



**WE'RE HATCHING SOMETHING NEW!**

Approved  
by Food  
Allergy  
Advocates  
Everywhere

**We invite you to have a . . .**

# TEAL EGG ADVENTURE™

**Not everyone can  
enjoy Easter Candy.**

**To make your egg hunt safe for kids with  
Food Allergies and other dietary  
restrictions, take these steps to  
include everyone:**

- **Don't use hard-boiled eggs or confetti-filled eggs if there's a chance someone with an egg allergy will participate.**
- **Get little toys instead of (or in addition to) candy**
- **Make sure ingredient labels are available for any candy you do include**
- **Color-code your plastic eggs so kids with allergies know which ones are safe. Use eggs that are Food Allergy Teal!**
- **Tell kids to hunt for their own special color of eggs. Ask parents to help keep things fair.**
- **To make this easy, get our Allergy-Friendly Easter Activity Kit! We have toy-filled Teal Eggs and other food-free basket fillers ready for you!**



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**Are you aware food allergies affect 1 in 13 children? That's about two in every classroom! And food allergies have increased 50% between 1997 & 2011. Please help to spread awareness!**



**Learn more about food allergies and how we can help at:**

**[allergysuperheroes.com](http://allergysuperheroes.com)**