

INTRODUCING A REVOLUTIONARY TREATMENT FOR MEN AND WOMEN

By Dr. Valerie Sorge and Dr. Lisa Caprio

Alma Duo™ is one of the latest sexual health devices on the market. It's quick, non-invasive, and has been shown to provide sexual health improvements that last for up to two years!

The Alma Duo is the first FDA approved device to use low intensity extracorporeal shock wave therapy that is painless. Through its patented hydraulic tip, it delivers shock waves deep into intimate tissues to cause microscopic damage thereby stimulating regeneration of blood vessels, a process called angiogenesis.

This means more blood flow and a solution to the vascular component of erectile dysfunction. It's named Duo because it has been shown to increase blood flow in women's intimate tissues thus facilitating orgasm, alleviating vaginal thinning and dryness and treating lichen sclerosis. Also offered is PRP and Wharton's Jelly injections directly into the intimate tissues after anesthetized. In women, this is commonly known as the "O" shot which alleviates incontinence when coughing or sneezing and regenerates tissue to help achieve orgasm. For men, commonly referred to as the "P" shot, this injection stimulates new growth and turgor to the intimate organ for girth and firmness. Both are regenerative natural ways to stimulate growth.

First introduced in the 1970s for stone fragmentation, LI-ESWT has since evolved to successfully address medical concerns in orthopedics for its anti-inflammatory benefits and in cardiology to promote angiogenesis, the formation of blood vessels.

What Is Alma Duo™?

LI-ESWT was first used in a medical context in the 1970s to fragment kidney stones. Since then, it has been used in orthopedics because of its anti-inflammatory benefits and cardiology to promote the formation of blood vessels. The effectiveness of LI-ESWT for ED was proven by several clinical studies that provided encouraging results.

How Does Alma Duo™ Work?

When the patented shockwave therapy is applied to the treatment site, it exerts mechanical stress and causes a wound healing response. This process causes new blood vessels to form and breaks up the plaque in existing vessels, resulting in improved blood flow.



ED can occur due to various factors, but Alma Duo™ appears to work best for ED caused by blocked blood vessels. It treats the underlying cause of ED by increasing blood flow.

Am I a Good Candidate for Alma Duo™?

If you have ED caused by vascular disorders, you may be a good candidate for Alma Duo™. However, it's best to schedule a consultation with Dr. Brenman to find out if Alma Duo™ would be the right solution for you. Alma Duo™ is not effective for men with ED caused by psychological or behavioral problems.

Is Alma Duo™ Painful?

Alma Duo™ is a comfortable, pain-free procedure that does not require any topical anesthesia.

How Long Does a Typical Treatment Take?

A typical Alma Duo™ treatment takes about 15 minutes to complete.

Is There Any Downtime?

There is no downtime after Alma Duo™, so you can resume regular activities immediately after treatment. It will therefore appeal to men with busy lifestyles.

How Long Will the Results Last?

The results experienced with Alma Duo™ last an average of 2 years.

Who is more likely to develop erectile dysfunction?

ED affects more than 50% of men over the age of 40 (about 30 million men in the United States alone.)

Globally, 322 million men are projected to suffer from sexual performance issues due to declining vascular function by 2025.

Age is a major determining factor in risk for experiencing ED. Diabetic men are more likely to have ED, while testosterone levels, blood pressure, heart disease, and other health conditions can also play a role.

Including men of all ages, more than 18% of men have some sort of performance issues.

With ED, statistics are imperfect since most surveys are self-reported, meaning men have to be willing to discuss ED to get accurate data. Therefore, we can assume the reported statistics are low.

While men in Denver may find it embarrassing and difficult to talk with a health care professional about ED there are treatments available. No matter how embarrassing this topic can be, remember that a healthy sex life is important for your quality of life and is an important part of a healthy life overall.

Anti-Aging & Alternative Medicine. We all have blind spots in our awareness. We all want to feel like someone is watching our back. At Vidaful Medicine, we believe our assessment tools and practical solutions can help YOU! Contact us today at 239.920.7676 or info@vidafulmedicine.com or visit www.vidafulmedicine.com.

To find out more, or to schedule your appointment, please call 239.920.7676 or visit www.vidaful.com.

7955 Airport-Pulling Rd, Suite 101
Naples, FL 34109