

One Kalakaua Senior Living Association

Weekly News



1314 Kalakaua Avenue • Honolulu, Hawaii 96826 • 808.983.4400

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November 10, 2024

ONE KALAKAUA SENIOR LIVING

BOARD OF DIRECTORS REGULAR MEETING

The regularly scheduled meeting of the Board of Directors of One Kalakaua Senior Living will be held on:

DATE: Wednesday, November 13, 2024

TIME: 1:00 p.m.

PLACE: Lobby Level, MPR

VENUE: Owners may attend in person

- 1) Fire Panel and Fire Alarm System Procurement
- 2) Staff Engagement and Resident Surveys
- 3) Meeting Calendar for 2025
- 4) Meeting Attendance and Participation Protocols
- 5) Storage Locker Pest Treatment
- 6) Investment Portfolio
- 7) Other New Business as Required

If any Director is unable to attend this meeting, please contact Jaycelin Oliva, Hawaiiana Management, at (808) 792-0504.

BY CALL OF:

Paul J. Schwind

PRESIDENT

Jaycelin Oliva

BY:

Jaycelin Oliva
Management Executive

THIS NOTICE SHALL BE POSTED SEVENTY-TWO HOURS PRIOR TO THE MEETING (HRS 514B -125(d)). ALL OWNERS OF RECORD MAY ATTEND THIS MEETING.

TECHNOLOGY SUPPORT

Friday, November 15, 10:00 am—2:00 pm

Library or in Your Unit



Need help with your computer, email, smart phone, or other device? Or just want to learn something new?

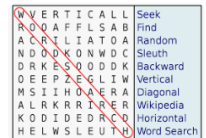
Tech Savvy Teens can help you in the library with tech support like email set up, phone or software training. If you need help with devices in your unit, they can go up as well.

Please call or email Tiffany Kaspo to schedule an appointment at 808.983.1098 or tiffany@onekalakaua.net.

There is no cost, however if you would like to make a donation to the non-profit, please make checks out to Tech Savvy Teens.

WORD PUZZLE GAMES

Word puzzles are available on the corner table near the lobby restrooms. Turn in your completed puzzle to the front desk for a chance to win a prize by 8am on Friday, November 15, 2024. Two winners will be selected by random drawing.



STAFF BIRTHDAYS & ANNIVERSARIES

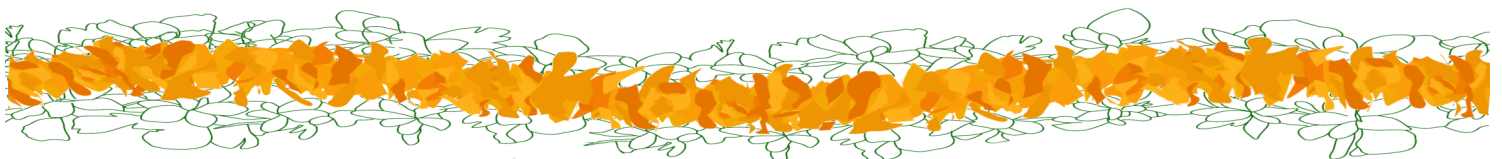
November Birthdays

1. Julie Mones
2. Jose Agngaray
3. Mhyrine Masaoay
4. Shawn Lumpkin
5. Adelyn Amsic
6. Gaeta Ulep
7. Minoru Hiruta
8. Katrice Kau
9. Lori Ann Hokama
10. Evangeline Sibayan
11. Clarisa Abordonado



November Anniversaries

- | | |
|------------------------|----------|
| 1. Brian Jones | 1 year |
| 2. Elbesa Diego | 6 years |
| 3. Lilia Rivera | 14 years |
| 4. Marietta Alcuizar | 14 years |
| 5. Katrice Kau | 10 years |
| 6. Rosalina Caranguian | 14 years |
| 7. Connie Monte | 25 years |
| 8. Jr Degala | 14 years |
| 9. Chelsea Abordonado | 1 year |



President's Corner from Paul Schwind

Board Meeting Participation Protocols

Any owner present at a Board meeting has a right to participate in accordance with our ground rules. For each agenda item, discussion will first be open to Board members, after which owners may raise their hand, and when called upon, announce their name and unit number and briefly ask questions or comment on that item. For my part, I will try to signal as we go along when the floor is open for owner input on each item. No owner present at a Board meeting should feel that their concerns cannot be heard!

