue to improve One Kalakaua. There is no need to RSVP, simply come on down.

BOARD OF DIRECTORS MEETING "OWNERS ONLY"

THURSDAY, FEBRUARY 22 AT 1:00 P.M. IN THE MPR

OWNERS MAY ATTEND IN PERSON OR VIA ZOOM

(Please email onekal1314@gmail.com by 2/21/24 if you would like to participate by Zoom. You will receive a confirmation email with instructions.)

AGENDA

- 1) Financial Audit for FY 2023
- 2) CPA Contract for Next Audit FY 2024
- 3) Property Management Contract for FY 2025
- 4) Property Management Contract FY 2024 (retroactive)
- 5) Property Management Contract Addendum C to FY 2023 Contract (retroactive)
- 6) Annual Report to Owners
- 7) Parliamentarian for Annual Meeting
- 8) Committee Structure
- 9) Procurement of Condominium Law Attorney
- 10) Procurement of Financial Software
- 11) Television Marketing



PUZZLE WINNERS

Congratulations to
our puzzle winners:



Jackie Tokunaga



Merle Miyamoto





LIBRARY NEWS



The Lunar New Year of the Dragon begins on February 10. The protagonist of Lisa See's *SHANGHAI GIRLS* and its sequel, *DREAMS of JOY*, is Pearl Chin. She is strong and stubborn as characterized by those born in the Year of the Dragon, but she also is fated to have a tempestuous life.

SHANGHAI GIRLS is set in the years 1937 to 1957. Pearl Chin and her younger sister, May, are from a wealthy family. They are best friends, but they are also rivals. Their love lives and relationships become intertwined and complicated especially when the object of their affection is the same man.

After their father gambles away his wealth, he forces them to marry men who have come to Shanghai to find brides to take back to California. They embark on the difficult journey to Los Angeles just after the war with Japan begins. When they arrive, they face discrimination as new immigrants.

DREAMS of JOY is a continuation of the story of Pearl and May. Joy, the daughter of one of the sisters, is now an adult living in Los Angeles Chinatown. She is angry at both of them for lying about her identity. She returns to Shanghai to find her biological father. It is 1958, and Mao Zedong is the leader of the People's Republic of China. It is the time of the Great Leap Forward, so Joy finds herself at an agricultural commune in rural China.

Pearl travels to China to find Joy and save her from her life there. May sends them money and gifts but remains in California where she endures different challenges. By the end of the novel, many loose ends are tied up, and the characters reach resolutions in their lives and relationships.

EMERGENCY SYSTEM REBOOT

The emergency system (including all pendants and your in unit smoke detectors) will be shut down briefly on **2/20/24** for about 5-15 minutes between **8:30a-9:00a**. Do not press any of your pendants during the outage, instead call the Front Desk at (808)983-4400 if you need emergency assistance. An announcement will be made overhead prior to and at the end of the testing.

BULKY ITEM PICK-UP

Please be advised our next resident bulky item pick up is **Tuesday, 2/20/24**. If you have items for bulky pick-up, please call the Front Desk to do a work-order and your item will be picked up on the evening of **Monday, 2/19/24** at the earliest. Please note there will be a nominal charge for the bulky item pick-up. If you have any questions, you may call Ashley at (808)983-4426 for more information.

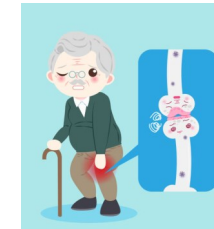


RESIDENT SUGGESTION

Suggestion: Notice you have turkey/stuffing 2X a month. Can you use the turkey in other ways? Thanksgiving doesn't seem very special with turkey so often—maybe creamed turkey etc. Your soups are varied and excellent! The pies and cakes are so-so with the exception of ones on special occasions.

Team Response: Thank you for your suggestion. We will look into adding a variety of turkey dishes to our menu. We are pleased that you enjoy our soup. Most of our soups are made from scratch. We will also look into improving the quality of our pie and cake selections.

UH Fellows Guest Speaker
TOPIC: OSTEOPOROSIS"
SPEAKER: DR. KELLIE KURASAKI
FRIDAY, FEBRUARY 23RD
1:00 PM IN THE MPR



RESIDENT'S ENJOYED OUR HEALTHY HEART WALK HELD ON FEBRUARY 14TH



DA BURRITO KID FOOD TRAILER

MONDAY, FEBRUARY 26
10:30 AM ~ 12:30 PM
FRONT ENTRY PARKING
(HANDICAP STALL)



Come on down and get some authentic Mexican burritos. Da Burrito Kid started back in April of 2022 with a mission to offer the best tasting fresh, authentic, homemade Mexican food in Oahu. You don't want to miss out on this flavor explosion!

No need to preselect or preorder. Menus will be available at the Front Desk. Limited seating will be available in the lobby.



WELCOME NEW RESIDENT



GEORGE READ UNIT 1205



CONGRATULATIONS TO ALL WHO CHOOSE THE KANSAS CITY CHIEFS TO WIN THE SUPERBOWL!

HERE ARE THE WINNERS OF OUR HALF-TIME AND FINAL SCORES:

HALF TIME COMBINED SCORE: 13

MARY YAMAKAWA—13

DEDE CHANG—10

DOUGLAS HIGA—10



FINAL WINNING TEAM SCORE: 25

NANCY FUJIMOTO—24

ARLON TOM—24

JIM WILLIAMS—24

