

Clean Beauty – references/information & further reading.

Ingredient information:

<https://davidsuzuki.org/living-green/dirty-dozen-cosmetic-chemicals-avoid/>
<https://www.safecosmeticsaustralia.com.au/hotlist>
<https://www.safecosmeticsaustralia.com.au/>
<https://ec.europa.eu/environment/chemicals/endocrine/>
<https://davidsuzuki.org/living-green/dirty-dozen-triclosan/>
<https://www.ewg.org/skindeep/>
<https://beautycounter.zendesk.com/hc/en-us/categories/360002345632-Beautycounter-Safety-Products-Ingredients->

<https://www.sciencedirect.com/science/article/abs/pii/S0273230020301793>
 Safety and health risk assessment methodology of dermal and inhalation exposure to formulated products ingredients

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC544578/>
 Nanoparticles

<https://www.niehs.nih.gov/health/topics/agents/sya-bpa/index.cfm>
 BPA

Toxic skin care ingredient - information:

<https://cosmeticseurope.eu/how-we-take-action/ensuring-safety-cosmetics/>

<https://www.ewg.org/the-toxic-twelve-chemicals-and-contaminants-in-cosmetics>

<https://www.ewg.org/skindeep/>

<https://globalnews.ca/news/4158006/what-is-toxic-load/>

<https://www.mamavation.com/beauty/green-beauty-cosmetic-makeup-guide-pfas-forever-chemicals.html>

<https://www.theguardian.com/us-news/2019/may/23/are-chemicals-in-beauty-products-making-us-ill>

Environmental working groups study 2004 – average person using products
<https://www.ewg.org/news-insights/news/2004/12/exposures-add-survey-results>

Greening your home with house plants to remove toxins – NASA report:
<https://bloominghaus.com/news/nasa-clean-air-study/#:~:text=NASA%20recommends%20one%20plant%20every,NASA%20recommends%2015%2D18%20houseplants.>

Clean Beauty – references/information & further reading.

Videos on clean beauty:

https://www.youtube.com/watch?v=r71fevA_77s
 Beauty Counter – toxic beauty

https://www.youtube.com/watch?v=TeB_4wRAA9Y
 EWG – why beauty products are toxic

<https://www.youtube.com/watch?v=s5HsLUcEXMM>

How toxic are your beauty products

<https://www.youtube.com/watch?v=cDcs6N44Aok>

Not so pretty – documentary

<https://tv.apple.com/us/movie/toxic-beauty/umc.cmc.31izp6pyf6ndmfbsbjik3nmmvf>

Toxic Beauty - documentary

Articles on Clean Beauty:

<https://www.voguebusiness.com/beauty/to-be-more-sustainable-beautys-biggest-companies-are-teaming-up>

<https://www.mintel.com/press-centre/beauty-and-personal-care/the-trends-driving-growth-in-the-uk-beauty-market>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7394851/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7394851/#bib70>

Plant extracts for use in skin care products

<https://www.youtube.com/watch?v=Yzkzb7coAEE>

Endocrine disruptors

Further reading – Books:

Not Just a Pretty Face: The Ugly Side of the Beauty Industry

Paperback illustrated, November 1, 2007, by Stacy Malkan

No More Dirty Looks: The Truth about Your Beauty Products and the Ultimate Guide to Safe and Clean Cosmetics

Paperback – September 13, 2005, by Siobhan O'Connor

Skinformation: A clean science guide to beautiful skin

Paperback – Terri Vinson

Clean: The new science of skin and doing less

Paperback – James Hamblin

A Consumers dictionary of cosmetic ingredients

7th Edition – Ruth Winter M.S.

Clean skin in a dirty world

Paperback - Louisa Hollenberg

Goop: Clean Beauty

Paperback - The Editors of Goop with forward by Gwyneth Paltrow.

This document is intended as a guide and reference for the purpose of clean beauty information for customers who may be interested to learn more about this topic.