Annual Meeting Participation Protocols

A new state law enacted just this year (Act 42) considerably expands the possibilities for electronic meetings, electronic voting, and mail voting at meetings of the Association. Under this new law, the Board may, but is not required to, approve such procedures in emergency situations or when previously authorized by a majority of unit owners. Information on Act 42 and an article from the Community Associations Institute—Hawaii about electronic meeting options will be included in the Board packet for the next meeting on November 13. This information will also be available in the library and on our online secured owner/resident portal. I don't expect the Board to take any action yet on electronic meetings, but it is not too soon to begin thinking about and discussing whether this is something we might want to do in the future.

Election of Directors in 2025

It is not too soon for any interested owner to start thinking about running for the Board at our next Annual Meeting in March 2025. There will be two Director positions up for election next year. If you would like to have your name on the ballot, your statement of interest and qualifications needs to reach Hawaiiana Management approximately 60 days before the meeting. I will have more to say about this when we get closer to the Annual Meeting date.



ALOHA KĀKOU from President Paul

HALLOWEEN FUN



Henry Jim was spooking everyone with his scary disguise!



Guess Who? Laurene Lacaden and Rebecca Estes trying not to get caught in the web.



Corinne Higa playing the spider cornhole game.

VIEWING OF HI NEWS NOW ONE K COOKING SHOW



Wendee Nishimura, Jennifer Simpson,
Kainoa Carlson, Roy Abalos and Leina Ijacic
at the HI News Now Studio.

We apologize, but we will not be able to show the HI News Now Cooking Show on November 11th as the film is still in its editing stage. We will let you know as soon as we reschedule it.



Chef Roy preparing our
delishes Salmon dish at the HI
News Now Studio.

CHANGES TO FITNESS SCHEDULE

We will be making some changes to our fitness schedules effective December 1st. Please check the calendar for the new changes. All Strong Beginning/Strong Posture classes will be Strong Posture (no levels). The main changes will be to the Tuesday and Thursday classes and are as follows:

TUESDAYS:

- 8:45 am - 9:15 am—Dance
- 10:30 am - 11:30 am—Strong Posture

THURSDAYS:

- 8:45 am - 9:15 am—Dance
- 9:30 am - 10:30 am—Fitness Center
- 10:30 am - 11:30 am—Strong Posture

KITCHEN FIRE SUPPRESSION SYSTEM UPGRADE

NOVEMBER 14—15, 2024

LIMITED DINING MENU

Thursday, November 14, 2024 (8am to 4:30pm) – Disconnection of old fire suppression system

- ♦ The fire suppression system will be shut down completely.

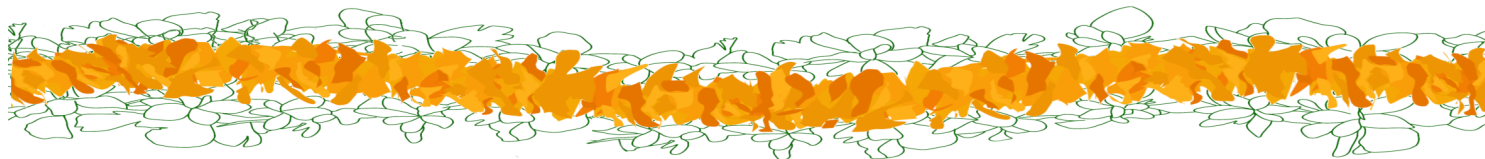
Friday, November 15, 2024 (8am to 4:30pm) – Testing/certification of new fire suppression

- ♦ We will be testing and commissioning the new fire suppression system.
- ♦ Commissioning and certification will be completed by Elite Fire Services and our fire alarm contractor, InControl, to ensure compliance.

On both days:

- ♦ **There will be no cooking in the kitchen, we will be firing up the grill in the pool area.**
- ♦ **Kitchen will be serving limited menu items, please stop by front desk for menu choices.**
- ♦ **The dining room will remain open during these times.**

Please plan ahead and place your order for take-outs or delivery. Thank you for your cooperation through this temporary disruption to our normal operations.



Shirley Iwase Piano Students

**MONDAY, NOVEMBER 11 AT 4:00 PM—
5:00 PM**



Join us for a wonderful afternoon filled with music as we are accompanied by Shirley Iwase's 14 talented students. They will each be playing a musical piece for you.



