

SWEET POTATO SAVORY CAKE







METHOD BAKE



MINUTES 45



DIFFICULTY 2/10



On a floured countertop, roll out your dough into a 10 x 15 inch rectangle. Cut the dough into 4 x 41/2" circles.

Arrange the dough into the tart molds and prick the dough with a fork. Set aside and let rest. Clean and core apples, cut them into unpeeled, thin slices.

Use the scraps and uneven slices to make applesauce - Place in a pot with a little water and heat under medium. Mix occasionally until soft and hand blend and set aside when finished.

Makes 4 Tarts

Ingredients



Spread a thin layer of sauce on the puff pastry and arrange apple slices on top. Add a few small pieces of butter and sprinkle brown sugar on top.

Bake for 10-15 minutes at 400°F. Lower temp to 350°F and bake for an additional 15 minutes.

Peel from the Bio Food Pack baking molds and serve with a scoop of vanilla ice cream on top.

ENJOY!

