



My Superhero Name . . .

My Superhero Costume . . .

My Superpowers . . .

How I make the world a better place!

My Catchphrase . . .

My Superhero Symbol

We'd love to see your finished comic! Use the hashtag #ASHcomic to show us your amazing creation!

My Secret Identity . . .

My Sidekick . . .

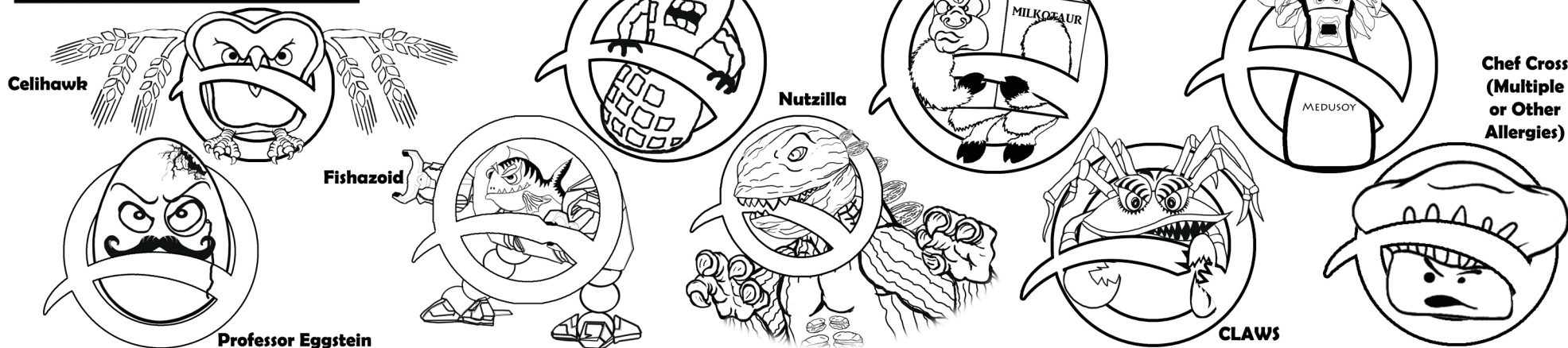
My Theme Song

Favorite Color

Favorite Hobby

Animal Buddy

Who's Your Nemesis?



Chef Cross
 (Multiple
 or Other
 Allergies)

Even superheroes have weaknesses.
 You are SUPER! Remember, you are not defined by what you can't eat!



ALLERGY SUPERHEROES LLC

Empowering and Protecting Allergic Kids

Learn more about food allergies and how we can help at:
www.allergysuperheroes.com