SING-ALONG

THURSDAY, NOVEMBER 14 1:00 P.M. IN THE MPR



Join us for sing-along. Pick-up the sing-along song sheets at the front desk.
This month's theme will be **"Thanksgiving/Thankful."**

Ballroom Dancing Class

With Keith Michael

Thursday, November 14 from 6:00 PM—7:00 PM In the MPR

**No need to sign up. Partners not needed but are welcome.
Dancing in your bare feet is recommended***



CHRISTMAS YARN BALL CRAFT

MONDAY, DECEMBER 2

3:00 PM—4:00 PM IN THE MPR

Sign up by: Wednesday, November 20

The "most wonderful time of the year" is just around the corner.
Join us for a fun Christmas craft that you can use to decorate your homes.

***Designs and yarn colors will vary.**



WARD THEATRES EXCURSION



MOVIE: BONHOEFFER
(PASTOR. SPY. ASSASIN.)

Tuesday, December 3

Time: TBA—afternoon



Sign up by: Monday, November 25

Cost: Ticket Price & Snacks (Approx. \$17+)

Movie Synopsis: As the world teeters on the brink of annihilation, Dietrich Bonhoeffer is swept into the epicenter of a deadly plot to assassinate Hitler. With his faith and fate at stake, Bonhoeffer must choose between upholding his moral convictions or risking it all to save millions of Jews from genocide. Will his shift from preaching peace to plotting murder alter the course of history or cost him everything?

Ward Consolidated theatres is Hawaii's oldest and largest theater chain, and has been providing entertainment to Hawaii since 1917.

A BIG MAHALO!

The Volunteer Brigade and our One Kalakaua Team want to thank everyone for making contributions to the One Kalakaua Employee Appreciation Fund (OKEAF). Your generous contributions are greatly appreciated.

CORRECTION TO CALENDAR

The Leisure Committee meeting is scheduled for November 19 at 3pm. in the Crafts Room.

RESIDENT/STAFF ACTIVITIES



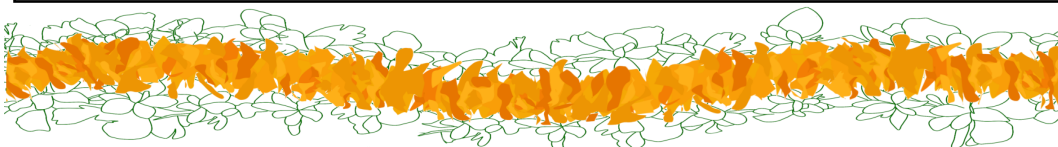
Kris & Judy from PTWorks, LLC did a presentation on Fall Prevention and gave pointers on how to use a walker.



A big mahalo to the Cat Fanciers of Hawaii for bringing their kittens and cats by for residents to pet.



Staff and friends were proud to represent One K at the Alzheimer's Association Walk.



RESIDENT COMMUNICATION BOX RESPONSES

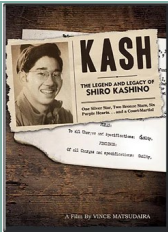
We value your input. Please feel free to submit your thoughts, suggestions, recognition or questions to the suggestion box in the lobby.

Suggestion: My sincere mahalo to whoever is responsible for controlling our water temperature. Tuesday, October 15 was extremely hot! Last night I was able to control the temperature.

Team Response: We would love to take credit, however unfortunately we do not manually control our water temperature for our building. We apologize for the 15th as we have been having hot water issues. Please call maintenance to check on your faucet if there is ever a problem. Thank you for your feedback.

Suggestion: Why does it take a long time for the hot water to come on in the bathroom?

Team Response: Our hot water is centrally heated for all units within the building. The water travels from the central heater to each unit. Usually there is a sufficient amount of hot water used to keep the water in the pipes hot, however after low use times, the hot water may need to travel all the way from the central heater to your unit. The perk to having central water heating, is that the unit does not have to house a water heater, and also the unit does not have to pay for the individual upkeep of their water heater units. The downside of this central heating system is exactly as you point out, the delay in getting hot water. Thank you for your understanding.



MOVIE: KASH THE LEGEND AND LEGACY OF SHIRO KASHINO"

Monday, November 11
at 6:00 p.m. in the MPR

A big Mahalo to Stacey Hayashi and Filmmaker Vince Matsudaira for donating this film. Kash Kashino and our former resident Eddie Yamasaki were good friends.

This documentary profiles Shiro “Kash” Kashino, one of the most storied soldiers of the famed Japanese American 442nd Regimental Combat Team. Born and raised in Seattle, Washington, Kash volunteers in the U.S. Army while incarcerated in an American concentration camp in Idaho.

Described as having “pupule guts” (crazy guts) by his buddies from Hawaii, he is quickly promoted to staff sergeant and lead his platoon through major battles in Italy and France. Kash emerged from the war a battle-scarred hero with an amazing record: one Silver Star, two Bronze Stars, Combat Infantry Badge, SIX Purple Hearts. . . and a Court-Martial.

Some 40 years later, convinced that Kash and two other Nisei soldiers were unfairly tried and unjustly convicted of charges related to a dance hall brawl in southern France, fellow veterans in Hawaii and Kash’s wife, Louise, press him for permission to begin the process of expunging the court-martial conviction from his Army records. Kash would rather keep the stain on his records in the past, but he is swayed by Louise to proceed with the investigation “...for the sake of our daughters.”

THIS WEEK'S FITNESS CLASSES & ACTIVITIES

SUNDAY, NOVEMBER 10

Arts & Crafts with Faye Beginner Class:
1:00 PM (Crafts Room)

MONDAY, NOVEMBER 11

HAPPY VETERAN'S DAY!

Tai Chi: 7:30 AM (Via Ch. 901)
Beginning Tai Chi: 8:15 AM (Via Ch. 901)
Open Gardening: 8:30 AM (Poolside)
Weekly Announcements: 9:15 AM
(Via Ch. 901)

Strong Posture Level 1:
10:30 AM (MPR)

Fitness Center: 11:30 AM (Fitness Room)

Bingo: 1:00 PM (MPR)

Food Committee: 2:30 PM (Game Room)

Shirley Iwase Piano Students:
4:00 PM (MPR)



Weekly Movie "Kash":
6:00 PM (MPR)



See Bulletin Board for movie synopsis.

TUESDAY, NOVEMBER 12

Blood Pressure Clinic (walk ins accepted): 8:00 AM (B2 Lobby)

Dance: 8:30 AM (CANCELLED)

Strong Posture L2: 9:15 AM (CANCELLED)

Balance & Fall Prevention Class:
10:00A—1:45P (MPR)



Strong Beginnings:
10:30 AM (CANCELLED)

Fitness Center: 11:30 AM (CANCELLED)

Yoga: 2:30 PM (MPR)

Qi Gong: 3:30 PM (MPR)

WEDNESDAY, NOVEMBER 13



Tai Chi: 7:30 AM (CANCELLED)

COVID Vaccine Clinic: 8:00 AM (MPR)

Beginning Tai Chi: 8:15 AM (CANCELLED)

Open Gardening: 8:30 AM (CANCELLED)

Physician's Clinic Dr. Yazawa (by appt.):
8:30 AM (B2 Clinic)

Taiko Ball Fitness: 9:45 AM (CANCELLED)

Strong Posture Level 1: 10:30 AM
(CANCELLED)



Bible Study: 11:00 AM (Crafts Room)
Arts & Crafts with Faye Intermediate Class: 1:00 PM & 2:00 PM (Crafts Room)



Board of Directors Meeting:
1:00 PM (MPR)

Owners May attend in person

Blood Pressure Clinic:
3:00 PM (B2 Lobby)

THURSDAY, NOVEMBER 14

Blood Pressure Clinic (walk ins accepted): 8:00 AM (B2 Lobby)

Dance: 8:30 AM (MPR)

Strong Posture L2: 9:15 AM (MPR)

Strong Beginnings: 10:30 AM (MPR)

Fitness Center: 11:30 AM (Fitness Room)



Sing Along "Thanksgiving/Thankful": 1:00 PM (MPR)

Yoga: 2:30 PM (MPR)

Qi Gong: 3:30 PM (MPR)

Ballroom Dancing: 6:00 PM (MPR)



FRIDAY, NOVEMBER 15

Taiko Ball Fitness: 8:45 AM (CANCELLED)

Balance & Fall Prevention Class:
10:00 AM—1:45 PM (MPR)



Strong Posture Level 1: 10:30 AM
(CANCELLED)

Fitness Center: 11:30 AM (CANCELLED)



Beaded Bracelet Craft: 3:00 PM (MPR)

SATURDAY, NOVEMBER 16

Tai Chi w/Toshimi: 7:30 AM (MPR)

Beginning Tai Chi w/Toshimi:
8:15 AM (MPR)

